



*Programs that Help People in Connecticut* has been connecting Connecticut residents to federal, state, and local agencies for over twenty five years. Need information? Need help? Need services? **LOOK INSIDE!**

The Connecticut Association for Human Services (CAHS) updates the program entries and Eversource publishes this booklet. We are grateful to everyone who supplied information for the new edition.

**THIS BOOKLET IS A GUIDE**, containing brief descriptions of complex programs. Eligibility criteria, services offered, and funding are subject to change. **PLEASE CHECK WITH THE ADMINISTERING AGENCY FOR THE MOST UP-TO-DATE INFORMATION.**

If you need a particular service but do not see it reflected in any of these pages, you may wish to begin with a call to **United Way 2-1-1**, or a visit to its website, [www.211ct.org](http://www.211ct.org), described after the Table of Contents. In addition, every Connecticut town is required to have a Municipal Agent to help senior citizens, as well as a Youth Services Bureau that can link you to groups that could meet the needs of children.

Many services have income and asset eligibility guidelines. Generally, “income” is money available to you from an ongoing source. “Assets” are other financial resources, such as a bank account, a home or a car.

**Don’t assume you are not eligible!** Check with the agency that administers the program. If you do not meet the guidelines for service, ask if there is an alternative.

***A special note to individuals who are seeking social service support for the first time:***

It is important to understand that navigating the social service system can be confusing and time consuming, even for experienced consumers. If you are new to this process, you may not be able to find all of the resources you need for your family at a single agency. To find services to meet a variety of needs, use 2-1-1, or contact the multi-service agencies listed on page 34. These agencies can help families find and determine eligibility for multiple programs and public benefits, including: SNAP (formerly food stamps), health care, housing, cash assistance and other resources. Accessing benefits may still not be as easy as people would like, but these agencies will do their best to address new and multiple needs.

**We would like to hear from you!** Please let us know of any services that should be added, deleted or revised in the *Programs that Help People in Connecticut* publication. It is updated every two

years. Additional copies are available through Eversource or CAHS by written request. It can also be downloaded directly from the CAHS website, [www.cahs.org](http://www.cahs.org).

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# Programs That Help People 2016-2018 Edition

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## United Way 2-1-1

2-1-1 is Connecticut's statewide information, referral, and crisis intervention. 2-1-1 specialists are backed by community representatives and an extensive computerized database of human services. They provide up-to-date information about agencies and programs; make referrals to appropriate community resources; and intervene in crises, including suicide prevention. Extensive information is available on child care, alcohol and drug treatment, elder services, maternal and child health, problem gambling, and many more helpful services and programs. Calls are free and confidential. 2-1-1 may be accessed 24 hours a day. TTY (for people who are hearing or speech impaired) and multi-lingual operators are available. The 2-1-1 database of statewide health and human services is available on-line at [www.211ct.org/referweb](http://www.211ct.org/referweb). **Some phones may not connect to 2-1-1. In such cases, use the Toll-free number: (800) 203-1234.**

# Basic Needs

## ConneCT DSS Benefits Portal

Go to ConneCT, the Connecticut Department of Social Services benefits portal, to see if you are eligible for benefits administered by the Department of Social Services (DSS), such as food assistance, cash assistance and medical benefits for adults, children, elderly, and disabled people. At ConneCT, you can get information about your DSS benefits, manage your application and renewals for those programs, and find out about other DSS programs you may be eligible for. You can also apply for benefits. **Website:** [www.connect.ct.gov](http://www.connect.ct.gov).

## Food

### Cooperative Extension Food Services

The University of Connecticut Cooperative Extension System (UConn Extension), offers group and individual nutrition education, including individual dietary analysis, nutritious meal planning and preparation, and safe food storage and handling. Contact a local UConn Extension Center for assistance.

#### Fairfield County

67 Stony Hill Road, Bethel **Phone:** (203) 207-8440

**Email:** fairfield@uconn.edu

#### Hartford County

1800 Asylum Avenue **Phone:** (860) 570-9010

**Email:** hartford@uconn.edu

#### Litchfield County

843 University Drive, Torrington

**Phone:** (860) 626-6240 **Email:** litchfield@uconn.edu

#### Middlesex County

1066 Saybrook Road, Haddam **Phone:** (860) 345-4511

**Email:** middlesex@uconn.edu

#### New Haven County

305 Skiff Street, North Haven **Phone:** (203) 407-3161

**Email:** newhaven@uconn.edu

#### New London County

562 New London Turnpike, Norwich

**Phone:** (860) 887-1608 **Email:** newlondon@uconn.edu

#### Tolland County

24 Hyde Road., Vernon **Phone:** (860) 875-3331

**Email:** tolland@uconn.edu

#### Windham County

139 Wolf Den Road, Brooklyn **Phone:** (860) 774-9600

**Email:** windham@uconn.edu

## Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

WIC is a federally-funded program that serves to safeguard the health of low-income women, infants, and children up to age 5 who are at nutritional risk by providing nutritional assessment and education, referrals to health care, and nutritious foods to supplement diets. Information on breastfeeding and healthy eating are provided as well as Farmers' Market coupons for designated months. Eligibility is based on income, residency, certification of nutritional risk, and a physical presence requirement, which means having a WIC employee see your child. Pregnant women, breastfeeding women (up to infant's 1st birthday), nonbreastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends), infants (up to 1st birthday), and children up to their 5th birthday are eligible to receive WIC benefits. Please call any of the WIC offices listed below or contact the State WIC Office, Department of Public Health, for more information. **Address:** 410 Capitol Avenue, MS#11WIC, Hartford, CT 06134 **Toll-free:** (800) 741-2142 **Phone:** (860) 509-8000.

#### Bridgeport:

Optimus Health Care **Phone:** (203) 333-9200

Southwest Community Health Center

**Phone:** (203) 332-4600

**Bristol Phone:** (860) 585-3280

**Danbury Phone:** (203) 456-1410

**East Hartford Phone:** (860) 528-1458

#### Hartford:

Coventry Street **Phone:** (860) 757-4780

Main Street **Phone:** (860) 757-4860

**Meriden Phone:** (203) 630-4245

**Middletown Phone:** (860) 358-4070

**New Britain Phone:** (860) 225-8695

#### New Haven:

Fair Haven **Phone:** (203) 773-5007

Hill Health Center **Phone:** (203) 503-3080

Yale-New Haven Hospital, St. Raphael Campus

**Phone:** (203) 789-3563

Yale-New Haven Hospital **Phone:** (203) 688-5150

**New London Phone:** (860) 425-6620 or (860) 425-6625

**Norwalk Phone:** (203) 854-7885

**Norwich Phone:** (860) 425-6562

**Putnam Phone:** (860) 928-3660

**Stamford Phone:** (203) 977-4385

**Seymour Phone:** (203) 888-1271

**Torrington Phone:** (860) 489-1138

**Waterbury Phone:** (203) 574-6785

**Willimantic Phone:** (860) 450-7405

## **Supplemental Nutrition Assistance Program (SNAP)**

The Connecticut Department of Social Services (DSS) administers the U.S. Department of Agriculture's Supplemental Nutrition Assistance Program (SNAP) and a state-funded SNAP for qualified non-citizens who are not eligible for the federal program. The purpose of these programs is to help low-income individuals and families afford the cost of food at grocery stores and farmers' markets. People can apply for SNAP by mail, online and at DSS offices. Hard-copy applications can be found online at [www.ct.gov/dss/apply](http://www.ct.gov/dss/apply) and mailed to the DSS ConneCT Scanning Center at P.O. Box 1320, Manchester, CT 06045. People can apply online at [www.connect.ct.gov](http://www.connect.ct.gov). For more information about SNAP, **Toll-free:** 2-1-1 Infoline **Website:** [www.ct.gov/snap](http://www.ct.gov/snap). A complete list of local DSS offices can be found in the Multi-service Agencies section of this book.

## **End Hunger Connecticut! (EHC!)**

End Hunger Connecticut! (EHC!) is a statewide anti-hunger and food security organization. By focusing on advocacy, outreach, education, and research, EHC! serves as a comprehensive anti-hunger resource for community organizations, legislators, and low-income families. The work of EHC! is vital to the visibility and coordination of various federal food assistance programs that are meant to lower the prevalence of food insecurity and hunger. The goal of EHC! is to improve the levels of food security and nutrition among Connecticut families while creating and supporting policies that move families toward self-sufficiency. EHC! provides state-wide SNAP (formerly Food Stamps) outreach through application assistance, prescreening for SNAP benefits, and conducting workshops and presentations with clients or staff. EHC! maintains an online SNAP Benefit Calculator (<http://www.endhungerct.org/resources/snap/>) and Toll-free SNAP line (866-974-SNAP) to help determine potential eligibility. Spanish speaking assistance is available. **Website:** [www.endhungerct.org](http://www.endhungerct.org).

## **Food and Fuel Banks**

There are many food pantries and fuel banks available throughout the state to help individuals and families in

need. To learn more about food pantries and soup kitchens throughout the state: **Toll-free:** 2-1-1.

## **Cash Assistance**

### **Temporary Family Assistance (TFA)**

TFA provides monthly cash and employment assistance to eligible families throughout Connecticut to support basic needs such as food, shelter, and clothing. TFA is funded by the federal and state governments to provide a 'safety net' for families with children. Applicants/recipients must live in Connecticut, have very little or no income, and be supporting a child or children. In some cases, a pregnant woman may qualify if she has no other means of support and meets other eligibility factors. The child or children in the household must live with a related adult or an adult who has filed for guardianship through probate court. Many TFA-eligible households are grandparents caring for grandchildren. Adult recipients must participate in Jobs First Employment Services activities, coordinated by the Department of Labor. Custodial parents must provide information to help in collecting child support from a parent who is not living in the home. Applications are accepted at all Department of Social Services offices listed in the Multiservice Agency section of this book. Hard copy applications can be found online at [www.ct.gov/dss/apply](http://www.ct.gov/dss/apply) and mailed to the DSS ConneCT Scanning Center at P.O. Box 1320, Manchester, CT 06045. People can apply online at [www.connect.ct.gov](http://www.connect.ct.gov) by clicking "Apply Now" under "Apply for Benefits" section. Toll-free: 1-855-CONNECT (1-855-626-6632) or TTD/TTY: 1-800-842-4524 for persons with speech or hearing difficulties for more information.

### **Social Security – Old Age, Survivors and Disability Insurance (OASDI)**

Social Security, also called OASDI, is a federal program for the retired and disabled, as well as for survivors of a deceased wage earner. People who have worked enough quarters and have paid into the program are eligible; there are no income or asset requirements. People who are at least 62 and retired, the disabled at any age, or qualified dependents or survivors of the insured are eligible for benefits. Survivors' benefits are paid to a spouse with children who are minors, a widow or widower age 60 or older, a widow or widower age 50 or older, and disabled, minor children, or a parent age 62 or older who was dependent on the wage earner. Disability benefits can be paid to people who are unable to engage in substantial gainful activity or whose disability will result in death. **Website:** [www.socialsecurity.gov](http://www.socialsecurity.gov).

**Ansonia** 475 Main Street **Toll-free:** (866) 331-7096

**Bridgeport** 3885 Main Street **Toll-free:** (866) 331-6399

**Bristol** 225 North Main Street, Room 400  
**Toll-free:** 800-772-1213

**Danbury** 131 West Street **Toll-free:** (866) 275-7821

**East Hartford** 478 Burnside Avenue  
**Toll-free:** (866) 706-6759

**Hartford** 960 Main Street, 2nd Floor  
**Toll-free:** (877) 619-2851\*

**Meriden** 1 West Main Street, 4th Floor  
**Toll-free:** (877) 409-8429

**Middletown** 425 Main Street, 3rd Floor  
**Toll-free:** 877-692-3145

## Supplemental Security Income (SSI)

SSI is a federal income maintenance program for the aged, blind, and disabled. Unlike Social Security, SSI has limits on the amount of money and resources a recipient can have. Recipients may receive both Social Security and SSI, if eligible for both. Flat monthly payments are issued to participants. If the participant lives in a household which provides in-kind support, e.g. food and/or lodging, the monthly payment is reduced by one-third. Eligibility is based on age, blindness, disability, income, and assets. Contact a Social Security Office listed above.

## State Supplement for the Aged, Blind, and Disabled (State Supplement)

The State Supplement program is a state income maintenance program administered by the Department of Social Services to supplement assistance under the federal Supplemental Security Income (SSI) program. However, actual receipt of federal SSI is not required. For example, recipients of a low monthly Social Security benefit, private pension, Veteran's benefit, or limited income from another source may still qualify for the State Supplement. The benefit is based on a standard calculation of total need compared to the applicant's income. Applicants must be age 65 and older, or at least 18 years old if disabled. People receiving State Supplement also receive Medicaid to cover medical expenses. In addition, many recipients may also be eligible for SNAP and energy assistance. **Toll-free:** 2-1-1 or **DSS:** (800) 842-1508.

# Housing

## Energy Conservation Loan Program

The Energy Conservation Loan Program (ECL) and the Multifamily Energy Conservation Loan Program (MEL) provide loans at below market rates to single-family and multi-family homeowners for the purchase and installation of cost-saving energy conservation improvements. The program is administered by Capital For Change, Inc. (C4C) with funding from the CT Department of Housing (DOH). Single family (1-4 units) homeowners may borrow up to \$25,000 and multi-family property owners may borrow up to \$100,000 for a period of 10. **Website:** [www.chif.org](http://www.chif.org)  
**Email:** [lending@chif.org](mailto:lending@chif.org).

## Eviction and Foreclosure Prevention Program (EFPP)

The EFPP is designed to prevent evictions and foreclosures through mediation and a Rent Bank. Five community-based agencies operate the program. A trained mediator acts as a third-party facilitator to help develop mutually agreed upon solutions to identified problems, which may include back rent or mortgage payments, repairs, housing code violations, and communication problems. The Rent Bank provides funds to eligible families to help pay rent or mortgage arrears. A family may consist of a single individual, roommates, an extended family, or a one- or two-parent family. **Toll-free:** 2-1-1.

## Emergency Shelters

The Department of Housing administers funding for Emergency Shelters to provide shelter and case management services to homeless individuals at least 18 years old or emancipated minors and families.  
**Toll-free:** 2-1-1.

## Foreclosure Prevention

With financial support from the Department of Housing, Neighborhood Housing Services of New Haven provides assistance to homeowners having difficulty making their mortgage. In addition, any homeowner at risk of foreclosure can receive information about the judicial foreclosure and mediation process, guidance on how to prepare and what documents to bring to court, and information about resources available to homeowners. **Phone:** (203) 777-6925 **Website:** [www.nhsfnhnewhaven.org](http://www.nhsfnhnewhaven.org). Additional information at [www.ctfairhousing.org](http://www.ctfairhousing.org).

