## Town of South Windsor

# **Town Manager's Report October 2019**

Michael Maniscalco Town Manager



Hartford Foundation for Community Giving- The HFCG is working on identifying a committee of local individuals to help them with the review and award of grants to South Windsor. In order to identify that committee they worked with the Town to form a committee a couple of months ago. That Committee has met at least twice and is in the process of creating the final grants group.

**Emergency** Management **Advisory** Committee- At the beginning of my tenure I was provided with the opportunity to create Emergency Management Advisory an Committee to help with the review of community activities and advice as it relates to Emergency Management Activities. As a result, I am appointing Philip E. Crombie, Jr., Shawn Jacobaccio, Dr. Anne-Katrin Weischedel and Eric Wemitt. They are all either local residents, business owners or work in South Windsor. They will bring varying specialties to the committee from medical expertise to distribution and logistics to First Responders. I am very confident this committee will help Town staff bring a holistic approach to emergency management and better prepare us for an event.

**Hemp Processing Facility-** Ron Reynolds is looking for a location in South Windsor to start a hemp processing facility. As a result I have connected him with our

Economic Development Consultant to help him identify locations in town that might be available and meet zoning requirements.

**Declaration of a Public Health Crisis**-On 9/23 the Town was notified that a

On 9/23 the Town was notified that a mosquito trapped in South Windsor tested positive for EEE. After meetings with Staff and the Superintendent I decided to sign a declaration of health emergency for the community. Since then the Town has closed all outdoor facilities starting at 5:30pm. We have also conducted spraying at all Town outdoor facilities. Staff have also provided subject matter advice to the Board of Education, Evergreen Walk and multiple residents concerned. Lastly, we have offered larvicide dunks to any resident who may have a standing body of water.

At this point the emergency declaration and the revised protocol will stay in effect until we experience a hard frost which is defined as 3 evenings at 30 degrees.

**Tax Sale**- The Town conducted a Tax Sale auction on 10/1/19. During the sale 12 properties were auctioned off. The auction will yield South Windsor approximately \$560,000 in revenue. All total the tax sale list has yielded almost \$2million dollars. As soon as I have exact figures from the attorney and tax collector I will share them with the Council.

## **Police Department**

Scott P. Custer Chief of Police

#### **Department Activity—September 2019**

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Total Computer Aided Dispatch Entries:	2329
9-1-1 Calls Received:	684
Routine Calls Received/Outgoing:	4114
Directed Patrol/Premise Checks:	737
Motor Vehicle Stops:	387
Medical Assists/Emot.Dist. Persons:	168
Suspicious:	83
Alarms:	90
Motor Vehicle Accidents:	44
Welfare Check:	44
Assist Outside Agency:	37
Animal Problem:	37
Citizen Assist:	23
Miscellaneous Service:	13
Collision Reports:	24
BOLO:	16
Disabled Motor Vehicle:	23
Larceny:	21
Hazardous Conditions:	13
Pistol Permits:	4
Burglary:	4
Civil Matter:	11
911 Check:	9
Fraud:	12
Domestic Dispute:	15
Narcotics Violation:	2
Violation of Town Ordinance:	2
Youth Problem:	4
Sexual Assault:	0

#### Coffee with a Cop & a Crown Victoria:

On Saturday, September 21st we participated in two events at the Farmers Market. We were part of the International Day of Peace events and hosted our own "Coffee with a Cop" event. This was a chance for the public to see our last Ford Crown Victoria that is being retired. The Crown Victoria was the standard issue police

car for years until production stopped in 2011. It was replaced locally by the all-wheel drive Interceptor SUV. This was a fun opportunity to visit with officers and check out our last Crown Victoria before it was retired due to extreme engine wear (256,000 engine wear miles per Ford calculations). Many citizens were interested in our shift to 4-cylinder and 6-cylinder vehicles and the next generation Ford cruiser that will be a hybrid.

## Pink Shirt Initiative- A Women's Health Fundraiser:

October is nationally recognized as Breast Cancer Awareness Month and South Windsor Police Officers are wearing pink to support women's health. Our policy has dictated that officers wear only black shirts under their uniforms, but for the next month, pink tshirts will accent their traditional uniform in an effort to increase awareness about women's health issues. In a collaboration with the department Police Union, members purchased a pink "South Windsor Police Breast Cancer Awareness Month" t-shirt to wear in lieu of the traditional black t-shirt. At the end of the month, proceeds from the purchases will be donated to the CT Breast Health Initiative. Our female staff are a huge part of our public safety family and we are all working together to support women's health. https://www.ctbhi.org/

# Coffee with a Cop to be held at the Community Center:

We will collaborate with Human Services on

## **Police Department**

Scott P. Custer Chief of Police

Thursday, October 17th to host a Coffee with a Cop event at the Community Center. This will be a collaboration with the monthly "Veteran's Coffee hour" and the Senior Center to reach as many of our citizens as possible. All are welcome to drop by!

#### **Hirings & Departures:**

We are currently evaluating numerous candidates to fill anticipated vacancies. Our School Resource Officer at the high school, Cpl. Ben White, has informed us that he has accepted a job with the Federal Bureau of Investigation. Cpl. White will be leaving for the FBI Academy in late October and then will likely be stationed on the west coast. We will miss Ben and wish him all the success possible in this new career. We will now begin working to identify the next School Resource Officer to be stationed at the High School. We have 3 auxiliary SRO's who will be filling in at the schools as needed and work with school staff.

