Health Costs
Councilor Mirek called me regarding health insurance and that certain individuals seem to think that we are paying too much in health care costs. I have enclosed for you the allocation rates that the Town is currently paying for its employees. I want to explain the differences.

We keep a PPO and HMO plan for people who are retired so they can participate at a group rate for those plans, for current employees who are not eligible to contribute to an HSA, as well as new hires who are hired outside of the open enrollment window for the HDHP. If you look at the sheet that I have given to you, there are six people on the PPO, three of which are retirees. The other three are temporarily on this plan because they are new hires. Under the HMO plan, you have five people, of which one is a retiree. The other four are individuals who cannot have an HSA anymore because they are 65 or older, and Federal law does not allow those receiving Medicare benefits to contribute to an HSA.

If you look at the HDHP, we have two plans: $1,300/2,600 and $2,000/4,000. As of January 1, 2016, everyone will be on the $2,000/4,000 plan. If you look at the differences between a traditional plan that will cost you $10,574 for an individual person, and the HDHP that we have that will cost you $7,370, that is a substantial difference in those plans. Also compare the 2 Person and Family plans as well.

Before the HDHPs were in place, the Town was only using the PPO and the HMO. We are self-insured. Over the years, I have negotiated the HDHP. The premium you are paying for a family membership is $19,946 versus the PPO plan at $28,611. That is a substantial savings for the Town.

Also, under the HDHP, most of the unions are paying between 12.5%-15% of the premium. There is still a net cost to the Town because the employees are contributing to those plans. Employees contribute close to $1,500 to their HSA. That also is a favorable condition for the Town.

I know I may not be able to attend the October 5 meeting due to surgery, but I will put this out now and have further discussions in a future meeting with the Town Council.
The Insurance Control Commission raised the issue one more time with Mr. Lindberg, who is our consultant, as to whether we should be moving into the State plan. After investigating, it would not be cheaper for the Town to move to the State plan. The State plan that is offered to municipalities under law does not have a HDHP. Therefore, the Town would be sticking with only HMO and PPO plans, which would cost more money for the Town. When the State does offer a HDHP, we will look into this subject again. If more municipalities could join at that level, it may be more of a creditable program because there will be more people in the plan that could lower rates. We will constantly monitor this situation as I have always looked for ways to reduce healthcare costs for the Town of South Windsor.

Other communities will tell you that we do have a very good plan for employees at a very low cost. If a PPO plan does have certain items like copays, some are $5-15. When an employee has to provide $1,500 for the year, there is a huge deductible difference.

I am willing to discuss this matter further, but I am sending this information in advance so you can see our hard work in negotiations over the years to keep our health insurance and medical costs under control. Currently, our self-insurance fund is doing well. We are implementing wellness programs for our employees to keep healthy.

**EOC Leasing**

Please find enclosed an updated leasing schedule for the Emergency Operations Center. CB Leasing Company is willing to do a 10 year lease at 4.2% which will bring down our annual lease payments to $179,000. This is still 10 years for an asset that will last 30 years, and this will meet any statutory obligations while bringing down our debt at a faster rate than normal. This will be fine with the ratings agencies.

**Community Gardens**

We previously discussed the grant for the Community Gardens on Deming Street. A question was asked as to whether the grant is site-specific. As the Park and Recreation Commission and Planning and Zoning Commission have both reviewed Deming Street, and the Council may consider that location, I had Jeff Folger review the grant. He determined the grant is site-specific. We could submit a grant for a different site depending on the activity or action requested. But if you try to move the grant to another site, I cannot assure you whether they would be willing to do this. This is a conversation that we would have with the State, but as it stands right now the, grant is site-specific.

Matthew B. Galligan  
Town Manager
Public Works Department

Michael J. Gantick
Director of Public Works

Public Buildings Division

Project Updates

Fire Code Upgrades at Town Hall
The majority of the work of phase one has been complete. New handrails and doors that lead into and out of the stairwells have been installed to meet fire and building code. One of the items that are still outstanding is the installation of the vision glass that was supposed to be installed in the front entry doors. Initially the project called for installing small glass panels in the doors but due to of the size and placement of the glass the glass it would not have provided a solution to the problem. We are now looking into replacing the doors, door frame and side glass altogether. There is substantial “I” Beam and concrete work under the doors that also has to be addressed prior to replacing the door system. I am still waiting for a final proposal for that work and once received I’ll be speaking with the Town Manager to discuss the cost associated with the additional work.
A punch list has been created and the remainder of the work should be competed by mid October.