## Rapid Re-housing Program

The Connecticut Rapid Re-housing Program is a statewide housing initiative that is a combination of housing relocation, stabilization services, and financial assistance to help homeless individuals and families, or individuals and families at imminent risk of becoming homeless, quickly transition into permanent housing and achieve housing stability. To receive these services, households must be actually homeless and have a referral from an emergency shelter or social service provider. **Toll-free:** 2-1-1.

## Rental Assistance Payment (RAP) Program

The Rental Assistance Payment (RAP) Program is the major state-supported program for assisting very low-income families to afford decent, safe, and sanitary housing in the private market. Participants find their own housing, including apartments, townhouses, and single-family homes. The participant is free to choose any private rental housing that meets the requirements of the program, as described below. RAP certificates are funded and administered by the Department of Housing. An individual or family that is issued a RAP certificate is responsible for finding a suitable housing unit of the family's choice where the owner agrees to rent under the program. This unit may include the family's present residence. Rental units must meet minimum standards of quality and safety as defined by the State of Connecticut, which has adopted the federal Housing Quality Standards as established by the U. S. Department of Housing and Urban Development (HUD). A housing subsidy is paid by the State directly to the landlord on behalf of the participating family. The family pays the difference between the actual rent charged by the landlord and the amount subsidized by the program. **Website:** [www.ct.gov](http://www.ct.gov). Departments and Agencies, Dept. of Housing.

## Section 8 Housing Choice Voucher Program

The Section 8 Housing Choice Voucher program is the federal government's major program for assisting very low-income families to afford decent, safe, and sanitary housing in the private market. Participants are able to find their own housing, including apartments, townhouses, and single-family homes. The participant is free to choose any private rental housing that meets the requirements of the program. Housing Choice Vouchers are funded through the federal Department of Housing and Urban Development (HUD) and are administered in Connecticut by over 40 public housing agencies (PHAs) and statewide by the Connecticut Department of Housing. A family that is issued a housing voucher is responsible for finding a suitable housing unit of the family's choice where the

owner agrees to rent under the program. This unit may include the family's present residence. Rental units must meet minimum standards of quality and safety as established by HUD. A housing subsidy is paid by the PHA to the landlord directly on behalf of the participating family. The family pays the difference between the actual rent charged by the landlord and the amount subsidized by the HCV program. **Website:**

[www.ct.gov/doh/cwp/view.asp?a=4513&Q=530586&PM=1](http://www.ct.gov/doh/cwp/view.asp?a=4513&Q=530586&PM=1).

## Security Deposit Guarantee Program

The Security Deposit Guarantee Program provides a guarantee to landlords of up to two month's rent. The following individuals and families are eligible to apply: individuals and families residing in emergency shelters (including domestic violence shelters); individuals and families holding a newly issued DOH Section 8 Housing Voucher or a newly issued DOH Rental Assistance Program (RAP) Certificate, and a holder of a DOH issued Section 8 Housing Voucher or DOH issued RAP Certificate forced to move due to lead paint or whose residence failed a housing quality standards inspection when that failure was the owner's responsibility and the owner refused to correct the conditions. Additional eligibility requirements also apply. **Toll-free:** 2-1-1.

## U.S. Department of Housing and Urban Development (HUD)

HUD's mission is to increase homeownership, support community development, and increase access to affordable housing free from discrimination. Programs include: Rental Assistance through Housing Choice Vouchers, Low-Income Public Housing, and Elderly and Disabled Housing. Information is available from the Department of Housing, (860) 270-8000; the Department of Social Services (DSS), (860) 424-5031; the Connecticut Housing Finance Authority (CHFA), (860) 721-9501; Department of Housing and Urban Development (HUD), (860) 240-4800; or the public housing authority or housing department in each town or city. **HUD Address:** 20 Church Street, 10th Floor, Hartford, CT 06103. **Phone:** (860) 240-4800\* **TTY:** (800) 877-8339 **Website:** [www.hud.gov](http://www.hud.gov).

## Housing Education Resource Center (HERC)

Housing Education Resource Center (HERC) offers home buying classes for first-time buyers and for households buying multi-family, owner-occupied rental properties. HERC conducts monthly home buying classes for households purchasing homes under CHFA mortgage



programs. Services include counseling for current homeowners with questions regarding refinancing, energy conservation and efficiency, mortgage delinquency prevention, and other consumer-oriented issues. HERC offers individual confidential counseling sessions by appointment on budget and credit, income-to-debt ratio evaluations, advantages and responsibilities of homeownership, special home-buying financing programs, preparing for a loan application interview, and a detailed review of the complete home-buying process. HERC is a U.S. Dept. of HUD Approved Housing Counseling agency. **Phone:** (860) 296-4242, Ext. 101 **Website:** [www.herc-inc.org](http://www.herc-inc.org).

### **New Reach, Inc.**

New Reach, Inc. provides emergency shelter, supportive housing, stabilization and furniture services for women and children confronting homelessness, HIV/AIDS, and/or behavioral health issues to help them reach their potential.

**Address:** 153 East Street, New Haven

**Phone:** (203) 492-4866\* **Website:** [www.newreach.org](http://www.newreach.org).

## ***Energy***

### **Connecticut Energy Assistance Program (CEAP)**

This federally funded program is designed to help low-income households (individuals and families) pay their winter heating bills. CEAP benefits thousands of homeowners and renters throughout the state. On behalf of eligible households, the winter heating assistance pays for such heating sources as oil, natural gas, electricity, propane, kerosene, coal and wood. CEAP and the Contingency Heating Assistance Program are administered by the Department of Social Services and coordinated by regional Community Action Agencies in cooperation with municipal and other non-profit human service agencies. CEAP usually opens applications for 'early intake' in August at many community action agency sites around the state. **Toll-free:** 2-1-1 or DSS Energy Services Unit at 1-800-842-1132 **Website:** [www.ct.gov/staywarm](http://www.ct.gov/staywarm).

## ***Eversource Programs to Help You***

At Eversource we offer electric and gas programs, services and partnerships to help you stay warm when the temperature dips and beat the heat during the summer.

### **Matching Payment Program**

Eversource's Matching Payment Program provides year-round electric and gas service and possible elimination of back balances, to eligible electric and gas heating customers who have past-due balances. To be a part of this program, electric and gas heating customers must apply and receive energy assistance funds by visiting [www.211ct.org](http://www.211ct.org) or calling 2-1-1 to find their local community action agency. For every dollar, you or a third party pays toward your bill, a dollar will be credited to your past-due amount. So, you pay a portion, energy assistance pays a portion, and Eversource pays a portion. For more information, electric customers may call 800-286-2828 and gas customers can call 800-438-2278. You may also visit [Eversource.com](http://Eversource.com).

### **New Start**

The New Start electric program can help eliminate your outstanding balance in as little as 12 months. If you make on-time monthly payments, we'll make up the difference.

Here's how it works. Eversource will review your account billing history and set a monthly budget payment based on the average of your regular monthly bill. You will need to pay this amount on time each month to remain in the program and continue to receive year-round electric service. When you make your New Start monthly payment, a portion of your past due balance will be eliminated, thus reducing the amount you owe. The amount eliminated each month is calculated by taking your total past due balance and dividing it by 12. For more information, please call 800-286-2828, or visit [Eversource.com](http://Eversource.com).

### **Winter Protection Plan**

Eligible electric and gas customers who lack the resources to pay their electric or gas bill may receive protection from service shut-off, from November 1 through May 1, with no late payment charges.

You should pay as much of the bill as possible during the winter, since you will still owe the full amount at the end of the protection period. Shut-off protection must be renewed annually, beginning in October. Customers may apply for the Winter Protection Plan while applying for public energy assistance through their local community action agency. Visit [www.211ct.org](http://www.211ct.org), or call 211 to find your local community action agency. You may also visit [Eversource.com](http://Eversource.com).

## Operation Fuel

Operation Fuel partners with communities, businesses, government, and individuals to ensure people in need have access to year-round energy assistance. Operation Fuel uses a network of over 100 fuel banks that are in direct contact with local households in need. These include town social services agencies, community action agencies, nonprofit organizations, and religious organizations. These agencies voluntarily take applications for the program. In addition to providing clients with crisis funding, the network of fuel banks also provides referral for both long-term and immediate solutions. Services may include budget counseling, consumer credit counseling, help with a job search, and referrals to food pantries, day care centers, legal aid counseling, housing assistance, and treatment services. **Toll-free:** 2-1-1.\*

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## Self Sufficiency

### *Jobs*

#### **American Job Centers (AJC)**

American Job Centers (AJC) also known as One Stops, offer free employment services for those interested in finding a job, upgrading job skills, or starting a new career. With offices statewide, the AJC system can unite job seekers with potential employers through access to a wide variety of no-cost job and career information and services. For individuals seeking job assistance, American Job Centers offer electronic job listings through CT.JOBS/CT.JobCentral, job search support, education and skills training, specialized workshops, career counseling, and veterans' employment programs. Workshops include interview tips and résumé/cover letter preparation while services include the use of phones, fax, copiers, and computers to find the right job. AJC employment services are available at the Centers listed below. TTY/TDD numbers also available. **Website:** [www.ct.gov/dol](http://www.ct.gov/dol).

##### **Bridgeport**

2 Lafayette Square (GPS Users: 350 Fairfield Avenue)

**Phone:** (203) 455-2700

##### **Danbury**

4 Liberty Street **Phone:** (203) 437-3380

##### **Danielson**

95 Westcott Road **Phone:** (860) 412-7000

##### **Enfield**

786 Enfield Street **Phone:** (860) 745-8097

##### **Franklin**

108 New Park Avenue **Phone:** (860) 859-4100

##### **Hamden**

37 Marne Street **Phone:** (203) 859-3200

##### **Hartford**

3580 Main Street **Phone:** (860) 656-2500

##### **Meriden**

87 West Main Street **Phone:** (203) 238-3688

##### **New Britain**

260 Lafayette Street **Phone:** (860) 899-3500

##### **New Haven**

560 Ella T. Grasso Boulevard. **Phone:** (203) 624-1493

##### **New London**

Shaw's Cove Six **Phone:** (860) 439-7400

##### **Torrington**

685 Main Street, Kmart Plaza **Phone:** (860) 496-3300

##### **Waterbury**

249 Thomaston Avenue **Phone:** (203) 437-3380

##### **Willimantic**

Tyler Square, 1320 Main Street **Phone:** (860) 786-6200

#### **Dress for Success**

Dress for Success empowers women to achieve economic independence by providing a network of support, professional attire, and the development tools to help women thrive in work and in life. Clients are referred by nonprofit, state, and government agencies. All programs are free.

**Hartford Phone:** (860) 525-5015

**Mid-Fairfield County Phone:** (203) 333-6505 **Website:** [www.dressforsuccess.org](http://www.dressforsuccess.org).

#### **Transportation to Work (TTW)**

Transportation to Work (TTW) provides transportation to work for individuals transitioning off public assistance and for others earning low incomes. A job developer, an employer, or a group of five or more employees needing transportation assistance can contact the local TTW contractor for specific services provided:

**Northwest Regional Workforce Investment Board,**  
**Waterbury Phone:** (203) 574-6971

**Capitol Region Council of Governments, Hartford**  
**Phone:** (860) 522-2217

**The WorkPlace, Bridgeport Phone:** (203) 610-8500

**Eastern CT Workforce Investment Board, Franklin**  
**Phone:** (860) 859-4100

## ***Adult Education***

Connecticut law mandates that each local and regional board of education establish and maintain a program of adult classes for its adult residents, free of charge, in the following program areas: Americanization and United States citizenship; English for adults with limited English proficiency; and elementary and secondary school completion programs. Secondary completion options may include: the Adult High School diploma program, the General Educational Development (GED®) equivalency, or the National External Diploma Program (NEDP). Adult education programs are free to Connecticut residents 17 years of age and older who are no longer enrolled in a public school. Contact the local school district's adult education office for more information or contact the State Department of Education Bureau of Health/Nutrition, Family Services and Adult Education. **Phone:** (860) 807-2050\* **Website:** [www.sde.ct.gov](http://www.sde.ct.gov).

Many local school districts also offer a variety of general interest, enrichment, and recreational continuing education courses that are available to residents, usually with a course fee attached. Fees may be waived or reduced for senior citizens. Contact the local school district adult education office for information on available courses.

## **Education & Employment Information Center (EEIC)**

The Connecticut Office of Higher Education operates the EEIC, a free, statewide clearinghouse which provides information and referrals on colleges and universities, postsecondary career schools, and job training programs. The EEIC also offers information on student financial aid and the Alternate Route to Teacher Certification, and can direct you to career and education counseling services. **Address:** EEIC, Office of Higher Education, 61 Woodland Street, Hartford, CT 06105 **Email:** [edinfo@ctohe.org](mailto:edinfo@ctohe.org) **Website:** [www.ctohe.org/edinfo](http://www.ctohe.org/edinfo).

## **Learn to Read**

Literacy programs exist in every region of the state.  
**Toll-free:** 2-1-1 or the local program listed below:

### **Bridgeport**

Literacy Volunteers of Greater Bridgeport,  
925 Broad Street **Phone:** (203) 576-7400

Mercy Learning Center, 637 Park Avenue  
**Phone:** (203) 334-6699\*

### **Danbury**

LVA School, 248 Main Street  
**Phone:** (203) 792-8260\*

### **East Hartford**

Literacy Volunteers, 16 Church Street  
**Phone:** (860) 233-3853\*

### **Hartford**

Institute for the Hispanic Family, 45 Wadsworth Street  
**Phone:** (860) 524-6853\*

Literacy Volunteers, 30 Arbor Street  
**Phone:** (860) 233-3853\*

Urban League of Greater Hartford, 140 Woodland Street  
**Phone:** (860) 527-0147

Village for Children and Families, 1680 Albany Avenue  
**Phone:** (860) 236-4511\* x3504

### **Meriden**

Literacy Volunteers, 105 Miller Street  
**Phone:** (203) 235-1714\*

### **Milford**

Literacy Center, 16 Dixon Street  
**Phone:** (203) 878-4800\*

### **New Britain**

Literacy Volunteers of Central Connecticut,  
20 High Street, 3rd Floor **Phone:** (860) 229-7323

### **New Haven**

Literacy Volunteers of Greater New Haven,  
4 Science Park **Phone:** (203) 776-5899

New Haven Reads, 45 Bristol Street  
**Phone:** (203) 752-1923

### **Norwalk**

Literacy Volunteers of Norwalk, 1 Belden Avenue  
**Phone:** (203) 853-7437

### **Norwich**

Literacy Volunteers, 261 Main Street, Otis Library  
**Phone:** (860) 886-9096

### **Stamford**

Family Centers Inc. – Literacy Volunteers,  
60 Palmer's Hill Road **Phone:** (203) 324-3167\*

## **Waterbury**

Literacy Volunteers of Greater Waterbury,  
267 Grand Street **Phone:** (203) 754-1164\*

## **Winsted**

North West YMCA, 480 Main Street  
**Phone:** (860) 379-0708\*

## **CONNTAC-EOC**

CT Talent Assistance Cooperative Educational Opportunity Center (CONNTAC-EOC) CONNTAC, Inc. provides no-cost assistance to Connecticut residents seeking to enter or re-enter postsecondary education. Services include academic and financial aid counseling, college referral services, career planning, and financial literacy information. Counselors are available for presentations to groups as well as for individual assistance. Income-qualified participants receive admission application fee waivers, which are accepted by most U.S. colleges and universities. Expertise with defaulted student loans is also available. **Phone:** (203) 634-7669\* **Website:** [www.conntacinc.org](http://www.conntacinc.org).