#### **Haunted Torch Walk- Cancelled:**

Due to the emergence of Eastern Equine Encephalitis being found locally in a mosquito, we made the difficult decision to cancel the Haunted Torch Walk. The torch walk is held annually along the trails in Nevers Road Park, which currently close at 5:30 p.m. We can't be certain that a "killing frost" will occur prior to the torch walk so it's been cancelled to insure the health of our volunteers and the public.

## Traffic Advisory- Main Street Closed for the Hartford Marathon:

Main Street will be closed on Saturday, October 12th from about 8 a.m. to 1 p.m. for the annual Hartford Marathon. The road closure of the race route will be supervised by numerous police officers. The overtime costs for this event are fully reimbursed by the Hartford Marathon Foundation.

## Never too early to prepare for an emergency:

The Ready.gov webpage has great information pages on preparation for natural disasters, severe weather, and active shooters. Please share with friends and family that may rely on you in a severe weather event, or have questions about how to react to an active shooter event. We have had our share of severe weather in Connecticut and now is a good time to review your plan to protect yourself and your family. https://www.ready.gov/

#### Follow us on Social Media:

We continue to have a strong presence on Social Media and update our citizens on all kinds of activity. Our Facebook page and Twitter feed are also displayed on our webpage <a href="https://www.southwindsor.org/police">https://www.southwindsor.org/police</a>. We encourage everyone to follow us and share information with friends and family. Facebook: South Windsor Police Department. Twitter: @SWPD\_PIO

Michael J. Gantick Director of Public Works

#### **UPDATES**

At the September Safety Circuit Rider Advisory Committee Meeting (https:// www.t2center.uconn.edu/circuitrider.php) the Committee discussed the impact of tree health along state and municipal roads relative to motorist deaths due to falling trees/debris. A variety of factors are at play affecting tree health; the drought of 2016; the heat wave of 2019; the gypsy moth defoliation of trees (primarily Oaks); the Emerald Ash Borer; and the Asian Long Horned Beetle to name a few. As Connecticut is one of the most canopied states, this combination of factors has increased the risk factors. On a statewide basis, UCONN and the State Tree Warden's Association are looking to host a roundtable forum to discuss the situation.

Vincent Stetson, our Street Superintendent and Tree Warden has proactively been working on the most significant of the problems to hit South Windsor, the decline of the ash trees due the Emerald Ash Borer. This is not a cheap undertaking, but it is certainly an investment worth making. Trees are critical for their part in the carbon-oxygen cycle of our planet and they provide the pure aesthetics we all enjoy. They are also a renewal resource that we will continue to manage despite the challenges presented by nature.

#### **Engineering**

#### **Buckland Road Sidewalks**

Trademark Contractors has completed most

of the new sidewalks along the west side of Buckland Road from Deming Street north to Ellington Road and Sullivan Ave up to the Library. The traffic signals at 3 intersections have been updated with new pedestrian push buttons, signals, crosswalks and video detection of vehicles and are working great. They plan to continue to clean and extend the Plum Gulley Brook culverts under Buckland Road to the west and complete sidewalks this Fall.

#### **Sidewalk Repairs**

Martin Laviero Contractors are finishing replacing damaged sidewalk slabs in Town that were on last years list. We will seek bids from contractors to repairs and replace more deteriorated sidewalks this fall and next spring and summer.

#### **Local Road Paving**

B&W Paving has milled and paved about 2.25 miles of local roads this summer including Jonathan Lane, Imperial Drive, the south end of Slater Street, Broadleaf Drive, Crestwood Drive Mountain Drive, Clinton Drive, Mascolo Road, part of Chapel Road by the Rail Road crossing and part of Governors Highway, including the area of the Rail Road crossing. Improvements to Dart Hill Road were also made including a new catch basin and underdrain near Niederwerfer Road and milling and patching the worst areas of broken pavement. Dart Hill Road has been resurfaced from Neiderwerfer Road to the Town Line (1.1 miles) with a rubberized chip

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seal that will provide a new wearing surface for the next few years. This program is supported by the 2018 Bond funds.

#### **Scantic Road Reconstruction**

South Windsor has teamed up with East Windsor to reconstruct Scantic Road in both towns. Work began the week of September 23 with the contractor reclaiming the old road pavement and mixing this material into the base. After this is done, the road will be regraded and paved. This project is expected to be completed by the end of October.

# **Upcoming South Windsor Engineering Projects**

Consultants have been hired to begin surveying, soils borings and design for reconstruction of the northern section of Avery Street (between Talcott Ridge Road and Dart Hill Rd), Beelzebub Road, and the southern section of Nevers Road, sidewalks along sections of Pleasant Valley Road and Clark Street and drainage improvements to Pleasant Valley Road. These projects are funded from the 2018 Bond Referendum.

#### **Eversource Gas Projects**

Eversource gas is energizing their new gas mains on Main Street, Strong Road and Governors Highway west of Route 5, Northview Drive, in the Quarry Brook neighborhood, on Sand Hill Road to serve the Police Department and from Collins Crossing across Nevers Road to the Community Center. They will be starting to connect customers

who want gas in these areas.