Town Hall Annex Renovation
Project currently on hold pending Council approval.

Phone System Replacements
I recently met with our phone system vendor as well as representatives from the Community Center, Police Department and I.T. Department to gather information and discuss the options for new systems at the Community Center and Police Department. The latest and now widely used voice over internet protocol (VOIP) technology is being looked at for both locations. Both systems will also have some redundancy built in to them in the event one or the other provider has a system failure. I expect to have a budgetary proposal in the coming weeks and will provide that information to the Capitol Projects Committee for discussion.

Heat Pump replacements at the
Police Department
The first step of this project was to prepare a RFP and solicit an On-Call design firm to engineer the systems components for replacement. Ten RFP’s were received and the firms thoroughly vetted. The design for the project is ninety-nine percent complete; I expect to have a set of construction documents to review by the end of this week. I expect that the project will go out to bid the following week. The project is on schedule to be completed sometime February or March.
Lighting Upgrades throughout Town Hall
Over the last month or so we’ve been upgrading old fluorescent lighting fixtures with new LED lighting. Thus far we’ve upgraded the lights in the 2nd floor hall and both stairwells as well as the Council Chambers. We received a $700 dollar incentive to retrofit the lighting in the Council Chambers. All of the other lighting that was upgraded was purchased from Home Depot where the incentives are already built into the price at check out.

Lighting Upgrades at Town Garage
We’ve recently received a proposal from Advanced Energy Management to upgrade all the interior and exterior lighting to LED. The Energy Task force approved the use of two energy efficiency grants that will be used to directly offset the costs of the project. I’m currently waiting for approval from the Planning Department on the lighting product selection and anticipate starting the project soon after approval.

Duct Cleaning at the Library
Duct Clean Inc. was at the Library this week to clean the ductwork, grills and registers all the lower floor air handling units. A five man crew was on site for four days to complete the job. Next year the upper floor air handling units will be cleaned.

Spill Prevention Control and Countermeasure Plan
I’m currently working with Diversified Technology Consultants out of Hamden to draft a Spill Prevention Control and Countermeasure plan for all of the Public Buildings above ground fuel oil storage tanks. The SPCC is an EPA requirement for any facility that stores fuel in quantities greater than 1320 gallons above ground. I recently received a preliminary plan for review and expect to have a final document by the end of the month.

Verizon WiFi Antenna Installation at Library
I will be meeting with Verizon Wireless next Thursday to review the installation based on the draft drawings that were provided to me on Wednesday. Once the drawings are approved the project will get underway. I will follow up as the project progresses.

Other Projects
- Install additional panic devices in Human Services and Library Offices (scheduled for mid October)
- Remediate and replace rotted sheetrock in the Town Garage Sprinkler room and Fitness Center Closet~ Completed
- Trim and clapboard repairs on main shower building at VMP (scheduled for mid October)
- Prepare an RFP and solicit bids for emergency generator preventive maintenance. (In Progress)
- Solicit proposals for replacing gutters at the Town Garage (waiting for proposal)
- Solicit proposals for brick column repairs at the entryway of the Community Center.
(Have met with contractor, still working on options for the repairs.)

Chris Gargano has successfully completed 60 hrs of professional development training in and has earned the Level 1 Building Operator Certification (BOC) credential from the State of CT. Last Year Mike Costa also earned his BOC designation.

The BOC program is a nationally recognized, competency-based training and certification program that offers facilities personnel the improved job skills and knowledge to transform workplaces to be more comfortable, energy-efficient and environmentally friendly.

Please help me congratulate both Chris and Mike for their professional achievements.

Clay Major
Facilities Manager
2nd Floor Hall lighting before upgrade

2nd Floor hall lighting after upgrade to LED
Health Department

Heather Oatis
Environmental Health Officer

National Lead Poisoning Prevention
To increase awareness of childhood lead poisoning prevention, the South Windsor Health Department, along with CDC, the U.S. Environmental Protection Agency, and the U.S. Department of Housing and Urban Development, is participating in National Lead Poisoning Prevention Week (NLPPW) October 25-31. This year’s NLPPW theme, "Lead-Free Kids for a Healthy Future," underscores the importance of testing your home, testing your child, and learning how to prevent lead poisoning’s serious health effects.