**Bridgeport Phone:** (203) 332-5041

**Farmington Phone:** 860-773-1492

**Hartford Phone:** (860) 906-5073

**Manchester Phone:** (860) 512-3556

**Meriden/Middletown Phone:** 203-608-3026

**New Haven Phone:** (203) 285-2216

**Norwalk Phone:** (203) 857-7109

**Norwich Phone:** (860) 215-9238

**Waterbury Phone:** (203) 574-1140

## **Graduate! CT**

Graduate! CT offers one-on-one advising, counseling, and advocacy to adults who want to return to college. Advisors can help to identify programs specifically for adult learners, help with the financial aid process, and maintain connections with clients until graduation. **Phone:** (860) 515-3776.

## **Opportunities Industrialization Centers**

Opportunities Industrialization Centers (OIC) is a nonprofit organization that serves the community with career technical training opportunities, employability skills training, and job placement. OIC empowers students and consumers as they develop untapped talents, advance onto new career paths, and otherwise improve their lives. Its

program is open to serve individuals in need of job training and self-sufficiency supportive services. OIC's philosophy of self-help and unique approach of focusing on the whole person supports individuals in their efforts to become self-sufficient. OIC's mainstay is its career technical and employability skills training services. Programs include Certified Nursing Assistant and Culinary Arts vocational training programs, Resume Writing services, and access to OIC's Career Clothing Closet. OIC's Community Justice Programs serve to rehabilitate ex-offenders as they navigate the difficulties of transitioning from incarceration to productive employment. Through state court referrals, OIC is both a transition point and safeguard against domestic violence. **Address:** 106 Truman Street, New London **Phone:** (860) 447-1731.

## ***Money Management***

### **Free Tax Return Preparation (VITA and TCE)**

The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally make \$54,000 or less, persons with disabilities, the elderly and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals. VITA sites are generally located at community and neighborhood centers, libraries, schools, churches, and other convenient locations. If you need assistance from VITA, see the list of sites at [www.IRS.gov](http://www.IRS.gov), and search for "Find a VITA or TCE Site Near You" or you can call **Toll-free:** 2-1-1.

In addition to VITA, the Tax Counseling for the Elderly (TCE) program offers free tax help for all taxpayers, particularly those who are 60 years of age and older, specializing in questions about pensions and retirement related issues unique to seniors. The IRS-certified volunteers who provide tax counseling are often retired individuals associated with non-profit organizations that receive grants from the IRS. If you are elderly and need assistance with your tax return, see the list of sites at [www.IRS.gov](http://www.IRS.gov), and search for: "find a VITA or TCE Site Near You" or you can call **Toll-Free:** 2-1-1

## **Connecticut Money School**

Connecticut Association for Human Services (CAHS) launched the CT Money School (CMS) in 2009 as a statewide initiative to provide free financial education workshops for low-to-moderate income (LMI) adults and seniors. In 2012, CAHS launched an online version of CMS called Financial Avenue, which is designed to uniquely provide individuals 17-30 with an opportunity to

learn basic financial wellness through a range of online, self-paced mini-modules. In 2013, CAHS expanded CMS to include 1:1 Financial Coaching services for low-to-moderate income people in Greater Hartford, Fairfield County, and Waterbury. The newest program under CMS is the Youth Money School which was added in 2015. This program teaches teens and young adults between the ages of 14-24 important money management skills through workshops on budgeting, how to build good credit, and how to pay for college. To schedule a workshop in your community: **Phone:** (860) 951-2212, ext. 244 or visit our **Website:** [www.ctmoney.org](http://www.ctmoney.org).

### **Money Management International (MMI)**

Money Management International (MMI) is a HUD-approved counseling agency. MMI provides free, confidential, in-person, telephone, and Internet-based financial counseling, money management, and budgeting assistance nationwide. MMI also provides budget and debt counseling, debt management, foreclosure prevention, reverse mortgage counseling, bankruptcy counseling, bankruptcy education, and financial literacy workshops. MMI's Education Department offers educational seminars and webinars on a variety of financial topics to Connecticut residents. MMI has a local office in East Berlin. **Toll-free:** (866) 515-2227\* **Website:** [www.moneymanagement.org](http://www.moneymanagement.org). CrissCross, a division of Money Management International, offers a safe and secure representative payee service for those receiving benefits from Social Security, Veterans Affairs, pensions and other benefit plans. **Toll-free:** 1 (800) 624-4967\* **Website:** [www.CrissCross.org](http://www.CrissCross.org).

### **Connecticut Housing Finance Authority (CHFA)**

Connecticut Housing Finance Authority (CHFA) offers low-interest rate mortgages to first-time homebuyers or those who have not owned a home in the last three years. Prior homeowners may also be eligible in Federally Targeted Areas with some Special Programs. The Authority offers special mortgage programs for persons with disabilities, active duty military personnel, and veterans, teachers and police officers who meet the specific program eligibility requirements. CHFA also offers a Down Payment Assistance Program (DAP), a second mortgage loan that can cover both the down payment and closing costs for eligible borrowers. The DAP loan is the same interest rate as the first mortgage. The Veterans Housing Pilot Program (VHPP) is a 0% interest rate DAP loan, created specifically for military veterans to help cover the down payment and closing costs. The VHPP is a pilot program and funds are limited. Additional CHFA

special programs include rehabilitation loans for purchasing and renovating properties known as the 203K loans. CHFA also provides financing to developers for the construction or rehabilitation of affordable multifamily rental properties. **Phone:** (860) 721-9501, ext. 502; for Spanish, ext. 343. **Website:** [www.chfa.org](http://www.chfa.org).

### **CHFA Foreclosure Prevention Programs**

For homeowners who are delinquent or in danger of becoming delinquent on their mortgages due to temporary financial hardship beyond their control, such as a medical issue or job loss, the State of Connecticut offers an Emergency Mortgage Assistance Program (EMAP). Homeowners that qualify for an EMAP mortgage can receive funds to bring their mortgage(s) current and possibly receive monthly payment assistance. CHFA oversees financial fitness and foreclosure prevention counseling programs to help homeowners plan, budget, work with lenders on modification and prevent foreclosure. These programs are provided free of charge through partnering HUD approved counseling agencies throughout CT. **Phone:** (860) 571-3500 **Toll-free:** 1-877-571-2432 **Website:** [www.chfa.org](http://www.chfa.org).

### **Capital for Change, Inc.**

Capital for Change, Inc. (C4C) offers mortgages to first-time homebuyers wishing to purchase a mobile home in a state-licensed mobile home park anywhere in Connecticut. C4C also offers two types of energy-efficiency loans to qualified owners of single-family homes (including mobile homes) and multi-family apartment buildings to help pay for the purchase and installation of cost-saving energy conservation measures. **Website:** [www.chif.org](http://www.chif.org).

### ***Homeownership***

These programs assist local residents in overcoming obstacles that prevent homeownership. Services offered at each site vary and can include pre-purchase homeowner education; down payment assistance; closing cost assistance; low-interest mortgages; referrals for rental housing and landlord-tenant issues; counseling regarding mortgage delinquencies; loans for property rehabilitation; savings programs; and help in choosing loan sources and obtaining loan approvals.

#### **Bridgeport**

Bridgeport Neighborhood Trust, 570 State Street

**Phone:** (203) 290-4255 **Website:** [www.bntweb.org](http://www.bntweb.org)

**Danbury**

Association of Religious Communities, 325 Main Street

**Phone:** (203) 792-9450 **Website:** [www.arcforpeace.org](http://www.arcforpeace.org)

**East Hartford**

Financial Counselors of America – Connecticut Branch,  
1165 Main Street **Phone:** (860) 986-7470\*

**Website:** [www.financialcounselors.org](http://www.financialcounselors.org)

Money Management International, 225 Pitkin Street

**Phone:** (888) 845-5669\*

**Website:** [www.moneymanagement.org](http://www.moneymanagement.org)

Connecticut Housing Investment Fund (CHIF),  
121 Tremont Street **Phone:** (860) 233-5165

**Website:** [www.chif.org](http://www.chif.org)

Christian Activities Council, 47 Vine Street

**Phone:** (860) 527-9860\*

**Website:** [www.christianactivities.org](http://www.christianactivities.org)

Community Renewal Team, Inc., 555 Windsor Street

**Phone:** (860) 560-5600\* **Website:** [www.crtct.org/en/](http://www.crtct.org/en/)

Hartford Areas Rally Together, 385 Washington Street

**Phone:** (860) 525-3449 x102\*

**Website:** <http://www.livehartford.org/>

Housing Education Resource Center,  
901 Wethersfield Avenue, 2nd Floor

**Phone:** (860) 296-4242 x100\*

**Website:** [www.herc-inc.org](http://www.herc-inc.org)

Mutual Housing Association, 95 Niles Street

**Phone:** (860) 296-1797\*

**Website:** [www.mutualhousing.org](http://www.mutualhousing.org)

Urban League of Greater Hartford, 140 Woodland Street

**Phone:** (860) 527-0147 **Website:** [www.ulgh.org](http://www.ulgh.org)

Southside Institutions Neighborhood Alliance,  
207 Washington Avenue **Phone:** (860) 493-1618\*

**Website:** [www.sinainc.org](http://www.sinainc.org)

**New Britain**

Neighborhood Housing Services, 223 Broad Street

**Phone:** (860) 224-2433\* **Website:** [www.nhsnb.org](http://www.nhsnb.org)

Greater New Haven Community Loan Fund,  
171 Orange Street **Phone:** (203) 789-8690

**Website:** [www.gnhclf.org](http://www.gnhclf.org)

Neighborhood Housing Services of New Haven,  
333 Sherman Avenue **Phone:** (203) 562-0598

**Website:** [www.nhsfnh.org](http://www.nhsfnh.org)

**New London**

Eastern Connecticut Housing Opportunities,  
228 State Street, Suite 5 **Phone:** (860) 447-8055

**Norwich**

Catholic Charities, 331 Main Street

**Phone:** (860) 889-8346 x271\* **Website:** [www.ccfsn.org](http://www.ccfsn.org)

**Rocky Hill**

Connecticut Housing Finance Authority, 999 West Street

**Phone:** (860) 721-9501 ext. 502 **Website:** [www.chfa.org](http://www.chfa.org)

**Stamford**

Housing Development Fund, Inc., 100 Prospect Street

**Phone:** (203) 969-1830\* **Website:** [www.hdf-ct.org](http://www.hdf-ct.org)

Urban League of Southern CT, 2777 Summer Street,  
Suite 201 **Phone:** (203) 327-5810 x109

**Website:** [www.ulsc.org](http://www.ulsc.org)

Neighborhood Housing Services, 161 North Main Street

**Phone:** (203) 753-1896\* **Website:** [www.nhswaterbury.org](http://www.nhswaterbury.org)

**Section 8 Homeownership Programs**

Ansonia Housing Authority, 36 Main Street

**Phone:** (203) 736-8888\*

**Website:** [www.ansoniahousing.com](http://www.ansoniahousing.com)

Danbury Housing Authority, 2 Mill Ridge Road

**Phone:** (203) 744-2500 ext. 126\*

**Website:** [www.hacdct.org](http://www.hacdct.org)

Meriden Housing Authority, 22 Church Street

**Phone:** (203) 235-0157\*

**Website:** [www.cityofmeriden.org](http://www.cityofmeriden.org)

New Haven Housing Authority, 360 Orange Street

**Phone:** (203) 498-8800\*

**Website:** [www.elmcitycommunities.com](http://www.elmcitycommunities.com)

## **Housing Education Resource Center (HERC) Tenant/Landlord Counseling**

Counselors respond to those seeking help with problems and concerns regarding their rental housing situation. The primary focus of this service is to educate clients about their rights and responsibilities and to then provide counseling on the steps the client must take to assert and protect his/her rights and meet his/her obligations in order to resolve the matter of concern. Services are provided to both tenants and landlords and address a variety of topics including: fair housing and discrimination, evictions, security deposits, repairs and maintenance, housing code enforcement, housing search, heat and utilities, leases and rental agreements, rent increases, housing subsidy programs, foreclosure, tenant selection, and many others. Services are provided through group educational workshops, as well as individually over the telephone or in-person. Housing Counseling Line (Tuesday and Friday 9 a.m. to 5 p.m.) (860) 296-4372 **Phone:** (860) 296-4372 (860) 296-4242 ext. 101 **Website:** [www.herc-inc.org](http://www.herc-inc.org)

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# Health Care

## Insurance

### Access Health CT

Access Health CT is Connecticut's official health insurance marketplace. It offers Connecticut residents and small employers a range of qualified health care coverage options from health insurance carriers and public health care programs. Individuals, families, and small businesses can get financial help with their health care coverage costs, if they qualify. Access Health CT was established to meet the requirements of the federal Health Care Reform law (or Affordable Care Act, also known as "Obamacare"). Access Health CT is open to all legal residents of Connecticut. To obtain health care coverage through Access Health CT, you must live in Connecticut, be a U.S. citizen or lawfully present, and cannot currently be incarcerated. You can see if you are eligible for a Qualified Health Plan (QHP) or HUSKY A, HUSKY D or HUSKY B-CHIP. There is an open enrollment period each year. To get health care coverage for 2016, you can enroll anytime during the open enrollment period which is scheduled to begin November 1, 2016. Coverage purchased in that period will begin as early as January 1, 2016. Most applicants can also use Access Health CT's call center or website to enroll for Medicaid. If you qualify for Medicaid or CHIP (Children's Health Insurance Program), you can enroll at any time for only those programs. **Toll-free:** (855) 909-2428\*

**Website:** [www.accesshealthct.com](http://www.accesshealthct.com).

### HUSKY Health (Medicaid and Children's Health Insurance Program)

HUSKY Health is the State of Connecticut's public health coverage program for eligible children, parents, relative caregivers, pregnant women, adults without dependent children, elders, and individuals with disabilities. Income eligibility levels apply, but children up to age 19 may qualify, regardless of family income level. The HUSKY Health program offers a full health benefits package. HUSKY Health pays for doctor visits, prescriptions, vision and dental care, and more.