#### **Verizon/Tilson Fiber Optic Project**

Verizon has hired Tilson to install new fiber optic lines through South Windsor as part of their regional upgrade to a 5G network. The fiber is being installed underground by several subcontractors in Rye Street from Sullivan Avenue to Windsorville Road then in Griffin Road into East Windsor, and along Dart Hill Road from Vernon to Avery Street where it will run south in Avery Street to Deming Street in Manchester.

Jeffrey Doolittle Assistant Director of Public Works Town Engineer

#### **Water Pollution Control**

The fourth and final phase of the Easement Vegetation Management Plan has been completed. Over the past four years the Pollution Department Control methodically cleared all of the sewer right-ofways to allow access for personnel and equipment. As we move forward these right-of -ways will be maintained to promote low growing vegetation. During the process we have identified over 20 manholes that were below grade and not visible due to vegetation, soil and leaf coverage. Some of these manholes were located over 2 feet below the surface. By the end of October we will have raised 12 of these manholes to above grade and will plan to raise the balance next fiscal year. Keeping the manhole covers above the

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surface also prevents water from infiltrating the sewer system which increases the amount of water being treated at the treatment plant and in turn increases operational costs.

During a routine inspection of a sewer pipe in Griffin Road our staff discovered a section that was partially collapsed and in need of repair. The pipe in this area of town was installed 1973 and is approximately 46 years old. This discovery highlights the need for continued maintenance and re-investing back into our money sewer systems infrastructure provide to uninterrupted service and environmental stewardship. The cost of emergency maintenance is estimated to be 10 times the cost of preventative The WPCA maintains maintenance. understanding of these principles by committing the appropriate resources to the capital improvement budget.



Photo: This manhole located on a cross country sewer line between McGrath Rd. and Rye St. was buried over 2 feet below the surface.





Photo: These images were taken by the WPC staff using a CCTV inspection camera on Griffin Rd. The sewer pipe is failing and beginning to collapse.

#### **Refuse & Recycling**

As part of our recycling education initiative this year we have coordinated two composting events this October. On Saturday, October 19th, South Windsor will hold a compost bin Pick-Up event in the rear parking lot of Town Hall. A dedicated website has been set up where residents can purchase compost bins, rain barrels, and related products at a discounted rate through a Town partnership with BrandBuilders. Orders must be placed by no later than October 15th to be retrieved at the pick-up event on October 19th between 1:00pm and 4:00pm. To access the online store, please visit https:// southwindsorcompostersale.ecwid.com.

To supplement the Pick-Up event, and to help educate residents on effective composting processes, South Windsor partnered with the Town of Glastonbury to facilitate an educational composting seminar on Tuesday, October 1st and Wednesday, October 2nd. The presentation featured Alastair Ong, a UConn Certified Master Composter, who reviewed his top secret method for easy composting.



We are planning to begin delivering new refuse containers at the end of October to all residents. The containers that are currently in use will be collected within the same time frame. This process is anticipated to take two

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weeks to complete. The new refuse container will be gray which will replace the green that is in use now. The reclaimed containers will be repurposed or recycled depending on their condition.

For information on our refuse and recycling programs including a full list of acceptable items for each program please visit the Town of South Windsor's website at www.southwindsor.org.

Tony Manfre Pollution Control Superintendent

#### **Fleet Services**

Fleet Services has welcomed a new member to its team, Mr. Robert Doughety! Robert comes to us with a wealth of heavy truck experience and has integrated into the team very well since he started here. We wish him much success and look forward to watching his career develop here with the Town of South Windsor Fleet Services.

The Fleet Services department continues to support all of the Town's rolling stock, just recently getting all of the leaf machines ready for the leaf season. Every year the leaf machines get torn down and inspected. The impellors replaced, shields fortified, and tubes switched out. The flexible tubing used on the machine breaks down under all the cycles it goes through and is very susceptible to UV ray damage. Beyond this the machines are given an oil change, the filters are changed, and all

of the safety switches are tested.

A frame extension was put onto one of the plow trucks to reconfigure the point loading on the frame due to a persistent weak point in the front end. This repair was another in house solution to an industry wide problem with this particular make and model of truck allowing us to have redundancy and resiliency with our plow fleet.

The department is continuing to invest time and resources into its Ron Turly Associates fleet maintenance program. This program is allowing us to zero in on costs, production, and efficiency. Creating data points that in the past were very laborious to realize and allow us to make more informative decisions in relation to vehicle amortization, maintenance intervals, and staffing levels more efficiently than ever before. Some municipalities have been known to pay in excess of 100k to have a program like this implemented in their Towns, here in South Windsor we have the caliber of employee's that are able to build these programs in house, without the huge overhead. Albeit it may take us a bit longer to get there, but the savings and value are real.

Vincent Stetson Superintendent of Street Services

#### **Street Services**

Public Works completed the resurfacing of the TRACS facility parking lot and driveway. This required making changes to the existing lot

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making it a much more usable space and safer for the animal control officers (ACO's) and the public seeking new companions. Doing this work with our in-house crews made this a very cost effective project. The crews received a big thank you from all the ACO's that work at the facility.

Dart Hill Rd was chip sealed creating a new surface that should last several years. This project was a rubber chip, which is more durable than conventional chip seal and provides a much smoother riding surface.

Crews began working to resurface the town garage. The constant heavy truck traffic had taken its toll on the lots and driveways causing safety concerns, especially when crews are expected to report for storms in the dark of night. This project is being done in phases and will likely need to be completed next year as the leaf program is around the corner.