In observance of NLPPW, events such as state proclamations, free screenings, lead-awareness community events, and educational campaigns will be conducted nationwide.
Remind: All members of the Town Council were emailed an invitation to stop in at our 35th Anniversary Party on Friday, October 9, 2015 any time between 5:00-9:00 PM at the Community Center.

Please call Andrea at 860-648-6357 or email andrea.cofrancesco@southwindsor.org if you can make it! Hope to see you there!

Recent South Windsor Triad Events a Success!

- **Medication Disposal Day:** Over 500 pounds and 18 boxes of medication was turned in by over 150 people at the annual Medication Disposal Day! Pictured are members of the Triad for Senior Safety.

- **Health and Safety Fair:** Over 250 people attended our 5th annual Health and Safety Fair with over 200 flu shots administered. A variety of services were offered including hearing tests, memory screenings, cholesterol checks, computerized spinal screening, oral screening and denture fit checks, blood pressure and blood sugar checks and healthy snacks.

- **Yellow Dot Sign Up Day:** We recently registered another 23 people in the Yellow Dot Program, which is a File of Life for your car. Keep important emergency contact information handy, and with a sticker on the back of your car, it alerts emergency responders that pertinent information can be found in the glove box.
Senior Art P*art*y Exhibit Opening Reception a Huge Success!
The Senior Center Art P*art*y Exhibit at the Wood Memorial Library opened up with a wine and cheese reception on Saturday, September 12. Approximately 75 people came out to support the over 20 artists who were displaying their work! Stop in and see the exhibit on Mondays and Thursdays from 10 AM to 8 PM until October 29.

RENTER’S REBATE
Caseworkers assisted over 210 residents with Renter’s Rebate applications this season. In addition, as a routine process, staff screens those residents for other programs they may benefit from.

Food Bank Needs Food
Typically this time of year the food bank is extremely low and this year is no exception. Items needed the most are: jar pasta sauce, kid snacks, juice, mac and cheese, canned pastas, hearty soups and stews, cereal, toiletries and paper goods. Please help spread the word! Items can be dropped off at the Community Center Monday through Friday from 8:00 AM to 4:30 PM.

Like us on FACEBOOK!
Facebook.com/swseniorcenter
Youth & Family Services welcomed new Teen Center Program Coordinator, Liane Lussier Smith this month. Liane is a licensed clinical social worker, with experience working in the Manchester area providing individual, family and group counseling to children, adolescents and their families. A graduate from UCONN School of Social Work, Liane is dedicated to using group work skills to help enhance youth programming at the Teen Center. Groups can be used to foster inclusion, promote positive youth development and initiate youth involvement in community service projects. Liane is also a South Windsor High School Alum and excited to be a part of the Human Services Team, providing care and support to South Windsor families.

On Friday, September 25th, Youth and Family Services hosted the 4th annual “Eat Dinner with your Family”. 15 families came for food, and a fall inspired craft. Research shows that the more involved parents are in everyday activities like helping with homework, sharing meals and playing games as a family, the less likely a child or teen will experiment with alcohol and/or drugs. It was an opportunity for families to spend time together without having to do the cooking or cleaning! Families paid $10 for the meal which raised $160 for the CARE Fund that assists families in need with school related costs.
Youth Counseling
The First Family Yoga Night was a success. Several families participated in this back to school event. The families that came, learned some fun and simple yoga poses as well as some breathing techniques they can do together.

Parent Education and Support

UPCOMING PROGRAMS
SWAN will be facilitating a workshop for parents giving them tips and strategies to help their children make friends. Our Youth Counselor will have group activities for the children while the parents are attending the workshop. The date is Oct. 14, 6:30-8PM in the Community Center.

Parents Supporting Parents will meet on Oct. 8 in the Community Center. Calli Schechtman, SLP from Communication Corner will be speaking. She works both in the South Windsor Public Schools and a private practice as a speech-language pathologist. Calli believes that children have different learning styles, and addresses these differences in her therapy using functional, appealing research based methods.