HUSKY A: Depending on family income, Connecticut children and their parents or relative caregivers; and pregnant women may be eligible for this Medicaid coverage.

HUSKY B (also known as the Children's Health Insurance Program): Uninsured children under age 19 in higher income households may be eligible; depending on specific income level, family cost-sharing applies.

HUSKY C (Medicaid for the Aged/Blind/Disabled, Long Term Care Medicaid, or Medicaid for Employees with Disabilities, MED-Connect): Connecticut residents aged 65 or older, or who are aged 18 up to 65th birthday and who are blind, or who have another disability, may qualify for coverage as well. MED-Connect is available to working persons with disabilities with incomes up to \$75,000 annually.

HUSKY D (Medicaid for the Lowest-Income Populations): Connecticut residents aged 19 up to 65th birthday, without dependent children and who do not receive Medicare can be eligible for this coverage. HUSKY D has an income limit of 138% of the Federal Poverty Level, FPL (\$1,366.20 for 1 person). To apply online, **Website:** [www.accesshealthct.com](http://www.accesshealthct.com), under 'Apply for Benefits.' To apply by phone for HUSKY A, B or D, **Toll-free:** (855) 805-4325

HEALTH (4325). For HUSKY C only, download and complete the 'W-1E' application from [www.ct.gov/dss/apply](http://www.ct.gov/dss/apply) and mail it to the DSS ConneCT Scanning Center at P.O. Box 1320, Manchester, CT 06045.

Please note that for long-term services and supports (LTSS) Medicaid, the application is the 'W-1LTC' form, also available at [www.ct.gov/dss/apply](http://www.ct.gov/dss/apply) and should be mailed directly to the LTSS application processing center and not to DSS ConneCT. The nursing home application processing centers are Bridgeport, (925 Housatonic Avenue, Bridgeport, CT 06606), New Haven, (50 Humphrey St., New Haven, CT 06513), and Waterbury, (249 Thomaston Avenue, Waterbury, CT 06702). The home care application processing center is the Greater Hartford Office, (20 Meadow Road, Windsor, CT 06095). Please see Medicaid long-term services and supports application process at DSS located on our website. **Toll-free:** (877) CT-HUSKY (877-284-8759) **TDD/TTY:** (800) 410-1681 **Website:** [www.huskyhealth.com](http://www.huskyhealth.com).

### Medicare Savings Programs (MSP)

There are three Medicare Savings Programs (MSP) that help eligible individuals pay for Medicare Part B premiums. They are the Qualified Medicare Beneficiary program (QMB), the Special Low Income Medicare Beneficiary program (SLMB), and the Additional Low

Income Medicare Beneficiary program (ALMB). Household income determines if the individual or couple qualifies for QMB, SLMB, or ALMB. All three programs pay Medicare Part B premiums. Only QMB pays Medicare co-pays and deductibles for Medicare-covered services. If eligible, there are no costs for applying or receiving benefits under these programs. Applications and other program information can be found at [www.ct.gov/medicaresavings](http://www.ct.gov/medicaresavings). Applications need to be mailed to DSS ConneCT Scanning Center, PO Box 1320, Manchester, CT 06045-1320 **Toll-free:** 2-1-1 or 1-800-994-9422\* (CHOICES, or Connecticut's program for Health insurance assistance, Outreach, Information and referral, Counseling, Eligibility Screening).

### Medicare Assignment Program (ConnMAP)

ConnMAP is a program for lower-income elders who meet residency requirements and are enrollees of Medicare Medical Insurance (Part B). It is designed to assure enrollees that health care providers who agree to treat them will not charge more than Medicare-approved rates for services covered by Medicare Part B. Information and applications are available from local senior centers, municipal agents and some physicians' offices or through the Department of Social Services. **Toll-free:** (800) 443-9946 **Phone:** (860) 424-4925.

### CHOICES

The Connecticut Health Insurance Assistance, Outreach, Information, Counseling, and Eligibility Screening Program (CHOICES) offers free, unbiased information, referrals, and assistance to Medicare beneficiaries (including persons with disabilities), caregivers, and persons 60 years of age or older, through the Area Agencies on Aging. Trained staff and volunteer counselors assist with health insurance options including Traditional Medicare, Medicare Advantage plans, Medicare Part D prescription plans, and the Low-Income Subsidy (LIS), Medicare Supplemental Insurance (Medigap), and Medicare Savings Programs for individuals with low income. Sometimes a Benefits Checkup eligibility screening for federal and state programs is conducted. Certified CHOICES Counselors who are up-to-date on all benefit programs direct people to the proper federal, state, or local agency for assistance. In-State **Toll-free:** (800) 994-9422\* **Phone:** (860) 424-5274.

## Clinics

**Community Health Centers** offer a wide variety of primary health care and other services for all age groups at an affordable cost. Improved health is achieved through provision of early detection, preventative care, and treatment. Services may include: diagnostic, laboratory and radiological services; family planning; prenatal, maternal and child health care; pharmaceutical services; mental health services; social services; and health promotion programs. Bilingual services are often available.

### Ansonia

CSHHC of Ansonia, 121 Wakelee Avenue

**Phone:** (203) 503-3000 **Website:** [cornellscott.org](http://cornellscott.org)

### Bridgeport

Optimus Health Care: **Phone:** (203) 696-3260

**Website:** [www.optimushealthcare.org](http://www.optimushealthcare.org)

JP Morgan Chase Wellness Center,  
1071 East Main Street

Hollow Community Health Center,  
82-88 George Street

Optimus Health Care, 982 East Main Street

Bridgeport Community Health Center,  
471 Barnum Avenue

Park City Primary Care Center, 64 Black Rock Avenue

Main Street Pediatrics, 3180 Main Street

Ralphola Taylor Community Center,  
790 Central Avenue

WIC Program, 1450 Barnum Avenue

Southwest Community Health Center:

**Phone:** (203) 330-6000 **Website:** [www.swchc.org](http://www.swchc.org)

968 Fairfield Avenue

46 Albion Street

510 Clinton Avenue

1046 Fairfield Avenue

743 South Avenue

### Bristol

Community Health Center, 395 North Main Street

**Phone:** (860) 585-5000\* **Website:** [www.chc1.com](http://www.chc1.com)

### Clinton

Community Health Center, 114 E. Main Street

**Phone:** (860) 664-0787\* **Website:** [www.chc1.com](http://www.chc1.com)



**Colchester**

United Community & Family Services - Colchester,  
212 Upton Road **Phone:** (860) 537-7676

**Website:** [www.ucfs.org](http://www.ucfs.org)

**Danbury**

CIFC Community Health Center of Greater Danbury,  
57 North Street **Phone:** (203) 743-0100

**Website:** [www.ct-institute.org](http://www.ct-institute.org)

Community Health Center, 8 Delay Street

**Phone:** (203) 797-8330\* **Website:** [www.chc1.com](http://www.chc1.com)

**Danielson**

Generations Family Health Center of Danielson,  
42 Reynolds Street **Phone:** (860) 774-7501

**Website:** [www.genhealth.org](http://www.genhealth.org)

**Derby**

Richard O. Belden Dental Clinic, 30 Elizabeth Street

**Phone:** (203) 736-5460 **Website:** [www.cornellscott.org](http://www.cornellscott.org)

**Enfield**

Community Health Center, 5 North Main Street

**Phone:** (860) 253-9024\* **Website:** [www.chc1.com](http://www.chc1.com)

**East Hartford**

First Choice Health Centers: **Phone:** (860) 528-1359

**Website:** [www.firstchc.org](http://www.firstchc.org)

94 Connecticut Boulevard

110 Connecticut Boulevard

265 Ellington Road

**Groton**

Community Health Center, 481 Gold Star Highway #101

**Phone:** (860) 446-8858\* **Website:** [www.chc1.com](http://www.chc1.com)

**Hartford**

Charter Oak Health Center **Phone:** (860) 550-7500

**Website:** [www.thecharteroak.org](http://www.thecharteroak.org)

21 Grand Street

401 New Britain Avenue

Community Health Services, 500 Albany Ave. **Phone:**  
(860) 249-9625 **Website:** [www.chshartford.org](http://www.chshartford.org)

**Jewett City**

United Community & Family Services, 70 Main Street

**Phone:** (860) 376-7040 **Website:** [www.ucfs.org](http://www.ucfs.org)

**Manchester**

First Choice Health Center of Manchester,

150 North Main Street **Phone:** (860) 528-8117

**Website:** [www.firstchc.org](http://www.firstchc.org)

**Meriden**

Community Health Center, 134 State Street

**Phone:** (203) 237-2229 **Website:** [www.chc1.com](http://www.chc1.com)

**Middletown**

Community Health Center, 675 Main Street

**Phone:** (860) 347-6971 **Website:** [www.chc1.com](http://www.chc1.com)

**New Britain**

Community Health Center, 85 Lafayette Street

**Phone:** (860) 224-3642 **Website:** [www.chc1.com](http://www.chc1.com)

**New Haven**

Cornell Scott-Hill Health Corporation.

**Phone:** (203) 503-3000 **Website:** <http://cornellscott.org/>

Cornell Scott-Hill Health Center,

400 Columbus Avenue

Dixwell Health Center, 226 Dixwell Avenue

State Street Health Services, 911 State Street

Fair Haven Community Health Clinic

**Phone:** (203) 777-7411 **Website:** [www.fhchc.org](http://www.fhchc.org)

374 Grand Avenue

Fair Haven Medical Group at Bella Vista,

339 Eastern Street

**New London**

United Community & Family Services – New London

Behavioral Health, 351 Frontage Road

**Phone:** (860) 442-4319 **Website:** [www.ucfs.org](http://www.ucfs.org)

Community Health Center, 1 Shaws Cove

**Phone:** (860) 447-8304\* **Website:** [www.chc1.com](http://www.chc1.com)

**Norwalk**

Norwalk Community Health Center,

120 Connecticut Avenue **Phone:** (475) 208-3244

**Website:** [www.norwalkchc.org](http://www.norwalkchc.org)

Community Health Center, 49 Day Street

**Phone:** (203) 854-9292\* **Website:** [www.chc1.com](http://www.chc1.com)

**Norwich**

Generations Family Health Center of Norwich,

330 Washington Street, Suite 510

**Phone:** (203) 777-7411 **Website:** [www.genhealth.org](http://www.genhealth.org)

United Community and Family Services, 47 Town Street

**Phone:** (860) 892-7024 **Website:** [www.ucfs.org](http://www.ucfs.org)

United Community and Family Services – Rock Nook,

351 North Frontage Road **Phone:** (860) 442-4319

**Website:** [ucfs.org](http://ucfs.org)

**Old Saybrook**

Community Health Center, 263 Main Street # 202

**Phone:** (860) 388-4433\* **Website:** [www.chc1.com](http://www.chc1.com)

**Putnam**

Generations Family Health Center of Putnam,  
202 Pomfret Street **Phone:** (860) 973-7917  
**Website:** [www.genhealth.org](http://www.genhealth.org)

**Plainfield**

United Community & Family Services, 120-122 Plainfield  
Road **Phone:** (860) 822-4938 **Website:** [www.ucfs.org](http://www.ucfs.org)

**Stamford**

Optimus Health Care **Phone:** (203) 696-3260  
**Website:** [www.optimushealthcare.org](http://www.optimushealthcare.org)  
Stamford Community Health Center, 805 Atlantic Street  
Woodland Health and Wellness Center, 8 Woodland  
Place – Behavioral Health, 780 Summer Street  
Fairgate Health Center, 138 Stillwater Street  
Optimus Washington Boulevard, 1351 Washington  
Boulevard  
Community Health Center, 141 Franklin Street  
**Phone:** (203) 969-0802\* **Website:** [www.chc1.com](http://www.chc1.com)

**Stratford**

Optimus Health Care/Stratford Community Health  
Center  
727 Honeyspot Road **Phone:** (203) 375-7242  
**Website:** [www.optimushealthcare.org](http://www.optimushealthcare.org)

**Torrington**

Community Health & Wellness Center of Greater  
Torrington, 469 Migeon Avenue **Phone:** (860) 489-0931\*  
**Website:** [www.chwctorr.org](http://www.chwctorr.org)

**Vernon**

First Choice Health Center of Vernon, 3 Prospect Street  
**Phone:** (860) 896-1616 **Website:** [www.firstchc.org](http://www.firstchc.org)

**Waterbury**

StayWell Health Care **Phone:** (203) 756-8021  
**Website:** [www.staywellhealth.org](http://www.staywellhealth.org)

80 Phoenix Avenue  
South End, 1302 South Main Street

Community Health Center, 51 North Elm Street  
**Phone:** (203) 574-4000\* **Website:** [www.chc1.com](http://www.chc1.com)

**West Haven**

West Haven Health Center, 285 Main Street  
**Phone:** (203) 503-3000 **Website:** [www.cornellscott.org](http://www.cornellscott.org)

**Willimantic**

Generations Family Health Center, 40 Mansfield Avenue  
**Phone:** (860) 450-7471 **Website:** [www.genhealth.org](http://www.genhealth.org)  
United Community & Family Services, 322 Main Street  
**Phone:** (860) 822-4907 **Website:** [www.ucfs.org](http://www.ucfs.org)

**Winsted**

Community Health & Wellness Center of Greater  
Torrington, 115 Spencer Street **Phone:** (860) 238-4211\*  
**Website:** [www.chwctorr.org](http://www.chwctorr.org)

**Windsor**

Community Health Services, 503 Windsor Avenue  
**Phone:** (860) 249-9625 **Website:** [www.chshartford.org](http://www.chshartford.org)

**School-Based Health Centers (SBHCs)**

SBHCs are located within or on the grounds of schools. SBHCs are licensed out-patient facilities or hospital satellite clinics that offer primary preventive health and mental health and in some cases oral health services and health promotion/education/risk reduction activities for students in grades Pre-K through 12. Services include but are not limited to: routine checkups and health counseling; physical examinations; immunizations; treatment of acute injuries or illnesses; crisis intervention; individual, group and family counseling; and health promotion/education/risk reduction activities. Services are aimed at, but not limited to, students who do not have access to a family doctor, or whose families have little or no health insurance. All students enrolled at the school serviced by the SBHC are eligible; however, parent consent is required. Contact numbers for Department of Public Health (DPH)-funded SBHCs are listed below.