An innovative experimental drainage project took place on Barber Hill Rd to elevate standing water on the roadway. This entailed installing two small profile catch basins to drain water from the road surface and prevent icing in the winter. This reduced disturbance of the area and reduced material cost by over \$500.00 vs. a conventional catch basin. Although this application is not suitable in all situations, should this approach prove successful, we will explore utilizing this system when applicable.

The department supported several events including the 208 Run on Main St, the Parks and Recreation Department's 50th anniversary, a cross-country meet at Never Park and Heritage Day.

Composting is in full swing. Maintainers are turning and screening the compost piles to make room for the upcoming Fall Leaf Harvest. Once all the compost is screened, crews will begin preparing the site for this year's Leaf Harvest.

Street Services assisted the Parks Department with covering the pools at VMP.

Streets crews provided traffic control on several occasions supporting our tree contractor with removals.

The sign shop welcomed a Project Worth-Young Adult Academy II student who is working with Gary, developing new skills and an appreciation for how much work goes into making, installing and maintaining signs throughout town. It is a pleasure to have him here and he certainly appreciates the opportunity and has been a big help to Gary. Thank you, Gary, for taking the time to share your skills and knowledge with him!

Scott Yeomans Associate Manager, Street Services

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#### **Public Buildings Division**

"Providing Quality, Value Minded Services to the South Windsor Community"

# **Library Elevator Modernization and Fire Alarm Replacement**

elevator modernization started as planned on time last week. KONE Elevator has already removed the old hydraulic tank and lines and has prepped for a new hydraulic line to be installed overhead. The old controller has also been removed and replaced by the new one. The hydraulic shaft that moves the car up and down was also removed last week. This morning a vacuum truck was onsite to vacuum the sand out of the liner after the shaft was removed. The sand is used to stabilize the shaft within the sleeve it sits in. The next steps include installing and tying in the new shaft, installing the elevator controls and replacing the cab interior. The project is currently on time and budget.

The Fire Alarm system was successfully installed. There were no issues with the installation, the project was completed ahead of time and on budget as well.

#### **Library Roof Replacement**

Garland DBS is a roofing manufacturer who is part of the U.S. Communities purchasing cooperative program, a program used by municipalities to streamline the construction process while typically saving money over the standard RFP process. Garland DBS

completed a pre-bid walkthrough about three weeks ago. Three proposals were received to restore the roof with a two part coating system. This two part component, 100% solids, aliphatic polyuria coating system contains zero VOCs, is extremely low odor and cures quickly. These systems are extremely popular today as the coating is applied directly over the existing roof membrane reducing interruption, waste disposal, and the noise associated typical with a replacement. The warranty for this type of roof is a non-prorated 20 year warranty, the identical warranty we would get with a installation. traditional roof Another advantage of this these type of roof system is that it can be re coated over time restoring the roof to like new condition when the time approaches. The project is tentatively scheduled for the end of October.

#### **Town Hall 2nd Floor Space Needs Study**

The space needs study has been completed. After much thought and input from all of the Department Heads associated with this study, Northeast Collaborative Architects provided three floor plans for the team to choose from. I've provided a picture (albeit small) of the layout below. The major drivers and need for the study were to address current and future file storage needs, current and future staffing needs, privacy, security of the staff and separation between the public and staff. The floor plan was brought to and discussed with the Capital Projects Committee during the last meeting. Much more discussion is needed and

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expected as funding will need to be allocated in order for this project to come to fruition.

# **Boiler/Heat Pump Replacements Police Department and Community Center**

One very important part of this project was to work with Eversource Gas and coordinate the installation of natural gas service to both the Police Department and Community Center. Eversource Gas completed their installing new six inch gas mains along the routes leading to each building, the piping was reduced to two inch once they reached Town property. With the exception to a few small punch list items, they are all but completed with this project. I would like to thank Jeff Doolittle and Joe Perna for their help with this project. The Engineering firm hired to design the HVAC equipment replacements has been out to the site to complete their analysis of the existing equipment and associated operating systems. I expect design drawings for both sites in the next couple of months. Once the design drawings are approved heat pumps will be ordered and installation will begin soon thereafter. The heating equipment won't be replaced until sometime in the spring.

#### **Town Hall Elevator Design**

After reviewing all of the proposals for the Town Hall elevator design, Silver Petrucelli and Associates located in Hamden CT was chosen for this project. I have had two meetings with Silver Petrucelli and the elevator consultant, Sterling Elevator

Consultants over the last two months. Right now the consultants are evaluating three different types of elevators to see which will work best for our needs. Amongst other things, decisions will be based on the buildings construction type, code compliance and available space.

## **Community Center Main Entry Sliding Doors**

Last week I received submittals from Naek Construction, the General Contractor for this project. I will be reviewing the submittals this week and if there are no questions or concerns I will submit the paperwork to the contractor so the order can be placed. The doors are built to order so the lead time once ordered is 6-8 weeks.