Autism Services & Resources Connecticut and SWAN Parenting Programs present: “Building Independence in Adolescents and Young Adults with High Functioning Autism”
South Windsor Public Library at 1550 Sullivan Ave
Monday October 5th 2015, 6:30pm to 8:00pm
This presentation will address the challenges to independence confronting individuals with autism and discuss strategies and programming to build greater success and autonomy as adults
Presenter is Dr. James Loomis, PH.D; Child and Family psychologist.
TO RSVP: virginia.molleur@southwindsor.org

School Outreach
14 members of the SWHS Students Against Destructive Decisions attended a Regional Leadership training at RHAM High School on Sunday, September 27th. The training was provided by Youth 2 Youth, which is a
student led group from Dover, New Hampshire. They specialize in training other high school students about how to be effective leaders in their school community. The day was filled with important information, as well as a lot of fun.

Cops, Coffee and Conversation returns to TEMS on Friday, October 23rd from 6:45-8:15 pm. The School Resource Officers from both TEMS and SWHS will be there to give important information to parents about how to keep their kids safe when using social media. We look forward to a great evening.

**Teen Center**
Starting in October, the Teen Center will offer a Mindfulness Series for SWHS youth seeking skills for stress management, anger management, relational issues and problem solving. The group will include hands on activities to learn and practice mindfulness strategies and discussion about common problems and triggers, while encouraging useful and simple ways teens can implement the new skills in their daily lives. A one time parent session will also be offered – with the goal of parents being able to learn some of the same skills their teens are learning, as it can not only help to strengthen parent-child communication, but mindfulness skills can be helpful for any age!

The Teen Center has begun offering Tuesday afternoon hours for Middle School youth through the TE Matinee Program. We have 10 youth that are participating in this program!

Friday Nights for Middle School!
6pm to 9:30pm

Special Events for Fridays in October:
10/9 Pizza Party
10/16 Bingo for Prizes
10/23 Ping Pong Tournament
10/30 Halloween Party

High School Hours:
Monday, Wednesday, Thursday
2pm to 4:30pm

Special Events for High School:
10/15 Unity Day Activity
10/19 &10/21 Pumpkin Decorating
10/22 Red Ribbon Week Activity (smoking prevention)
10/29 Halloween Party
The next PARC meeting is Wednesday, Oct. 14th at 7:30pm in the Sprenkel Room of the Town Hall. They have completed their charge by Council to re-evaluate the Deming Gardens plan for potential alternative uses for that property as well as potential alternative sites for additional community gardens and submitted their recommendation for Council action at their meeting on October 5th. They will resume work on the master plan.

The South Windsor Walk & Wheel Ways (SWW&WW) sub-committee meets next on Wednesday, Octobe7th at the Community Center, conference room 206 at 7pm. They are continuing their work on action plans for potential public access to the Eversource (formerly CL&P) power line corridors for cross-town trails. They are starting with a short stretch connecting the existing Jacques Lane trail to Pleasant Valley Road. We are sad to announce that Co-Chair Ginny Hole has resigned from Walk & Wheel Ways to focus on personal matters. She will be sorely missed as the founder and heart of the sub-committee.

The South Windsor FOOD Alliance (SWFA) Summer Farmer’s Market on the front lawn of the community center on Saturdays open from 10am to 1pm continues to draw impressive crowds! The outdoor segment runs through Oct. 17th. The Winter market will once again be held at the Church Hall of St. Margaret Mary’s on Hayes Road from 10am to 1pm from Oct. 31 to Dec. 19 (8 weeks). Go to www.swfood.org for more details.

SWHS Stadium Project – Construction is on schedule. Completion is still expected to be the end of September. A Draft Use Policy was created by Patrick Hankard, Dave Sytulek, SWHS Athletic Director, Dan Sullivan, SWHS Principal, John Caldwell and Ray Favreau. Dr. Carter has reviewed and will be bringing this to the BOE in September for their review and hopeful approval.

New Web Site – Nearly a month ahead of schedule – we successfully launched our new web site on Mon., Sept. 28th!! Civic Plus is our new provider and will take us to a new, higher level of service to the public. The new site will be much more user friendly for the public to
navigate with a clean, fresh, simpler look and feel. It is also far easier and faster for staff to update and maintain with many new features not currently available.

**E.O.C. – replacement storage facility**
We have successfully completed the process of moving all department equipment and supplies from the Old Post Office to a new rental facility on Edwin Rd. off Rt. 5.

