

**South Windsor Resources-**

- **South Windsor Human Services Department- 860-648-6361**  
<https://www.southwindsor-ct.gov/youth-family-services>
  - **Adult & Senior Services**  
<https://www.southwindsor-ct.gov/adult-senior-services>
    - Food & Fuel Bank
    - Meals on Wheels- CRT
    - Energy Assistance
    - Counseling Services
    - Support Groups
    - Entertainment for older adults
  - **Youth & Family Services**  
<https://www.southwindsor-ct.gov/youth-family-services>
    - Counseling Services and Referrals
    - Family Support and Education Programs
    - Drug and Alcohol Prevention Programs
    - Teen Center
- **South Windsor Library- 860-644-1541**  
<https://www.southwindsorlibrary.org/>
  - Proctored testing
  - Computer usage
  - Programs for all ages
  - Rooms and meeting spaces
  - Birth23 sessions and supervised visitation
- **South Windsor Parks & Recreation- 860-648-6355**  
<https://southwindsor.recdesk.com/Community/Page?pageId=16488>
  - Healthy activities, sports, and events for all ages
- **South Windsor Police Department- 860-644-2551**  
<https://www.southwindsor-ct.gov/police>
  - Car Seat Installations
  - Medication Disposal
  - Teen Driving Information
- **Birth23- 860-291-1240**  
<https://www.birth23.org/>
  - Early Childhood Special Education Contacts for this Town
  - Referrals for evaluations for preschool special education

## **Food & Fuel Bank Resources-**

- **The Bridge Outreach Ministry- 860-372-4141**  
<https://www.oursaviorct.org/groups/the-bridge>
  - Food, housing, support services
- **Hands On Hartford- 860-728-3202**  
<https://handsonhartford.org/>
  - Food, housing, support services
- **Hockanum Valley Community Council (HVCC)- 860-872-9825**  
<https://www.hvcchelps.org/>
  - Food assistance, case management, transportation, counseling services
- **Mercy Housing and Shelter- 860-808-2048**  
<https://mercyhousingct.org/>
  - Housing services
- **My Sister's Place- 860-808-2047**  
<https://sistersplacect.org/>
  - Housing services
- **South Windsor Food & Fuel Bank- 860-648-6361**  
<https://www.southwindsor-ct.gov/human-services>
  - Food assistance, fuel and utility assistance, and basic needs assistance

## **Domestic Violence Resources-**

- **CT SafeConnect- Connecticut Coalition Against Domestic Violence (CCADV)**  
<https://ctsafecconnect.com/>
  - 24-Hour Hotline- Call or Text
    - English- 888-774-2900
    - Spanish- 844-831-9200
    - Email- [safecconnect@ctcadv.org](mailto:safecconnect@ctcadv.org)
- **Interval House-**  
<https://intervalhousect.org/>
  - 24-hour hotline- (860)-838-8467
  - Domestic Violence Services

## **Behavioral Health Resources-**

- **211-**  
<https://www.211ct.org/>
  - Free and confidential referral service that connects people to essential health and human services
- **Bridge Family Center- 860-313-1119**  
<https://www.bridgefamilycenter.org/>
  - Youth & Family Services, counseling, residential services
- **Community Health Center- 860-347-6791**  
<https://www.chc1.com/>
  - Medical, dental, and behavioral health services
  - Hartford, Middletown, Enfield, New Britain
- **Community Health Resources (CHR)- 877-884-3571**  
<https://www.chrhealth.org/>
  - Family, adult, and children services, housing, primary care and wellness, first aid, veteran's services, substance use
  - Manchester, East Hartford, Enfield, Hartford, Willimantic
- **Hartford Behavioral Health & Project Save- 860-548-0101**  
[https://connecticut.networkofcare.org/mh/services/agency.aspx?pid=HARTFORDBEHAVIORALHEALTHProjectSAVE\\_2\\_556\\_1](https://connecticut.networkofcare.org/mh/services/agency.aspx?pid=HARTFORDBEHAVIORALHEALTHProjectSAVE_2_556_1)
  - Project Save: Stop Abuse Everyone and Empowerment Program- helps victims of violent crimes in Hartford County by providing crisis intervention for healing, recovery, justice, and hope for the future
- **InterCommunity- 860-569-5900**  
<https://www.intercommunityct.org/>
  - Primary Care, Addiction Services, Counseling
  - South Windsor, Hartford, East Hartford
- **Klingberg Family Centers- 860-832-5503**  
<https://klingberg.org/>
  - Services for children and families
  - Hartford, New Britain
  -
- **Manchester Community Child Guidance Clinic- 860-643-2101**  
<https://www.ccginc.org/>
  - Mental health and family services, IOP, IICAPS, day school
- **Root Center for Advanced Recovery- 800-862-2181**  
<https://rootcenter.org/>
  - Mental health and substance use treatment

- **The Village for Families & Children- 860-236-4511**  
<https://thevillage.org/>
  - Mental health and substance use treatment
- **Wheeler Clinic- 888-793-3500**  
<https://www.wheelerclinic.org/>
  - Medical & Mental Health Services for all ages
  - Hartford, Manchester

### **Regional Behavioral Health Action Organizations**

- **Amplify- 860-667-6388**  
<https://amplifyct.org/>
- **Crisis Text Line- Text CT to 741741**  
<https://www.crisistextline.org/>
- **National Suicide Prevention Lifeline- 1-800-273-8255**  
<https://988lifeline.org/>

### **LGBTQ Resources-**

- **211**  
<https://www.211ct.org/>
- **Family Acceptance Programs**
  - **Gender Program at CCMC- 860-545-9000**  
<https://www.connecticutchildrens.org/search-specialties/endocrinology-diabetes/endocrinology-diabetes-gender-program/>
  - **Wheeler Clinic- 888-793-3500**  
<https://www.wheelerclinic.org/services/lgbtqia-responsive-services-at-wheeler>
- **The Trevor Project- 1-866-488-7386**  
[The Trevor Project | For Young LGBTQ Lives](https://www.thetrevorproject.org/)
- **PFLAG Hartford- 860-785-0909**  
[PFLAG Hartford](https://pflaghartford.org/)
- **PFLAG Tolland-Mansfield- 860-962-4240**  
<https://pflagtolland-mansfield.org/>

**Disability Resources-**

- For students-  
<https://www2.ed.gov/about/offices/list/ocr/docs/504-resource-guide-201612.pdf>

**Self-Confidence Help-**

- [Martial art studios](#)
- [Youth Welfare Movements \(YMCA and YWCA\)](#)
- [Youth Workout Programs](#)