**Ansonia**

Ansonia High **Phone:** (203) 736-5060

**Bloomfield**

Metropolitan Learning Center **Phone:** (860) 242-7834

**Branford**

Murphy Elementary **Phone:** (203) 488-4151  
Walsh Intermediate **Phone:** (203) 315-3533  
Branford High **Phone:** (203) 315-6727

**Bridgeport**

Blackham **Phone:** (203) 576-7815  
Columbus **Phone:** (203) 275-1901  
Dunbar **Phone:** (203) 576-7194  
JFK **Phone:** (203) 576-7534  
Read **Phone:** (203) 576-8087  
Roosevelt **Phone:** (203) 275-2102  
Marin **Phone:** (203) 576-8202  
Bassick High **Phone:** (203) 275-3081  
Central High **Phone:** (203) 275-1502  
Harding High **Phone:** (203) 275-2751

**Danbury**

Broadview Middle **Phone:** (203) 731-8274  
Rogers Park Middle **Phone:** (203) 778-7479  
Danbury High **Phone:** (203) 790-2886

**East Hartford**

East Hartford High **Phone:** (860) 622-5340  
East Hartford Middle **Phone:** (860) 622-5340  
Silver Lane Elementary **Phone:** (860) 622-5340  
Mayberry Elementary **Phone:** (860) 622-5340  
Hockanum Elementary **Phone:** (860) 622-5340

**East Haven**

Momauguin School **Phone:** (203) 468-3321

**East Windsor**

Broad Brook Elementary **Phone:** (860) 623-2433  
East Windsor Middle School **Phone:** (860) 623-4488  
East Windsor High **Phone:** (860) 623-3361

**Groton**

Chester Elementary **Phone:** (860) 445-0313  
Kolnaski Magnet **Phone:** (860) 445-2191  
West Side Middle **Phone:** (860) 446-1779  
Fitch High **Phone:** (860) 449-7253  
Cutler Middle **Phone:** (860) 572-4448

**Hamden**

Hamden High **Phone:** (203) 248-4528  
Church Street School **Phone:** (203) 785-5165

**Hartford**

Hartford Public High **Phone:** (860) 695-8760  
Weaver High **Phone:** (860) 695-8760  
Sánchez Elementary **Phone:** (860) 695-8760  
M.D. Fox **Phone:** (860) 695-7725  
Asian Studies School at Belizzi School  
**Phone:** (860) 695-2400  
Clark Elementary & Middle **Phone:** (860) 695-3240  
Bulkely High **Phone:** (860) 695-8760

**Meriden**

Lincoln Middle **Phone:** (203) 238-2381

**Middletown**

Macdonough Elementary **Phone:** (860) 347-8533  
Keigwin Middle **Phone:** (860) 632-2433  
Wilson Middle **Phone:** (860) 347-8594

**New Britain**

Roosevelt Middle **Phone:** (860) 826-8845  
New Britain High **Phone:** (860) 225-6300

**New Haven**

Barnard Environmental Studies **Phone:** (475) 220-3584  
Clinton Avenue **Phone:** (475) 220-3318  
Clemente Leadership Academy **Phone:** (475) 220-7617  
King-Robinson Inter-district Magnet  
**Phone:** (475) 220-2791  
Mauro-Sheridan Inter-district Magnet  
**Phone:** (475) 220-2815  
Lincoln-Bassett **Phone:** (475) 220-8516

Troup **Phone:** (475) 220-3076

Truman **Phone:** (475) 220-2122

Fair Haven **Phone:** (475) 220-2643

Hillhouse High **Phone:** (475) 220-7555

Wilbur Cross High **Phone:** (475) 220-7444

**New London**

Bennie Dover Jackson Middle **Phone:** (860) 701-3772  
New London High **Phone:** (860) 437-6400  
Nathan Hale Arts Magnet **Phone:** (860) 447-6060  
Winthrop Magnet Elementary **Phone:** (860) 447-6070  
Jennings Elementary **Phone:** (860) 447-6050  
Regional Multicultural Magnet School  
**Phone:** (860) 437-7775  
Inter-district School for Arts and Communication (ISSAC)  
**Phone:** (860) 447-1003

**Norwalk**

Pathways Academy **Phone:** (203) 846-6385  
McMahon High **Phone:** (203) 854-0524  
Norwalk High **Phone:** (203) 838-4481

**Norwich**

Kelly Middle **Phone:** (860) 823-4211  
Norwich Free Academy **Phone:** (860) 887-2505  
Teachers Memorial Middle **Phone:** (860) 823-4212  
Stanton Network Elementary **Phone:** (860) 823-4207

**Putnam**

Putnam Middle School **Phone:** (860) 928-4698

**Stamford**

Dolan Middle **Phone:** (203) 977-4698  
Rippowam/Academy of Information Technology and  
Engineering (AITE) **Phone:** (203) 977-5801  
Stamford High **Phone:** (203) 977-5511  
Westhill High **Phone:** (203) 977-4937  
Cloonan Middle **Phone:** (203) 977-4544

**Stratford**

Wooster Middle **Phone:** (203) 381-6922

**Stonington**

Pawcatuck Middle **Phone:** (860) 599-1603

**Waterbury**

Driggs Elementary **Phone:** (203) 596-9503

**Waterford**

Friendship School **Phone:** (860) 447-4049

**Windham**

Windham High **Phone:** (860) 465-2465  
Windham Middle **Phone:** (860) 465-2465  
Barrows STEM Academy **Phone:** (860) 465-2465

## *Children and Youth*

### **Connecticut Birth to Three System**

The Connecticut Birth to Three System offers a statewide early intervention system for infants and toddlers with significant developmental delays or disabilities who are under three years old. Families of eligible children team with professionals including motor, speech, education, mental health providers, and others to develop a plan of supports provided in their home or community settings. Evaluation, service coordination, and transition planning are available at no cost. Families whose incomes are \$45,000 or more annual adjusted gross pay a monthly sliding scale fee for therapy services. Statewide coverage is provided by comprehensive general programs as well as programs specializing in children who are deaf/hard-of-hearing or who have an autism spectrum disorder. **Toll-free:** Child Development Infoline, 1-800-505-7000

**Website:** [www.birth23.org](http://www.birth23.org).

### **Healthy Start**

The goal of the Healthy Start program is to support and promote positive maternal and neonatal health outcomes through Medicaid enrollment, referrals to health care, mental health providers, and other services. The services also help undocumented pregnant immigrants, not eligible for HUSKY, to find resources in their communities to help cover the cost of prenatal care, including medical tests. Eligible mothers have incomes of roughly \$30,000 or less for a family of one and \$58,000 or less for a family of four. Services are located in a number of venues that include health departments, hospital clinics, and federally qualified health centers. **Toll-free:** 2-1-1.

### **Connecticut Medical Home Initiative (CMHI)**

CMHI promotes family-centered, community-based, culturally competent, coordinated care for children with, or at risk for, chronic and disabling conditions. Care Coordinators work with primary care providers (medical homes) to identify children and provide their families access to comprehensive coordinated care. Limited funding is available for approved medical goods and services, including but not limited to: hearing aids, wheelchairs, prescription medicines, and special nutritional formulas for those who meet family income and insurance eligibility guidelines. For more information, contact the nearest CMHI or **Toll-free:** Child Development Infoline (800) 505-7000\*. For information on respite and approved medical goods and services, contact CT Lifespan Respite Coalition **Toll-free:** (877) 737-1966\*.

#### **Southwest Region: Stamford**

Stamford Health Systems **Toll-free:** (866) 239-3907

#### **Eastern: Norwich**

United Community and Family Services, Inc.

**Toll-free:** (866) 923-8237

#### **North Central: Hartford**

Connecticut Children's Medical Center

**Toll-free:** (877) 835-5768

#### **South Central: New Haven**

Coordinating Council for Children in Crisis

**Toll-free:** (877) 624-2601\*

#### **Northwest: Waterbury**

St. Mary's Hospital **Toll-free:** (866) 517-4388

**Birthright** is a pregnancy support service providing assistance to women of any age, race, religious, marital, or economic status, who is pregnant or think she may be pregnant. Birthright offers non-judgmental, confidential, free assistance to any woman in need. Birthright aims to help a woman make a realistic plan for her future and the future of her child. Birthright services include one-on-one support, counselling, pregnancy tests, community resource information, referrals, practical support, and general information. For more information, call the free, 24/7 Birthright Helpline, 1-800-550-4900, or call the nearest Birthright center.

**Ansonia Phone:** 203-734-6546

**Clinton Phone:** 860-664-9466

**Danbury Phone:** 203-744-3736

**East Hartford Phone:** 860-290-8800

**Meriden Phone:** 203-237-9887

**Newington Phone:** 860-665-0234

**New London Phone:** 860-443-6205

**Norwalk Phone:** 203-853-4872

**Stamford Phone:** 203-348-4355

**Willimantic Phone:** 860-456-9495

### **Hopeline Pregnancy Resource Center**

Hopeline offers free, confidential pregnancy tests and ultrasounds, whether a woman chooses to keep her child, chooses adoption, or chooses abortion. Hopeline provides decision-making counseling for those in unplanned pregnancies; emotional and spiritual support during and

after pregnancy; assistance with resources; baby supplies; referrals; and information to make an informed choice. Help is also offered in post-abortion support groups, relationship counseling, and presentations in schools regarding relationship education called “Your Choice”. Offices are located in Bridgeport, Danbury, and Stamford. **Toll-free:** (800) 203-4673\* **Website:** [www.hopelineprc.com](http://www.hopelineprc.com).

## **Planned Parenthood of Southern New England (PPSNE)**

Planned Parenthood is a trusted, local resource for convenient and confidential services for all people. Services include all FDA approved birth control methods (including emergency contraception); Pap tests and breast exams; testing and treatment for STIs; HIV counseling and testing; pregnancy testing and counseling; work and school physical exams; vaccinations, including HPV and Hepatitis B; and medication and surgical abortion services. Most centers provide colposcopy, cryosurgery, and LEEP. PPSNE offers medical interpretation services for non-English speaking patients, has a sliding fee scale based on one’s income, and participates in many insurance plans. To make an appointment or for more information, call 1 (800) 230-PLAN (7526) or [visit ppsne.org](http://visitppsne.org).

**Bridgeport Address:** 211 State Street **Danbury Address:** 44 Main Street

**Danielson Address:** 87 Westcott Road

**Enfield Address:** 111 Hazard Avenue

**Hartford Address:** 1229 Albany Avenue

**Manchester Address:** 319 Main Street

**Meriden Address:** 26 Women’s Way

**New Britain Address:** 100 Grand Street

**New Haven Address:** 345 Whitney Avenue

**New London Address:** 45 Franklin Street

**Norwich Address:** 12 Case Street

**Old Saybrook Address:** 263 Main Street

**Stamford Address:** 35 Sixth Street

**Torrington Address:** 249 Winsted Road

**Waterbury Address:** 969 West Main Street

**West Hartford Address:** 1030 New Britain Avenue

## ***Mental Health and Addiction***

### **DMHAS Problem Gambling Services**

At Problem Gambling Services, we seek to protect vulnerable groups from gambling-related harm and work to foster and promote personal and social responsibility in all populations. We do this training and education, as well as community awareness initiatives. In addition to prevention and education, DMHAS Problem Gambling Services provides counseling for adults 18 and older who exhibit problem or disordered gambling and persons affected by gambling (i.e. spouse, family member, and significant other). The full range of services are available at “Better Choice” sites throughout the state. Problem Gambling Helpline is available 24/7, toll-free, and confidential. Interpreter services available for non-English speaking clients. **Toll-free:** (888) 789-7777 **Text:** (847) 973-5685 **Website:** [www.ct.gov/dmhas/pgs](http://www.ct.gov/dmhas/pgs).

### **Emergency Mobile Psychiatric Services for Youth (EMPS)**

Mobile Crisis serves children and adolescents under 19 years of age who are experiencing a behavioral or mental health crisis. Anyone in contact with the child can call for the service. Crisis services are available at no cost to all Connecticut residents and can be accessed 24 hours a day by dialing 2-1-1 and, at the prompt, pressing “1” for “crisis.” Mobile Crisis clinicians are available to be dispatched to support the child at their home, at school or in other community settings with a face-to-face evaluation, within 45 minutes of the referral, from 6 am to 10 pm Monday through Friday, and 1 pm to 10 pm on weekends and holidays. Children and families are served for up to 45 days and are offered crisis stabilization, brief treatment, psychiatric evaluation (as needed), and linkage to ongoing care. The following link provides additional information on Mobile Crisis: <http://www.empsct.org/>.

### **Alcohol and Drug Treatment**

24/7 information and referral to drug and alcohol treatment and supportive recovery services can be accessed.

**Toll-free:** 2-1-1.

**Alcoholics Anonymous (AA)** is a fellowship of men and women who have found a solution to their drinking problem. The only requirement for membership is a desire to stop drinking. There are no dues or fees; AA is

supported by voluntary contributions of its members, neither seeking nor accepting outside funding. Members observe personal anonymity outside of the fellowship group. There are approximately 3,000 AA meetings held each week in Connecticut. **Toll-free:** (866) 783-7712 **Spanish:** (855) 377-2628 **Website:** [www.ct-aa.org](http://www.ct-aa.org).

**APT Foundation Inc.** provides outpatient and residential substance-use disorder treatment, primary healthcare, outpatient mental health treatment services, medication assisted treatment, family counseling services, and adult education. All vocational services are open to all, including women with children and those living with HIV/AIDS. Its dedicated and compassionate multi-disciplinary treatment team works hard to assure that every person's recovery experience is handled with safety, dignity, and empowerment. It is committed to providing respectful, individualized, and confidential care to all of its clients and their loved ones. **Address:** 1 Long Wharf Drive, Suite 10, New Haven, CT 06511 **Phone:** (203) 781-4600\* **Website:** [www.aptfoundation.org](http://www.aptfoundation.org).