**Green Team**
Thanks to Councilor Wagner, we successfully executed the walk-through at Wapping School with staff from Eversource. Patrick Hankard from BOE, Clay Major, Building Custodian, Mike Smith joined Councilor Wagner and I on Wed., Sept. 30th from 2-4pm. The Energy Engineers from Eversource will now create a report of written recommendations as a result of the audit for us to consider in making that facility more energy efficient. This will prove very helpful in the re-purposing of Wapping for Parks & Recreation in the near future.

**Barton Property project**
Specifications are complete and we are currently soliciting bids. We hope to award the bid and start work on the project before the end of the month.

**Like us on Facebook**
The number keeps growing - we are now "liked" by 1,025 people! Won’t you like us too at south windsor parks & recreation? And now follow us on Instagram too at SWPRD06074!!

**Special Invitation to Councilors – SAVE THE DATES:** Join us on Saturday, Oct. 17th for FALL FEST 2015 at Nevers Park!! Start the morning off with Jacob’s Jog – a .85 mile trail run for kids at 10am, immediately followed by our Witch Way 5K trail run for all ages at 10:30am. Complete the morning with a visit to the Farmer’s Market while enjoying live music from the Petrones. The afternoon activities between 11am and 5pm include: live music by the Cover to Cover band; a Craft Fair at the base of the hill at Rotary Pavilion with dozens of vendors, five food vendors serving options like hotdogs, burgers, chili, soup, homemade ice cream, kettle popcorn and coffee; tethered hot air balloon rides; carnival games, mini-train rides and moon bounce on the back lawn of the Pavilion; Corn Toss Tournament; and Trick or Treating with the craft vendors. Finish off the evening with a hay ride and trek through the Haunted Torch Walk winding through the pitch black back trail loop!

As always, we offer all members of the Town Council an open invitation to visit any of our 300+ recreation programs or park facilities throughout the year. Please give us a call and we will even escort you!

**Before & After School Program**
October enrollment is at an all-time high of 330 – up
36 registrants from September. 48 Before Care participants take advantage of afternoon care on Early Release Wednesdays for BOE professional development. New this year we have added “FitZone” to the 4th R program. Each site will be provided with one hour each a month facilitated by a personal trainer to specifically learn about new fun ways to be active and healthy to augment the activity already in place to promote physical fitness. Older kids will also learn more about specific muscles they’re using!

Red Sox Trophy Day – Was a huge success this past September 13th at Wapping School (moved indoors from the Little League complex due to threatening weather). Over 300 people enjoyed the 2004 Red Sox World Series championship trophy. DJ “Mark the Shark” from 96 TIC FM served as emcee for the day and over $1800 was raised for the American Cancer Society. Thanks go out to our two new friends Mark Austin and Dave Charron from Your Vacation Dreams for sponsoring the event!!

Adult Fall/Winter Sports Leagues – Basketball: Men’s Division has 17 teams registered with 7 teams in the Women’s Division. Volleyball: Men’s Division has 18 teams with 21 teams in the Women’s Division. These numbers represent a twelve year high combined total team participation!

Veterans Memorial Park - At 2:30pm on Sun., July 19 we reached our parking capacity at the park and had to close access to all non-pass holders. We positioned a staff member at the front entrance to the park off Pleasant Valley Road informing everyone. Fortunately, we ended up only turning away 30 car loads throughout the remainder of the day.

PARKS DIVISION
“Caring for South Windsor’s Growing Needs”

September Activity Highlights:
- Landscaping
  - Completed tree pruning on grounds of all public buildings, and began tree work along the trails and ropes course at Nevers Park.
  - Completed rough cut mowing of all open spaces.
  - Completed rough cut mowing and weed whacking at our flood control structures on Avery Street and Beelzebub Road in preparation for annual state inspection in October.
- Athletic Fields:
  - Repaired “lips” on major A Little League field at the Ayers Road complex.
  - Continued our progressive turf management program at all our premiere athletic fields and grounds –
aerating, fertilizing, weed control and irrigation.