#### Other Notable Project Completions

- Town Garage Fleet Manager and Mechanics offices received new paint, carpet and VCT tile on the floors
- Town Hall interior door frames and stair risers were painted
- Installed 5 TV's in the new Café for the Recreation Department at Wapping School
- Installed a new VOIP Phone System at the Community Center
- Installed a new customer service counter and security glass in the Tax Office
- Carpeted and painted the Tax Office (the carpet in front of the counter will be completed soon)

Michael J. Gantick **Director of Public Works** 

- Painted the Health Room at the Community Center
- Completed structural design drawings for repairs and replacements of severely rusted I Beams at the Town Garage.
- Sealed the Town Hall Lobby and west side stairwell slate floors
- Refurbished the Richard **Boudrealt** memorial bench and decking behind the Town Hall





Freshly Painted Door Frames & Stair Risers at Town Hall

Clay Major Facilities Manager Public Buildings Division









Refurbished Richard **Boudrealt Memorial Bench** 



**Elevator Work Underway** 







Tile Removal **Town Garage Offices** 



New VCT flooring in **Mechanics Offices** 

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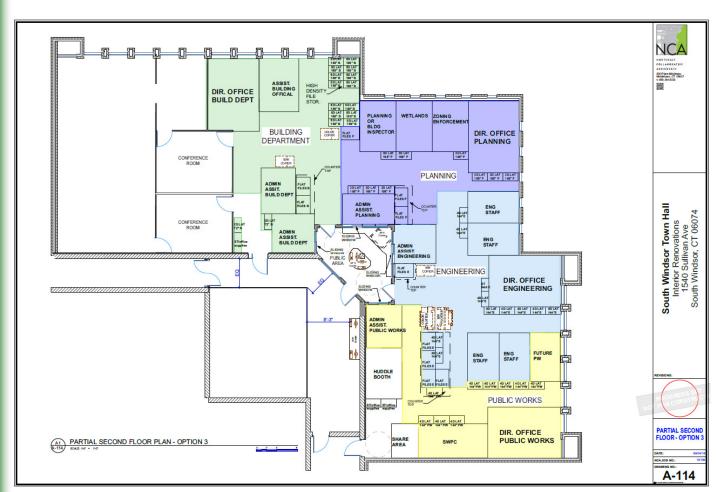






**Tax Office Painting** 

Old (left) and New (right) Tax Office Customer Service Counter



Town Hall Second Floor Space Needs Floor Plan Design

## **Health Department**

#### Heather Oatis Environmental Health Officer

#### **Mosquito Tests Positive for EEE**

On September 23, 2019, the South Windsor Health Department (SWHD) was notified by the Department of Public Health that a mosquito tested positive for Eastern Equine Encephalitis (EEE) in South Windsor. The mosquito had been collected on September 17, 2019 at the Burgess Road trapping station. In response to this, the SWHD sent out a press warning release residents to themselves from mosquito bites. In working with the SW Board Of Education and the CT Department of Energy and Environmental Protection, it was decided that pesticide spraying at both town parks and schools was the most prudent decision to protect those most vulnerable to EEE. Spraying was completed within the same week as the original notification. The decision was also made to close outdoor town facilities at 5:30pm until there is a hard frost in town, which will knock down the mosquito population considerably. This prohibition remains in place.

Additional testing sites have been set up in town by the CT Mosquito Trapping and Arbovirus Testing Program. This has been done in hopes of more closely monitoring the mosquito population in town for additional EEE activity.

Lastly, mosquito "dunks" and larvicide are available to any town resident to treat standing water on their property for mosquito larva from the Town Manager's Office. These products are available to town residents at all times, but there has been more publicity on the availability in light of the positive EEE mosquito.

#### **Inspections**

With the Wapping Fair, Parks and Recreation 50th Anniversary Party, and Harvest Moon Dinner, the Health Department has been very busy with temporary and itinerant food vendor inspections this month. The Health Department has also been working with a local design firm on septic soil testing for a proposed subdivision.

#### **Emergency Preparedness**

The SWHD and FMO convened the bimonthly South Windsor Emergency Response Coalition meeting. The purpose of these meetings is to work within the town to bolster our emergency preparedness planning. We are working together to expand staff training and update the emergency operations plans that are activated during emergencies. The sheltering supplies have been inventoried and organized at Wapping School. We are working with a contractor for interpretation services to be used town wide for both emergencies and for document translation.

Andrea Cofrancesco Director of Human Services

#### **New Gym Floor**

The final project of building our enhancements that are being funded by the Hartford Foundation for Public Giving, was our gym floor (room 214). It is finished and it looks amazing! We are grateful for this opportunity to completely enhance the gym with windows, sound panels, fresh paint, hand railings for stretching exercises and the floor. It is a great environment and we are seeing a record number of people attending our exercise programs.





**Before** 

After



Packed house...over 50 people in one class!

#### **Back to School Program**

Adult and Senior Services had another successful back to school program in which we served 31 families with 50 children with new back packs, gift cards to a local store for a pair

of shoes and supplies. Through the generous donations of The Senior Center's Community Service group and the Salvation Army, we were able to ensure these children had the supplies necessary to start the school year.

#### **Town Manager Meet and Greet**

Over 20 people attended a meet and greet with the new Town Manager and the Mayor came as well! Thanks to both for taking time out of their day; many comments were made that we should offer this a few times a year!



#### **NEW! DIABETIC SUPPORT GROUP**

Adult and Senior Services Division is launching a new Diabetic Support Group beginning in November! Friday, November 1 from 10:30-12 will be our first Diabetic Support Group meeting! Meetings to be held monthly with a Diabetic Educator. More info to come! Contact Penny at 860-648-6361 X3314 with questions.