### Connecticut Counseling Centers

The Connecticut Counseling Centers operate three sites that provide a full range of licensed outpatient substance abuse and mental health prevention, education, and treatment services to assist adults in becoming productive members of society. Centers are accredited and provide methadone maintenance, ambulatory opioid taper, outpatient mental health and addiction services, and intensive outpatient treatment programs. Integrated co-occurring treatment services are available for all levels of care. Centers also provide HIV, Tuberculosis, and Hepatitis A-C testing and counseling. **Phone:** (203) 743-4698 **Website:** [www.ctcounseling.org](http://www.ctcounseling.org)

**Danbury Address:** 60 Beaver Brook Road  
**Phone:** (203) 743-7574

**Norwalk Address:** 20 North Main Street  
**Phone:** (203) 838-6508

**Waterbury Address:** 4 Midland Road  
**Phone:** (203) 755-8874\*

### Community Substance Abuse Centers (CSAC)

Community Substance Abuse Centers (CSAC) is a private outpatient program that provides treatment for those who abuse drugs and alcohol. CSAC specializes in addiction to narcotics and provides outpatient medically assisted treatment (methadone) for opioid users in a caring and

compassionate setting. Patients who are pregnant or have medical complications such as AIDS are given priority admission. State insurance accepted. **Address:** 55 Fishfry Street, Hartford **Phone:** (860) 247-8300\*

### The Consultation Center

The Consultation Center provides prevention, intervention, research, evaluation, and training services in New Haven, throughout Connecticut, nationally, and internationally. Its work with adolescents, adults, and elders includes program and professional development, consultation, education, technical assistance, and psychotherapy to individuals, families, groups, schools, community-based organizations, and corporations. Examples of this work include the Youth Development Training & Resource Center, Gear Up, Workplace Wellness, Grandparents Raising Grandchildren, Caregiver Coaching, Family Violence Prevention, and the Connecticut Self-Help Network which refers callers to issue-specific self-help groups and provides training for group facilitators. **Phone:** (203) 789-7645\* **Website:** [www.theconsultationcenter.org](http://www.theconsultationcenter.org).

**Mental Health Connecticut (MHC)** is a statewide, nonprofit organization whose mission is to improve mental health for all Connecticut residents. For more than 100 years, MHC has worked to improve mental health services, promote recovery for people with mental health conditions, educate the community about the importance of mental wellness, and combat discrimination resulting from a mental health diagnosis. Through advocacy, education, and service, MHC empowers people to promote mental wellness, instigate meaningful systems change, and engage in mental health recovery. **Information and Referral Line:** (800) 842-1501 **Administrative Offices:** (860) 529-1970 **Website:** [www.mhconn.org](http://www.mhconn.org).

**Narcotics Anonymous** is a 12-step self-help program for recovering addicts, based on the belief of one addict helping another. **Toll-free:** (800)627-3543\* **Website:** [www.ctna.org](http://www.ctna.org).

### Connecticut National Alliance on Mental Illness (NAMI CT)

National Alliance on Mental Illness Connecticut (NAMI CT) is a grass-roots member organization of families, friends, and individuals living with serious mental illness. The state office is located in Hartford. Its purpose is to provide support, education, and advocacy related to

individuals living with mental illness and their family members; keep individuals informed of services and resources available to them in or near their communities; develop public understanding of mental illness; and advocate for better services and treatment. **Toll-free:** (800) 215-3021 **Phone:** (860) 882-0236 **Website:** [www.namict.org](http://www.namict.org).

## Nonprofit Counseling Services

The Family Service Agencies listed below are community-based resources for crisis and mental health counseling for troubled parents, couples, youth, and the elderly. Child Guidance Clinics provide diagnostic and crisis counseling services, behavioral management, and psychiatric treatment to children – usually up to age 18 – and their parents. Mental Health Centers provide similar services to adults as well as children and youth.

### Statewide

Connecticut Council of Family Services Agencies  
**Toll-free:** (860) 571-0093 **Website:** [www.ctfsa.org](http://www.ctfsa.org)

### Ansonia

BHCare **Phone:** (203) 736-2601\*  
**Website:** [www.bhcare.org](http://www.bhcare.org)  
Catholic Charities **Phone:** (203) 735-7481  
**Website:** [www.ccaoh.org](http://www.ccaoh.org)

### Bloomfield

Community Health Resources **Toll-free:** (877) 884-3571  
**Website:** [www.chrhealth.org](http://www.chrhealth.org)

### Bridgeport

Catholic Charities **Phone:** (203) 416-1503\*  
**Website:** [www.ccfairfield.org](http://www.ccfairfield.org)  
Child Guidance Center **Phone:** (203) 394-6529\*  
**Website:** [www.cgccb.org](http://www.cgccb.org)

### Bristol

Catholic Charities **Phone:** (860) 589-8662\*  
**Website:** [www.ccaoh.org](http://www.ccaoh.org)  
Wheeler Clinic **Phone:** (860) 585-4300\*  
**Website:** [www.wheelerclinic.org](http://www.wheelerclinic.org)

### Colchester

United Community & Family Services  
**Phone:** (860) 537-7676 **Website:** [www.ucfs.org](http://www.ucfs.org)

### Columbia

United Services **Phone:** (860) 228-4480  
**Website:** [www.unitedservicesct.org](http://www.unitedservicesct.org)

### Danbury

Family and Children's Aid **Phone:** (203) 748-5689\*  
**Website:** [www.fcaweb.org](http://www.fcaweb.org)

Catholic Charities **Phone:** (203) 743-4412  
**Website:** [www.ccfairfield.org](http://www.ccfairfield.org)

### Darien

Family Centers, Inc. **Phone:** (203) 655-0547\*  
**Website:** [www.familycenters.org](http://www.familycenters.org)  
Child Guidance Center **Phone:** (203) 662-9380  
**Website:** [www.childguidancect.org](http://www.childguidancect.org)

### Dayville

United Services **Phone:** (860) 774-2020\*  
**Website:** [www.unitedservicesct.org](http://www.unitedservicesct.org)

### Enfield

CHR/North Central Counseling Services  
**Phone:** (877) 884-3571\* **Website:** [www.chrhealth.org](http://www.chrhealth.org)

### Essex

Child & Family Agency of SE CT **Phone:** (860) 767-0147\*  
**Website:** [www.childandfamilyagency.org](http://www.childandfamilyagency.org)

### Fairfield

Child Guidance Center **Phone:** (203) 983-5294\*  
**Website:** [www.childguidancect.org](http://www.childguidancect.org)  
Jewish Family Services **Phone:** (203) 366-5438  
**Website:** [www.jfsct.org](http://www.jfsct.org)

### Greenwich

Child Guidance Center **Phone:** (203) 324-6127\* /  
(203) 255-2631 **Website:** [www.childguidancect.org](http://www.childguidancect.org)  
Jewish Family Services **Phone:** (203) 622-1881\*  
**Website:** [www.jfsgreenwich.org](http://www.jfsgreenwich.org)

### Guilford

Guilford Youth and Family Services  
**Phone:** (203) 453-8047  
**Website:** [www.ci.guilford.ct.us/youth-family-services](http://www.ci.guilford.ct.us/youth-family-services)

### Hamden

Behavioral Health Services **Phone:** (203) 288-6253  
**Website:** [www.medicine.yale.edu/psychiatry/care/services/services/outpatient](http://www.medicine.yale.edu/psychiatry/care/services/services/outpatient)

### Hartford Area

Asian Family Services **Phone:** (860) 951-8770 x222  
**Website:** [www.crtct.org/en/need-help/m-health/asianfamily-services](http://www.crtct.org/en/need-help/m-health/asianfamily-services)  
Catholic Charities **Phone:** (860) 522-8241\*  
**Website:** [www.ccaoh.org](http://www.ccaoh.org)  
Institute for the Hispanic Family\*  
**Phone:** (860) 527-1124\* **Website:** [www.cccfs.org](http://www.cccfs.org)  
IHF Child Guidance Clinic\* **Phone:** (860) 527-1124\*  
Institute of Living\* **Phone:** (860) 545-7000\*  
**Website:** [www.instituteofliving.org](http://www.instituteofliving.org)  
Jewish Family Service of Greater Hartford  
**Phone:** (860) 236-1927 **Website:** [www.jfshartford.org](http://www.jfshartford.org)

Village for Families and Children **Phone:** (860) 236-4511\*

**Website:** [www.thevillage.org](http://www.thevillage.org)

Wheeler Clinic **Toll-free:** (888) 793-3500\*

**Website:** [www.wheelerclinic.org](http://www.wheelerclinic.org)

#### **Jewett City**

UCFS Health Center **Phone:** 860-376-7040

**Website:** [www.ucfs.org](http://www.ucfs.org)

#### **Lakeville**

Community Mental Health Affiliates

**Phone:** (860) 826-1358 **Website:** [www.cmhacc.org](http://www.cmhacc.org)

#### **Manchester**

Community Child Guidance Clinic

**Phone:** (860) 643-2101\* **Website:** [www.ccginc.org](http://www.ccginc.org)

#### **Meriden**

Catholic Charities **Phone:** (203) 235-2507\*

**Website:** [www.ccaoh.org/](http://www.ccaoh.org/)

Child Guidance Clinic Central Connecticut

**Phone:** (203) 235-5767\* **Website:** [www.cgccentralct.org](http://www.cgccentralct.org)

#### **Middletown**

CHC Child Guidance Clinic **Phone:** (860) 347-6971\*/

(860) 432-9229 **Website:** [www.chc1.com](http://www.chc1.com)

Outpatient Mental Health Clinic of Middlesex Hospital

**Phone:** (860) 358-8760

**Website:** [www.middlesexhospital.org/our-services/hospital-services/behavioral-health](http://www.middlesexhospital.org/our-services/hospital-services/behavioral-health)

Catholic Charities **Phone:** (860) 346-0060

**Website:** [www.ccfsn.org](http://www.ccfsn.org)

#### **Milford**

Catholic Charities **Phone:** (203) 874-6270\*

#### **New Britain**

Catholic Charities **Phone:** (860) 225-3561\*

**Website:** [ccaoh.org](http://ccaoh.org)

Child Guidance Clinic of CMHA **Phone:** (860) 223-2778\*

**Website:** [www.cmhacc.org/program-services/children-services/outpatient-programs](http://www.cmhacc.org/program-services/children-services/outpatient-programs)

Community Mental Health Affiliates

**Phone:** (860) 826-1358 [www.cmhacc.org](http://www.cmhacc.org)

Family Services of Central CT **Phone:** (860) 223-9291\*

**Website:** [www.healthcare.com/profile/family-services-ofcentral-connecticut-inc](http://www.healthcare.com/profile/family-services-ofcentral-connecticut-inc)

#### **New Haven**

Catholic Charities **Phone:** (203) 787-2207\*

**Website:** [ccaoh.org](http://ccaoh.org)

Clifford Beers Guidance Clinic **Phone:** (203) 772-1270\*

**Website:** [www.cliffordbeers.org](http://www.cliffordbeers.org)

Connecticut Mental Health Center

**Phone:** (860) 418-6932\* **Website:** [www.ct.gov/dmhas](http://www.ct.gov/dmhas)

Hill Health Center **Phone:** (203) 503-3000\*

**Website:** [www.cornellscott.org](http://www.cornellscott.org)

Jewish Family Service of New Haven

**Phone:** (203) 389-5599 **Website:** [www.jfsnh.org](http://www.jfsnh.org)

Yale University Child Study Center

**Phone:** (203) 785-2540

**Website:** [www.childstudycenter.yale.edu](http://www.childstudycenter.yale.edu)

#### **New London**

Child and Family Agency of SE CT

**Phone:** (860) 443-2896\*

**Website:** [www.childandfamilyagency.org](http://www.childandfamilyagency.org)

Child Guidance Clinic of SE CT **Phone:** (860) 437-4550

**Website:**

[www.childandfamilyagency.org/contactus/locations](http://www.childandfamilyagency.org/contactus/locations)

United Community & Family Services

**Phone:** (860) 442-4319\* **Website:** [www.ucfs.org](http://www.ucfs.org)

Catholic Charities **Phone:** (860) 443-5328

**Website:** [www.ccfsn.org](http://www.ccfsn.org)

#### **Newtown**

Family Counseling Center **Phone:** (203) 270-4335

**Website:** [www.newtownyouthandfamilyservices.org/](http://www.newtownyouthandfamilyservices.org/)

#### **Norwalk**

Catholic Charities **Phone:** (203) 750-9711

**Website:** [www.catholiccharitiesusa.org/](http://www.catholiccharitiesusa.org/)

Family and Children's Agency Inc. **Toll-**

**free:** (203) 855-8765

**Website:** [www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)

Mid-Fairfield Child Guidance Center

**Phone:** (203) 299-1315\*

**Website:** [www.childguidancemfct.org](http://www.childguidancemfct.org)

Family and Children's Agency, Inc.

**Phone:** (203) 855-8765

**Website:** [www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)

#### **Norwich**

United Community and Family Services

**Phone:** (860) 892-7042\*/(860)889-2375

**Website:** [www.ucfs.org](http://www.ucfs.org)

Catholic Charities **Phone:** (860) 889-8346

**Website:** [www.ccfsn.org](http://www.ccfsn.org)

#### **Old Saybrook**

Youth and Family Services **Phone:** (860) 395-3190

**Website:**

[www.oldsaybrookct.org/pages/oldsaybrookct\\_youth/index](http://www.oldsaybrookct.org/pages/oldsaybrookct_youth/index)