- **Parks & Open Space:**
  - Replaced a number of vandalized signs at the Nevers Park Trails.
  - Replaced and upgraded the two horseshoe pits and installed a new laser-cut steel welcome sign at Rotary Pavilion.
  - Continued the development of a new picnic grove adjacent to the back lawn of the Rotary Pavilion at Nevers Park, adding top soil to the former forest bed for eventual seeding.
  - Replaced old telephone pole barriers once used for the Wapping Fair as an exit from Rye Street Park with heavy duty wood guard rails.
  - Replaced all missing and damaged anchors in the concrete decks in preparation for covering the pools at VMP. Water level was lowered in lap pool, pool floor vacuumed, water super-chlorinated and then covered for the winter.
  - Repaired ornamental fence concrete footings that had loosened over time at My Friend’s Place playground.

- **Projects:**
  - Ayers Road Softball Field – Project is nearing completion. We will continue to irrigate, over-seed and fertilize the virgin turf weather permitting throughout the Fall season. Shrubs along Ayers Road were removed in preparations for installation of sidewalks that are now complete providing the critical connection to the new sidewalks on Nevers Road. We now have much safer pedestrian mobility between the High School, Little League Complex and Nevers Park.
  - The only remaining items are dugout canopies, assembly and placement of new bleachers and players benches, all of which will probably happen just prior to a grand opening in the Spring which we will coordinate with the BOE.
  - Northeast Scoreboards will be here in the next week or so to test the LED scoreboard and wireless control unit. We are extremely pleased with the new field and proud of our efforts getting there! We are confident our local softball enthusiasts are equally pleased and quite anxious to start playing. We thank them for their involvement and patience during the process.
  - High School Stadium turf field/track project is also nearing completion. The turf field is complete, including all permanent field boundary line markings, logos and goal posts. Resurfacing of the track has just begun. The facility should be ready for use some time in October if all goes well with weather conditions.
  - Installed 72 feet of industrial shelving 12 feet in height at the new storage facility to accommodate department supplies previously stored at the old
post office in anticipation of the E.O.C. project there.

- Other:
  - Our two Maintainer I’s, Jake Burnham and Mike Samsel, have successfully completed all testing and performance requirements within their first two full years of employment and were officially promoted to Maintainer II classification effective Sept. 28th. Congratulations Jake & Mike!!
  - Transported bike fleet trailer to Philip R. Smith and Eli Terry Schools for the 4th grade bike education program.
  - Delivered portable staging and bleachers to and from Evergreen Walk for use by the Jaycees for the Wapping Fair.
  - Installed a new fence corral at the second leaf deposit site at the Town Garage.
One of four new horseshoe pits at Rotary Pavilion

View of all refurbished horseshoe pits at Rotary Pavilion

The pitching speed activity was a huge "hit" at Red Sox Trophy Day!!

It was no trouble at all getting volunteers (pictured above) to help with Red Sox Trophy Day!!!

FitZone @ 4th R
October 2015
Town Council Meetings and Events

Meetings

Monday, October 5, 2015
7:00 p.m. Regular Meeting
Council Chambers

Monday, October 19, 2015
7:00 p.m. Regular Meeting
Council Chambers

Holidays

Monday, October 12, 2015
Town Offices Will Be Closed in Observance of Columbus Day

Layout by Ashley Summers, Executive Secretary to the Town Manager
Summers, Ashley

From: Custer, Scott
Sent: Friday, October 02, 2015 2:15 PM
To: Summers, Ashley
Subject: Town Manager's Report- POLICE
Importance: High

If it’s not too late:

Body worn cameras:  
The first 12 body worn cameras have been assigned to officers and the feedback has been positive. Officers are getting used to wearing this additional piece of equipment and a recent department survey found that 84% of our staff supported the use of such devices. The video is very good quality and we are certain that they will both document evidence and serve as a useful tool for evaluating officers conduct and training needs. We anticipate obtaining another 12 devices in March. The Hartford Courant will be doing a story on our recent implementation and may run as early as Sunday.

Hurricane Preparedness:  
We have conducted our own internal assessment on the needs of the police department and what staffing issues we would need to address. As of this writing we will not be opening our EOC for the storm but we will continue to monitor the weather of the weekend.

Deputy Chief Scott P. Custer  
South Windsor Police Dept.  
Mobile - 860-982-0362  
Desk - 860-648-6255  
Twitter: @SWPDPIO

Messages to and from employees of the Town of South Windsor are subject to public disclosure in accordance with state and federal law.