# Prevent Type 2 Diabetes With The PreventT2 Program

Adult and Senior Services is partnering with ECHN to offer a program for those who have prediabetes or other risk factors for Type 2

Andrea Cofrancesco Director of Human Services

Diabetes. The Prevent T2 Program can help you make lasting changes to prevent Type 2 Diabetes. You will learn skills to lose weight, be more physically active, and manage stress. You will also have access to a trained lifestyle coach to guide and encourage you. This program is sponsored by ECHN and meets for 12 months. The informational meetings will be held at the senior center on Tuesday, October 15 at 11 AM and/or Tuesday, November 5 at 1 PM. For more info or to register, call 860-647-6824. This program is FREE to the community! Follow-up session dates to be determined.

#### The Census is Coming!

Catherine Marx, Partnership Specialist, U.S. Bureau will provide information about the upcoming 2020 Census. Participants will learn why the 2020 Census is safe, easy, and important; How it's at the core of our democracy, how the US Census Bureau will invite everyone respond, and how the decennial Census determines the allocation of federal dollars to the states for our most important programs. Success of the census depends on community involvement at every level. Also, learn about Census field work in South Windsor and employment (part time/flexible opportunities. Wednesday, October 16 at 11 AM at the Community Center. The Human Services staff often gets calls from residents asking about the census, it if it legitimate and questioning people coming to their homes. This will be an opportunity for questions to be answered!



On September 27th, four out of the five Youth & Family Services team attended the Connecticut

Youth Services Association's annual conference. We were invigorated by the keynote speaker, learned about bringing podcasts to youth services, how to strengthen our mentoring services, suicide prevention strategies and the latest in drug trends.

Youth & Family Services has recently taken over a state grant to operate the Local Interagency Service Team (LIST). There are 12 LISTs around the state. Local Interagency Service Teams (LIST) were created as a development strategy establishment of an integrated system for planning, implementation and evaluation of justice juvenile service delivery in Connecticut. LISTs provide a venue for community-level interagency coordination and formal communication and planning between state agencies and local communities around juvenile justice issues. Their task is to coordinate local stakeholders in raising awareness about the needs of children and youth involved in the juvenile justice system, planning, well as evaluating, supporting juvenile justice services in each juvenile court catchment area.

#### **Teen Center**

During the month of September, the Teen Center resumes the Drop in Program for middle school and high school youth. A Back

Andrea Cofrancesco Director of Human Services

to School Event was hosted on September 19th, where students could win raffle prizes, eat for free and get Youth & Family Services giveaways! The event was held afterschool and was a success with 40 high school members present that day! Middle School Drop In- the Friday evening programresumed September 20th with over 35 participants on opening day! The Tuesday Matinee Program (organized as a part of TE's TEAM program) filled up very quickly this fall and will run for 6 weeks. This group will have opportunities team building and creating friendships, while having fun in the teen center space. September is always a great time of year, as we welcome back familiar faces and get to meet new members joining the Teen Center for the first time. Our Teen Center Youth Council meetings have resumed and we are excited for new members and new projects this year! In addition, Liane Lussier Smith, our Teen Center Program Coordinator is working with the High School counseling department to provide some additional supports and resources to students during the day.



Our Parent Education position is currently vacant with hopes to fill it in the next several weeks. We look forward to sharing that news with you!

#### **School Outreach & Prevention**

The Students Against Destructive Decisions

Club at the High School had their first meeting with 76 students in attendance. They are excited to work on projects throughout the year to help their peers make good choices. The group started to plan prevention activities on such topics as alcohol, mental health, marijuana and stress relief. We look forward to making a difference in the high school community.

Youth & Family Services, Police Dept. and Public Schools co-sponsored the program "The Impacts of Social Media Today" for parents of middle school students. School Resource Officer, Tina Roy, shared important information with 61 parents on Thursday, Sept. 26. She discussed current trends, specific apps and tips on how to gain control of social media. The parents in attendance appreciated the opportunity to talk about how to help their kids navigate our changing world.

#### **Counseling & Support**

The demands for counseling services continue. Our two part time counselors are working at maximum capacity and we continue to hold a waitlist for these services.

Youth & Family Services Counselor, Sarah Soboleski, is offering a mother/daughter circle (grades 4 and 5) to participate in a 5 week group designed to strengthen the mother/daughter bond. The goal of this group is to help promote girls' healthy and safe passage into young womanhood. Using creative and

Andrea Cofrancesco Director of Human Services

expressive activities, Mother-Daughter Circle will provide girls and their mothers an opportunity to encourage, and inspire their bonds of connection in practical, honest and enjoyable ways. Sessions will focus on building positive female identity, developing coping skills for stressful situations, improving communication skills, the use of role plays, group discussions, trust activities and journaling. October 10th, 17th, 24th, (no class 10/31), November 7th, 14th from 6 PM to 7:30 PM at the Community Center. Cost is \$30 per couple.

Some great upcoming programs and events, please check out our Facebook page!

https://www.facebook.com/ SWYouthFamily

or call Liz at 860-648-6361 x331 for more information

Liz Langevin, LCSW

## How to Help in a Crisis

# Narcan & Suicide Prevention Training

Wednesday, November 6th

6:30pm to 8:30pm

Friends Room at the South Windsor Library

Learn how to help someone in a crisis at our FREE training, covering the following:

#### How to prevent an overdose using Narcan

Narcan is a prescription medication that blocks the effects of opioids (including heroin and prescription pills) and reverses and overdose. This training will cover overdose prevention strategies, signs and symptoms of an overdose, how to administer Narcan and more.