#### **Orange**

Orange Family Counseling **Phone:** (203) 795-6698\*

**Website:** [www.orange-ct.gov/cominfo/family.htm](http://www.orange-ct.gov/cominfo/family.htm)



**Plainfield**

UCFS Health Care **Phone:** (860) 822-4938

**Website:** [www.ucfs.org](http://www.ucfs.org)

**Plainville**

Wheeler Clinic **Phone:** (860) 793-3500\*

**Website:** [www.wheelerclinic.org](http://www.wheelerclinic.org)

**Shelton**

Lower Naugatuck Valley Parent-Child Resource Center

**Phone:** (203) 954-0543\* **Website:** [www.lnvpcrc.org](http://www.lnvpcrc.org)

**Stamford**

Child Guidance Center of SE CT **Phone:** (203) 324-6127

**Website:** [www.childguidancect.org/](http://www.childguidancect.org/)

Family Centers, Inc. **Phone:** (203) 324-3167\*

**Website:** [www.familycenters.org](http://www.familycenters.org)

Jewish Family Services **Phone:** (203) 921-4161

**Website:** [www.ctjfs.org](http://www.ctjfs.org)

**Stratford**

Child Guidance Center of Greater Bridgeport

**Phone:** (203) 378-1654\*

**Website:** <http://cfguidance.com/>

**Torrington**

Catholic Charities **Phone:** (860) 482-5558

**Website:** [www.ccaoh.org](http://www.ccaoh.org)

Charlotte Hungerford Child Guidance Clinic

**Phone:** (860) 496-6666 \*

**Website:** [www.charlottehungerford.org](http://www.charlottehungerford.org)

Community Mental Health Affiliates

**Phone:** (860) 482-8561 **Website:** [www.cmhacc.org](http://www.cmhacc.org)

**Vernon**

Hockanum Valley Community Council

**Phone:** (860) 872-9825\*

**Website:** [www.hvcchelps.org/behavioral-health](http://www.hvcchelps.org/behavioral-health)

**Waterbury**

Wellmore Behavioral Health **Phone:** (203) 756-7287\*

**Website:** [www.wellmore.org](http://www.wellmore.org)

Family Services of Greater Waterbury\*

**Phone:** (203) 756-8317 \*

**Website:** [www.familyservicesgw.org/contact](http://www.familyservicesgw.org/contact)

Community Mental Health Affiliates

**Phone:** (203) 596 -9724\* **Website:** [www.cmhacc.org](http://www.cmhacc.org)

**West Hartford**

The Bridge Family Center **Phone:** (860) 521-8035\*

**Website:** [www.bridgefamilycenter.org](http://www.bridgefamilycenter.org)

Jewish Family Services of Greater Hartford

**Phone:** (860) 236-1927 **Website:** [www.jfshartford.org](http://www.jfshartford.org)

**Westbrook**

Middlesex Hospital Shoreline Clinic

**Phone:** (860) 358-3700\*

**Website:** [www.middlesexhospital.org](http://www.middlesexhospital.org)

**Westport**

Jewish Family Services **Phone:** (203) 454-4992

**Website:** [www.ctjfs.org](http://www.ctjfs.org)

**Willimantic**

Catholic Charities **Phone:** (860) 423-7065

**Website:** [www.ccfnsn.org](http://www.ccfnsn.org)

Generations Family Health Center **Phone:** (860) 450-7471

**Website:** [www.genhealth.org](http://www.genhealth.org)

United Services **Phone:** (860) 456-2261\*

**Website:** [www.unitedservicesct.org](http://www.unitedservicesct.org)

**Psychiatric and Emergency Management**

For individuals experiencing a psychiatric crisis, help is available throughout the state at crisis intervention centers that provide immediate assessment and treatment and then link individuals to appropriate continuing treatment and support services. Crisis phone lines, on-site crisis intervention staff, and crisis and respite beds are available at the following locations:

**Ansonia**

Valley Mental Health Center **Phone:** (203) 736-2601

**Website:** [www.BHcare.org](http://www.BHcare.org)

**Branford**

Clinical/Outpatient Harbor Health

**Phone:** (203) 483-2630\* **Website:** [www.BHcare.org](http://www.BHcare.org)

**Bridgeport**

Community Mental Health Center

**Phone:** (203) 551-7400\*

**Danbury**

Danbury Hospital **Toll-free:** (888) 447-3339\*

**Website:** [www.danburyhospital.org](http://www.danburyhospital.org)

**Dayville**

United Services **Phone:** (860) 774-2020\*

**Website:** [www.unitedservicect.org](http://www.unitedservicect.org)

**Enfield**

Community Health Resources **Toll-free:** (877) 884-3571

**Website:** [www.chrhealth.org](http://www.chrhealth.org)

**Hartford**

Capitol Region Mental Health Center

**Phone:** (860) 297-0999\*

**Manchester**

Genesis Center **Toll-free:** (877) 884-3571\*

**Meriden**

Rushford Center **Toll-free:** (203) 630-5380

**Website:** [www.rushford.org](http://www.rushford.org)

**Middletown**

River Valley Services **Phone:** (860) 344-2100\* or (860) 262-5200 **Website:** [www.ct.gov/dmhas](http://www.ct.gov/dmhas)

**New Haven**

Connecticut Mental Health Center

**Phone:** (203) 974-7300\* **Website:** [www.ct.gov/dmhas](http://www.ct.gov/dmhas)

**Norwich**

Southeastern Mental Health Authority

**Phone:** (860) 886-9302\* **Website:** [www.ct.gov/dmhas](http://www.ct.gov/dmhas)

**Plainville**

Wheeler Clinic **Phone:** (860) 747-3434\*

**Website:** [www.wheelerclinic.org/crisis-services](http://www.wheelerclinic.org/crisis-services)

**Stamford**

F.S. DuBois Center\* **Phone:** (203) 358-8500\*

**Website:** [www.ct.gov/dmhas](http://www.ct.gov/dmhas)

**Torrington**

Western Mental Health Authority

**Toll-free:** (888) 447-3339\* **Website:** [www.ct.gov/dmhas](http://www.ct.gov/dmhas)

**Waterbury**

Waterbury Hospital **Phone:** (203) 573-6500\*

**Website:** [www.waterburyhospital.org](http://www.waterburyhospital.org)

**Willimantic**

United Services **Phone:** (860) 774-2020\*

**Website:** <http://unitedservicesct.org/>

**Windsor**

Crisis Stabilization Services **Toll-free:** (877) 884-3571\* or (860) 683-8068 **Website:** [www.chrhealth.org](http://www.chrhealth.org)

**Suicide Prevention and Intervention**

Suicide prevention and intervention hotline operates 24 hours per day, 365 days per year, and links individuals in crisis with appropriate community resources. In addition, staff members train youth groups, schools, and community service providers in suicide prevention skills. 2-1-1 holds certification from the American Association of Suicidology. **Toll-free:** 2-1-1 or (800) 203-1234\*.

**Warm Lines**

Warm Lines are staffed by people with psychiatric disabilities who offer phone support to their peers. These lines are not crisis lines and the hours of operation tend to be in the evening.

**Ansonia**

BH Care **Phone:** (203) 732-2004\*

**Bridgeport**

Soundview Warm Line **Toll-free:** (800) 921-0359

**Danbury**

Guiding Path **Phone:** (860) 482-1783 or (800) 314-2680

**East Hartford**

Inter Community MHC **Phone:** (860) 205-3706

**Hartford**

Capitol Region MHC **Weekend Phone:** (860) 297-0920

**Weekday Phone:** (860) 297-0844

CT Handz-On **Phone:** (888) 608-1426

**Manchester**

Reach Warm Line **Phone:** (866) 927-6225

**Middletown**

Common Thread **Phone:** (800) 316-9145

**New Britain**

Friends Helping Friends **Phone:** (860) 681-5555

**New Haven**

Safe Harbor **Toll-free:** (800) 258-1528

**Norwich**

Shareline **Phone:** (860) 855-7274

**Torrington**

Guiding Path **Phone:** (860) 482-1783

**Toll-free:** (800) 314-2680

**Wellmore Behavioral Health**

Wellmore Behavioral Health serves 49 towns from Greater Waterbury to the lower Naugatuck Valley and northwest Connecticut. It offers timely access to an integrated continuum of child and adult behavioral health care services, including outpatient psychiatric/behavioral health treatment services for adults, children and families; adult and adolescent intensive outpatient services for substance abuse, co-occurring and mental health disorders; Emergency Mobile Psychiatric Services for Children, case management and supportive housing; evidenced based, intensive, home-based treatment models; school-based behavioral health care and early intervention; trauma informed and victim of crime services; child abuse prevention and early intervention services; early childhood treatment programs and consultation; congregate care programs (therapeutic group homes for children, an adult male recovery house, therapeutic shelter, women and children's program); service collaboration; and outreach, community education, support, and training. **Toll-Free:** (WELLMORE)/1-855-935-5667 **Website:** [wellmore.org](http://wellmore.org)

## Wellspring

Wellspring is a multi-service mental health agency that provides intensive residential treatment for children ages 8-13, adolescent girls ages 12-18, young adults and adults; extensive outpatient services; and a state-approved special education school. The highly structured but intimate programs are designed to treat persons with a wide range of emotional issues, including mood anxiety, personality, attachment, eating, and post-traumatic stress disorders. Wellspring's professional staff includes board certified psychiatrists, physicians, psychotherapists, licensed clinical social workers, and registered nurses. **Address:** 21 Arch Bridge Road, Bethlehem, **Phone:** (203) 266-8000 **Website:** [www.wellspring.org](http://www.wellspring.org).

## HIV/AIDS Programs

### Connecticut AIDS Drug Assistance Program (CADAP)

Connecticut AIDS Drug Assistance Program (CADAP) is administered by the Department of Social Services (DSS) under a Memorandum of Agreement with the Department of Public Health. CADAP is a pharmaceutical assistance program that pays for HIV/AIDS medications approved by the U.S. Food and Drug Administration and other drugs that may prevent the serious deterioration of health in persons who have Human Immune-deficiency Virus (HIV) or Acquired Immune Deficiency Syndrome (AIDS). To be eligible, total individual or family net month income must be at or below 400% of the current Federal Poverty Level. There is no asset limit. You may be eligible for CADAP, even if you now have a private medical insurance plan with prescription drug benefits. **Toll-free:** (800) 233-2503

### AIDS Projects and AIDS Service Organizations

AIDS Projects are direct-service, community-based organizations. Although AIDS projects vary, services may include outreach and education; hotlines in English and Spanish; financial support; transportation; group support; case management; meals-on-wheels; housing; and referrals to clergy, physicians, and lawyers. For specific service offered, call the nearest AIDS project listed below:

HIV/AIDS Hotline **Toll-free:** (800) 953-2371\*  
**Phone:** (860) 247-2437 **V/TDD** (860) 951-4791

**Bridgeport:** Greater Bridgeport Area Prevention Program (GBAPP) **Phone:** (203) 366-8255

**Website:** [www.gbapp.wordpress.com](http://www.gbapp.wordpress.com)

**Danbury:** AIDS Project of Greater Danbury

**Phone:** (203) 778-AIDS (2437)

**Website:** [www.aidsprojectgreaterdanbury.org](http://www.aidsprojectgreaterdanbury.org) Interfaith Aids Ministry **Phone:** (203) 748-4077

**Hartford:**

AIDS Connecticut **Phone:** (860) 951-4833

**Website:** [www.aids-ct.org](http://www.aids-ct.org)

Latino/as community Services **Phone:** (860) 296-6400

**Website:** [www.lcs-ct.org](http://www.lcs-ct.org)

Hartford Gay and Lesbian Health Collective East

**Phone:** (860) 646-6260 **Website:** [www.hglhc.org](http://www.hglhc.org)

**Middletown:** Community Health Center

**Phone:** (860) 347-6971 **Website:** [www.chc1.com](http://www.chc1.com)

**New Britain:** Wellness Resource Center

**Phone:** (860) 826-4741

**Website:** [www.hranbct.org/HealthandWellness/Wellness-Resource-center](http://www.hranbct.org/HealthandWellness/Wellness-Resource-center)

**New Haven:**

AIDS Project New Haven **Phone:** (475) 441-7020

**Website:** [www.aids-ct.org](http://www.aids-ct.org)

Hispanos Unidos Contra el SIDA **Phone:** (203) 781-0226

**Website:** [www.hispanos-unidos.org](http://www.hispanos-unidos.org)

CT AIDS Education and Training Center

**Phone:** (203) 737-2312

**New London:** Alliance for Living **Phone:** (860) 447-0884

**Website:** [www.allianceforliving.org](http://www.allianceforliving.org)

**Norwalk:** Mid-Fairfield AIDS Project

**Phone:** (203) 855-9535 **Website:** [www.mfap.com](http://www.mfap.com)

**Stamford:** Family Centers/Stamford CARES

**Phone:** (203) 977-5096

**Waterbury:** Waterbury Health Department

**Phone:** (203) 574-6780

**Website:** [www.waterburyct.org/health](http://www.waterburyct.org/health)

**Windham:** Windham AIDS Program

**Phone:** (860) 423-4534

### HIV/AIDS Housing Services

The following agencies offer housing services to individuals and their families living with HIV/AIDS. The scope of services provided can differ for each agency. For more information on the services available in your area please contact one of the agencies listed below.

**New Britain:** Human Resources Agency of New Britain  
**Phone:** (860) 225-8601

**Hartford:** Immaculate Conception Shelter and Housing  
**Phone:** (860) 724-4823

Mercy Housing and Shelter Corp **Phone:** (860) 808-2040  
Tabor House **Phone:** (860) 244-3876

Christian Activities Council **Phone:** (860) 527-9860

Chrysalis Center **Phone:** (860) 263-4400

Community Renewal Team **Phone:** (860) 722-6922

Hands on Hartford/Peter's Retreat

**Phone:** (860) 247-4140

**New London:** Alliance for Living **Phone:** (860) 447-0884

**New Haven:** Columbus House

**Phone:** 203-401-44400 x106

Liberty Community Services **Phone:** (203) 495-7600

New Haven Home Recovery **Phone:** (203) 729-3299

**Naugatuck:** Independence Northwest

**Phone:** (203) 729-3299

**Waterbury:** New Opportunities **Phone:** (203) 575-9799

**Willimantic:** Perception Program **Phone:** (860) 450-7122

Windham Regional Community Council

**Phone:** (860) 423-4534

## *Specialized Health Services*

### **Connecticut Department of Health (DPH)**

DPH offers patient support and information on a variety of issues. Local Directors of Health may also be able to provide information on these and other topics of concern.

Infectious Diseases **Phone:** (860) 509-7995\*

Diabetes Prevention and Control Program

**Phone:** (860) 509-7737\*

Drinking Water Section **Phone:** (860) 509-7333\*

Recreation (sewage/private wells/swimming pools)

**Phone:** (860) 509-7296\*

Environmental Health **Phone:** (860) 509-7740\*

Radon Program **Phone:** (860) 509-7367\*

Immunization **Phone:** (860) 509-7929\*

Injury Prevention **Phone:** (860) 509-7805\*

Tobacco **Phone:** (860) 509-8251\*

### **Alzheimer Association**

The Alzheimer's Association enhances the quality of life of all Connecticut residents affected by Alzheimer's disease and related disorders through advocacy, education, and support systems. A Helpline operates 24 hours a day, seven days a week, offering emotional support to callers and providing information about Alzheimer's disease, chapter services, and community resources. **Toll-free:** (800) 272-3900 **Website:** [www.alz.org/ct](http://www.alz.org/ct).

### **American Cancer Society**

New England Division is a statewide resource for cancer information, community referrals, guidance and services for patients, family members, and the general public. Access to cancer information is available 24 hours a day, 7 days a week local services include transportation to treatment educational programs, camps for children with cancer; support groups for patients and their families, peer to patient visitation, and programs that address changes in appearance, such as hair loss from treatment effects. **Toll-free:** (800) 227-2345\* **Website:** [www.cancer.org](http://www.cancer.org).

### **Brain Injury Alliance of Connecticut (BIAC)**

BIAC serves as a statewide clearinghouse of brain injury resources and information. Brain Injury Specialists provide resource facilitation and collaborate with organizations and professionals serving individuals with brain injuries. Other programs include annual professional conference on brain injury, statewide support groups, prevention education and outreach, social events, and legislative advocacy. **Phone:** (860) 219-0291. **Toll-free:** (800) 278-8242. **Website:** [www.biact.org](http://www.biact.org) **Office location:** 200 Day Hill Road, Suite 250, Windsor, CT.