#### **QPR: Suicide Prevention Model**

QPR is a suicide prevention model that teaches three steps anyone can learn to help save a life from suicide. People trained in QPR will be able to recognize the warning signs of suicidal behaviors and how to question, persuade and refer someone to seek help.







#### Free to the Public

There are a limited number of Narcan kits available.

Priority will be given to those who register in advance.

Register on Eventbrite.com search: SW Youth & Family Services



## **Parks & Recreation Department**

Raymond Favreau Director of Parks & Recreation

### "Discover the Benefits!"

John Caldwell, Jr. Superintendent of Parks

MONTHLY REPORT - October 7, 2019

Keri Apt Asst. Director of Parks & Recreation

#### Park & Recreation Commission (PARC)

The next PARC meeting is Wednesday, Oct. 9th. A huge thank you goes out to Commissioners Toby Lewis and Bill Nowak and his wife who assisted with the recent 50th anniversary celebration on Sept. 14th. Work continues on the master plan revision.

The South Windsor Walk & Wheel Ways (SWW&WW) sub-committee meets next on Wed., Oct. 2 at Wapping at 7pm. Efforts over the next year will be the design of the proposed cross-town trail through the Eversource power corridor including a massive outreach campaign to educate the public about the project starting at Heritage Day on Main Street on Oct.5th. They hosted an official showcase and recognition of the new sidewalk system at Town Center on Sat. Sept. 21 at 11am. Dignitaries celebrated the tying" day with a "ribbon ceremony symbolizing connecting the community and some even joined kids in sidewalk chalk artwork! (see photos)

The South Windsor FOOD Alliance (SWFA) – The 2019 summer Farmer's Market came to a close on Saturday September 28. Kudos to the S.W. Food Alliance for another highly successful season! Go to www.swfood.org for more details.

**Special Invitation to Councilors – SAVE THE DATES:** At the time of this writing, with our 2nd annual Porter's Hill Pumpkin Roll likely to be cancelled due to the EEE threat, the next available event you may wish to attend will be our Turkey Hoop Shoot Contest on Sat., Nov. 16 at Wapping where contestants shoot baskets to win a free turkey for Thanksgiving! Ages 4,5,6 - 12:320-1:30pm; Ages 7,8,9 - 1:30-2:30pm; Ages 10,11,12 - 2:45-3:435pm and Ages 13,14 -3:45-4:45pm. As always, we offer all members of the Town Council an open invitation to visit any of our 400+ recreation programs or park facilities throughout the year. Please give us a call and we will even escort you!

#### **RECREATION DIVISION**

"Feel great – recreate!"

4th R Before & After School Program - October enrollment accommodates 277 unique participants (ET – 69; OH – 65; PRS – 77; PV – 66). On Monday, September 23 we kicked off the second annual 4th "R" Staff Color Wars! The staff competed by site in a variety of fun games, and will continue to do so throughout the year. Points are awarded for the winners of each game, and are cumulative throughout the year. At the end of the school year, the site with the most points will win a special, exclusive Color Wars Prize! Currently

PRS & Orchard Hill are tied for the lead, with Eli Terry and then Pleasant Valley not far behind!

**Adult Volleyball** – Play began Oct. 1st with 20 teams in each of the men's and women's leagues which run through the end of March at T.E.M.S. Tuesday and Thursday evenings.

Caught Being Kind-We recently launched a new initiative called "caught being kind!" In an effort to focus on good deeds and acts of kindness in a world all too often full of negativity we are going to recognize those who help their neighbors known and unknown. Any resident who witnesses kind acts, or are on the receiving end of the kind acts, can submit the people who do them along with a description of the kindness shown by sharing them via email to rec@southwindsor-ct.gov, or calling us at 860-648-6355. Approved nominees will have a sharp custom heartshaped sign placed on their front lawn by our "clandestine kindness crew" to let others know that a "good deed doer" lives here! We will also post all those recognized on a huge heart in the lobby of our Wapping Parks & Recreation facility! At the time of this writing we had 35 deserving nominees!

**Staff** – Please welcome Ashley Casiano to our Recreation department Supervisor as replacing Sarah Robinson who recently left to pursue a career in the non-profit world. Ashley is "home-grown" with a deep emotional attachment to South Windsor. A successful athletic career in soccer and lacrosse at SW High lead her to an honored four year stint as goalie for the Marist College, lacrosse women's team. She successfully coached women's lacrosse at AIC

and Yale and is an active member of the Puerto Rico National Women's Lacrosse team competing internationally. Ashley is also a certified personal trainer. She is responsible for our youth and adult sports leagues and programs. We are super excited to have her on our team!

We'd also like to welcome Leah Whitaker (soon to be Margelony as she walks down the aisle on Oct. 12th!) to our team as our Customer Service Clerk. She has worked previously with the Manchester, Coventry and Tolland Parks & Recreation Departments in part time capacities and loves dealing with people! Leah will be our first point of contact with residents and promises to step up our front line experience.

#### **PARKS DIVISION**

"Caring for South Windsor's Growing Needs" September Activity Highlights:

#### **Athletic Fields & Grounds:**

- Re-constructed infield at Rotary Baseball Field, including stripping old turf, distributing new material; lazer-grading to correct drainage problem, and laying fresh sod.
- Daily and weekly preparation of athletic fields servicing high school football, soccer & field hockey; boys & girl youth soccer; youth football and youth baseball.

#### Parks & Open Space:

 Prepared Nevers Park for our 50th anniversary celebration including mowing and marking out the 11 acre site for parking, pitching tents, transporting and positioning 5 portable light towers, distributing barricades and directional signage where needed and deploying picnic tables and

- extra trash receptacles from other locations. And then, broke it all down afterward.
- By now you are all very aware of the EEE Mosquito situation and I am proud to say that the Parks & Recreation staff responded swiftly, efficiently and cooperatively with a number of agencies to protect our residents. A huge special thank you goes out to Environmental Heather Oatis, Health Officer who did an outstanding job taking the lead role in addressing this serious health and public safety issue. I commend her for her leadership, cooperation, actions and support. South Windsor is fortunate to have such a dedicated and caring health official. Reminder: Until further notice and we get a hard frost all parks, outdoor facilities and athletic fields close at 5:30pm to minimize human contact with mosquitoes at dusk.
- Installed a Park Bench by the Denfeld Memorial Fire Truck playground structure at My Friend's Place.
- Performed annual maintenance of the Beetle mitigation site at the Barton property.
- Continued seasonal aggressive over-seeding, aerating and fertilization of all prime turf areas.
- Prepared Fairgrounds (formerly Barton property) for the 127th Wapping Fair.
- Covered pools at VMP in preparation for hibernation.
- Performed some serious brush clearing and tree pruning at a number of open space properties.

#### **Projects:**

• Soliciting quotes for potential renovations to the tennis courts at Wapping thanks to a

- \$50,000 grant from the State of CT.
- Skate Park Phase II project has begun! Contractor, American Ramp Company (ARC) who successfully completed phase I for us back in 2104, mobilized on Thursday, 10/3, a pre-construction meeting was held on Friday, 10/4, with shovel in the ground on Monday, 10/7. Completion goal is Nov. 1st.

#### Other:

- Transported Bicycle Education trailer to and from Philip R Smith School for the 4th grade program taught in partnership by members of SW Walk & Wheel Ways and local physical education teachers.
- John and Dave chaperoned a bus tour of our park system for the senior center on Wed., Sept. 25th. I am told the 13 participants found it to be fun, interesting and entertaining!
- Yet another welcome! Ben Bedard joined our parks crew as a Maintainer I on Sept. 30th filling the vacancy created when we promoted Dave Turkington to Parks Manager. For such a young man Ben has impressive experience in landscaping, agriculture and mechanics and as such will be an asset to our parks division. In addition Ben is a volunteer firefighter in Ellington. We see tremendous potential in Ben and we look forward to his contributions to our parks crew.

#### Please Welcome.....



Ben Bedard Parks Maintainer I



Ashley Casiano Recreation Supervisor



Leah Whitaker Customer Service Clerk

#### PARKS & RECREATION 50th ANNIVERSARY CELEBRATION, SEPT. 14, 2019







With, or without 3-D glasses the fireworks were spectacular!



A testy Mother Nature didn't stop these well-prepared boys from 3-D fireworks!



Our mascots Bette & Ben E. Fits "dressed to the nines". Thank you to Kerry Booth, high school teacher and co-habitant at Wapping who designed and tailored these special outfits just for the occasion!



Chocolate bars and 3-D glasses for fireworks – doesn't get any better than that!



A 50 year historical photo collage display constructed by our parks crew and then designed and decorated by our very own talented Shelby Kosa, Recreation Supervisor. The display was exhibited at the VIP tent and now in the lobby at Wapping.



VIP tent was well attended by numerous folks & organizations that have helped us evolve and grow over the past 50 years.

#### TRAILBLAZER POKER RYED at Rye Street Park Mountain Bike Trails, Sept. 14, 2019





43 riders enjoyed the 5 miles of mountain bike trails while trying to build the best poker hand by picking up cards at 5 check points along the way.





The winner with four-of-akind was Paul Lavasseur from Hebron who rode away with the \$125 cash prize!

#### **CAUGHT BEING KIND INITIATIVE TAKES OFF!!**



Nancy "Nanny" Byrka is surprisingly shocked to have been "caught being kind" by her neighbor for helping with her children like a grandmother.



Members of our "Clandestine Kindness Crew" Recreation Supervisors Cheryl Gerber & Shelby Kosa sharing the moment with Nanny Byrka.

#### SIDEWALK SHOWCASE, Sat., Sept. 21, 2019











Official "Ribbon Tying" symbolizing connecting community

# 4th "R" STAFF COLOR WARS TEAM BUILDING & TRAINING SESSION Sept. 23, 2019











In-house re-construction of Rotary Baseball infield



Open space tree work in action



EEE threat forces park closures. 45 signs made & posted within 24 hours

#### ONE FINAL SNAP SHOT FOR THE SCRAP BOOK!



### October 2019 Town Council Meetings and Events

### **Meetings**

Monday, October 7, 2019 7:00 pm Regular Meeting Council Chambers

Monday, October 21, 2019
7:00 pm Regular Meeting
Council Chambers

### Holidays

Monday, October 14, 2019

Town Offices Will Be Closed in Observance of Columbus Day.

Layout by Samara Haddock, Confidential Secretary