### **Connecticut Association for Healthcare at Home**

(CAHCH) provides leadership, education and advocacy information by fostering collaboration around issues addressing access, quality and the affordability of home care and hospice services in Connecticut. Over 100 educational programs are available to members and non-members for clinical, professional and executive leadership that facilitate best practices and collaborative learning across the continuum of care. To find a home care or hospice provider in your area, visit its **Website:** [www.cthealthcareathome.org](http://www.cthealthcareathome.org).

## **CT Breast and Cervical Cancer Early Detection Program (CBCCEDP)**

Provides free screening and diagnostic services for uninsured and underinsured women ages 19-64. Administered by the Department of Public Health, CBCCEDP reduces breast and cervical cancer morbidity and mortality by diagnosing these cancers at earlier stages. Women are screened for eligibility; scheduled for an appointment, receive diagnostic testing, and receive treatment referral services as needed at any one of the following sites.

**Bridgeport:** Bridgeport Hospital **Phone:** (203) 255-5300

**Danbury:** Danbury Hospital **Phone:** (203) 791-5079

**Hartford:** Hartford Hospital **Phone:** (860) 972-3078

Saint Francis Hospital **Phone:** (860) 714-2759

**Middletown:** Community Health Center  
**Phone:** (860) 347-6971 ext. 2197

**New Haven:** Yale-New Haven Hospital, Saint Raphael Campus **Phone:** (203) 867-5436  
Yale-New Haven Hospital **Phone:** (203) 688-4562

**New London:** Lawrence & Memorial Hospital  
**Phone:** (860) 442-0711 ext. 2197

**Stamford:** Stamford Hospital **Phone:** (203) 276-5954

**Torrington:** Charlotte Hungerford Hospital  
**Phone:** (860) 496-6513

**Vernon:** Eastern Connecticut Health Network  
**Phone:** (860) 872-5368

**Waterbury:** St. Mary's Hospital **Phone:** (203) 709 3800

**Willimantic:** Windham Community Hospital  
**Phone:** (860) 456-6896

## **Lead Poisoning Prevention and Treatment**

The mission of the Lead and Healthy Homes Program at the Connecticut Department of Public Health (DPH) is to prevent lead poisoning and promote wellness through education and a wide range of program activities that relate to lead poisoning prevention. The Lead and Healthy Homes Program conducts disease surveillance and monitors blood lead tests for all children under the age of 16 in Connecticut. The program funds two regional lead treatment centers and works closely with the medical community to ensure all children are tested for lead poisoning. All individuals' blood lead test result are reported to DPH. The program also provides funding to health departments statewide for childhood lead poisoning prevention activities. Additionally, DPH licenses and

certifies individuals who conduct lead abatement and consultant activities. Staff monitor lead abatement sites and licensed lead professionals. The Lead and Healthy Homes Program regularly collaborates with partners to promote childhood lead poisoning prevention, healthy homes, and lead safe work practices for renovations in 1978 homes and child daycare facilities **Phone:** (860) 509-7299.

## **Poison Control**

The Connecticut Poison Control Center is a toll-free statewide emergency helpline that is staffed 24 hours a day by health care professionals. Call for help if someone eats, breathes, or touches poison, or gets it in the eyes. Interpreters are available in all languages. **Toll-free** (800) 222-1222\* **Website:** [www.poisoncontrol.uchc.edu](http://www.poisoncontrol.uchc.edu) **Deaf and hard of hearing** dial 711 for relay services to connect to the poison center.

## **Sexually Transmitted Disease (STD) Clinics and Aids Testing sites:**

All residents of Connecticut are eligible for STD services at any of the clinics below. Some clinics offer free services. Each site provides confidential testing and treatment for most STDs. Patients may receive the vaccine series for Hepatitis A&B and the HPV vaccine is provided for those 26 years of age and under. Confidential assistance is also available to those infected with STDs in telling their partners. Patients age 13 years and older may be seen at these clinics without parental consent. For more information, call STD Control Program, CT Department of Public Health at (860) 509-7920 or the National CDC Info Line (800) 232-4636. **Website:** [www.ct/dph/std](http://www.ct/dph/std).

**Bridgeport:** Bridgeport Community Health Center  
**Phone:** (203) 333-6864

Bridgeport Health Department **Phone:** (203) 576-7670

Greater Bridgeport Adolescent Pregnancy Program (GBAPP) **Phone:** (203) 384-3629

Kinsella Treatment Center **Phone:** (203) 335-2173

Park City Primary Care **Phone:** (203) 579-5350

Planned Parenthood of Bridgeport

**Phone:** (203) 366-0664

Shelter for Homeless **Phone:** (203) 348-2792

Southwest Community Health Center

**Phone:** (203) 576-8368

**Danbury:** Danbury Health Department

**Phone:** (203) 797-4625

AIDS Project Greater Danbury **Phone:** (203) 778-2437

**Danielson:** Planned Parenthood of Danielson  
**Phone:** (860) 774-0533

**East Hartford:** Town of East Hartford  
**Phone:** (860) 291-7295

**Enfield:** Planned Parenthood **Phone:** (860) 741-2197

**Fairfield:** Fairfield Health Department  
**Phone:** (203) 256-3150

**Greenwich:** Greenwich Health Department  
**Phone:** (203) 622-6488

**Hartford:** AIDS Connecticut **Phone:** (860) 247-2437  
 Asylum Hill Outpatient Clinic **Phone:** (860) 714-4212  
 Community Health Services **Phone:** (860) 249-9625  
 Connecticut Children's Medical Center  
**Toll-free** (888) 322-0008  
 Hartford Dispensary – Main Street  
**Phone:** (860) 527-5100  
 Hartford Gay & Lesbian Health Collective  
**Phone:** (860) 278-4163  
 Hartford Health Department **Phone:** (860) 757-0856  
 Hispanic Health Council **Phone:** (860) 527-0865  
 Latinos/as Community Services **Phone:** (860) 296-6400  
 Planned Parenthood of Hartford **Phone:** (860) 953-6201  
 Saint Francis Hospital **Phone:** (860) 714-4532

**Manchester:** Gay and Lesbian Health Collective East  
**Phone:** (860) 646-6260  
 Planned Parenthood of Manchester  
**Phone:** (860) 643-1607

**Meriden:** Meriden Health Department  
**Phone:** (203) 630-4176  
 Planned Parenthood of Meriden **Phone:** (203) 238-0542

**Middletown:** Community Health Center  
**Phone:** (860) 347-6971  
 Oasis wellness Center **Phone:** (860) 347-6971

**New Britain:** Human Resources Agency  
**Phone:** (860) 826-4482  
 New Britain Health Department **Phone:** (860) 612-2771

**New Haven:** Aids Interfaith Teen Line  
**Phone:** (203) 7770-HELP  
 AIDS Project New Haven **Phone:** (203) 624-0947  
 APT Foundation **Phone:** (203) 781-4600  
 Fair Haven Community Health center  
**Phone:** (203) 786-6556  
 Family Intervention Center **Phone:** (203) 753-2153  
 Hill Health Center Columbus Avenue  
**Phone:** (203) 503-3000  
 Dixwell Avenue **Phone:** (203) 503-3000

New Haven Health Department **Phone:** (203) 946-6481  
 Planned Parenthood of New Haven  
**Phone:** (203) 503-0450  
 Yale/New Haven Hospital **Phone:** (203) 688-3184

**New London:** Lawrence & Memorial Hospital  
**Phone:** (860) 447-2437  
 Planned Parenthood of New London  
**Phone:** (860) 443-5820

**Norwalk:** Connecticut Counseling Center  
**Phone:** (203) 838-6508  
 Norwalk Health Department **Phone:** (203) 854-7979

**Norwich:** Norwich Hartford Dispensary – Norwich  
**Phone:** (860) 886-0446  
 Planned Parenthood of Norwich **Phone:** (860) 889-5211  
 William Backus Hospital **Phone:** (860) 823-6344

**Old Saybrook:** Planned Parenthood of Old Saybrook  
**Phone:** (860) 388-4459

**Shelton:** Planned Parenthood of Shelton  
**Phone:** (203) 924-7756

**Stamford:** Stamford CARES **Phone:** (203) 977-5096  
 Stamford Health Department **Phone:** (203) 977-4387

**Torrington:** Planned Parenthood of Torrington  
**Phone:** (860) 489-5500

**Vernon:** Vernon Area Community Health Center  
**Phone:** (860) 896-1616

**Waterbury:** Planned Parenthood of Waterbury  
**Phone:** (203) 753-2119  
 Waterbury Health Department **Phone:** (203) 574-6883

**West Hartford:** Planned Parenthood of West Hartford  
**Phone:** (860) 953-6201

**Willimantic:** Hartford Dispensary – Willimantic  
**Phone:** (860) 450-7122  
 Planned Parenthood of Willimantic  
**Phone:** (860) 423-8426

**Windham:** Regional Community Council  
**Phone:** (860) 423-4534

## **Tuberculosis Control Program**

The Tuberculosis (TB) Control Program helps to prevent transmission, death, disability, illness, emotional trauma, family disruption, and social stigma caused by this disease. TB is a potentially fatal disease transmitted through the air and is fully treatable and preventable. All CT state residents are eligible for TB services. The TB Control Program is the payer of last resort for all TB services for uninsured patients; the program also provides free anti-

tuberculosis drugs to physicians who request them for their patients, regardless of the patient's ability to pay. Local health departments and home care agencies offer outreach services for observing ingestion of TB medications. There are a number of established TB clinics at hospitals and at some larger municipal health departments. For more information or literature about TB. **Phone:** (860) 509-7722 **Website:** [www.ct.gov/dph/tb](http://www.ct.gov/dph/tb).

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## Families and Children

### *Child Care*

#### **Connecticut Office of Early Childhood (OEC)**

OEC funds Child Daycare and School Readiness Programs and provides a state supplement to federally funded Head Start Programs. These early care and education programs vary in the length of day and how many months of the year they operate. Locations include community-based, faith-based, and public school facilities. Most programs charge a fee based on family size, income, and the number of hours in the program. Programs must be accredited by the National Association for the Education of Young Children, or approved by the federal Head Start Program. OEC also advocates for children with disabilities. Through a partnership with the State Education Resource Center (SERC), OEC provides technical assistance, training, and professional development for those serving young children with disabilities. **Website:** [www.ct.gov/oec](http://www.ct.gov/oec).

#### **2-1-1 Child Care**

2-1-1 Child Care is a statewide child care resource and referral service staffed by early childhood specialists who access an up-to-date computerized database of licensed family day care homes, day care centers, and summer camps. Specialists inform individuals about child care options and openings near their home or workplace, and can refer them to additional regional resource agencies. **Phone** 2-1-1 **Website:** [www.211childcare.org](http://www.211childcare.org).

## *Support Services*

### **Child Abuse Neglect CARELINE**

The Department of Children and Families (DCF) is legally responsible for protecting children and youth from abuse, neglect, abandonment, and exploitation. Services include family assessment, treatment planning, counseling, intensive family preservation, temporary emergency shelter, homemakers, parent aides, parenting classes, child care aid to unwed mothers, foster care, and adoption. Case workers are on call 24 hours a day to intervene in a crisis and help families. Regional offices are listed below. For general information, referral to local services, or to report child abuse or neglect: **Toll-free:** (800) 842-2288\* **TDD:** (800) 624-5518.

**Bridgeport** 100 Fairfield Avenue **Phone:** (203) 384-5300\*

**Danbury** 131 West Street **Phone:** (203) 207-5100

**Hartford** 250 Hamilton Street **Phone:** (860) 418-8000\*

**Manchester** 364 West Middle Turnpike  
**Phone:** (860) 533-3600\*

**Meriden** One West Main Street **Phone:** (203) 238-8400\*

**Middletown** 2081 South Main Street  
**Phone:** (860) 638-2100\*

**Milford** 38 Wellington Road **Phone:** (203) 306-5300\*

**New Britain** 1 Grove Street **Phone:** (860) 832-5200\*

**New Haven** One Long Wharf **Phone:** (203) 786-0500\*

**Norwalk** 149 Water Street **Phone:** (203) 899-1400\*

**Norwich** 2 Courthouse Square **Phone:** (860) 886-2641\*

**Stamford** 401 Shippan Avenue **Phone:** (203) 348-4294\*

**Torrington** 62 Commercial Boulevard  
**Phone:** (860) 496-5700

**Waterbury** 395 West Main Street **Phone:** (203) 759-7000\*

**Willimantic** 322 Main Street **Phone:** (860) 450-2000\*

### **John. S Martinez Fatherhood Initiative of CT**

Connecticut's Fatherhood Initiative (CFI) is a broad-based, statewide program led by the Department of Social Services (DSS) and focused on changing systems to improve fathers' ability to be fully and positively involved in the lives of their children. DSS works with numerous state and community-based partners throughout Connecticut to support the CFI's objectives. Services available at the fatherhood programs listed below may include the following areas: parenting/co-parenting; workforce development; job readiness, placement and retention

services; healthy relationships; paternity establishment; court readiness; support groups; and individual counseling. **Website:** [www.ct.gov/fatherhood](http://www.ct.gov/fatherhood) **Phone:** (860) 424-5696 **Toll-free number:** 1-866-6-CTDADS For more information, contact one of these DSS-certified programs in your area:

#### **Bridgeport**

Career Resources, *Fathers For Life*: (203) 610-8678  
GBAPP, *Teen Fathers Program*: (203) 366-8255

#### **Hartford**

Catholic Charities, *Responsible Fatherhood Initiative*  
**Phone:** (203) 641-3969

Community Renewal Team, *Real Fathers, Real Men*  
**Phone:** (860) 761-7917

Families in Crisis, *Inside Out Dad* (for incarcerated fathers) **Phone:** (860) 727-5830

Village for Families and Children, *FatherWorks*  
**Phone:** (860) 236-4511 x3478

#### **New Haven**

New Haven Family Alliance, *Male Involvement Network*  
**Phone:** (203) 786-5970 x255

#### **Norwich**

Madonna Place, *Fatherhood Initiative*  
**Phone:** (860) 886-6600 x123

#### **Torrington**

Family Strides, *Nurturing Fathers Program*  
**Phone:** (860) 482-3236

#### **Waterbury**

New Opportunities, *Fatherhood Initiative*  
**Phone:** (203) 575-4213

#### **Wethersfield**

CT Dept. of Correction, *Embracing Fatherhood* (for incarcerated fathers) **Phone:** (860) 692-6840

### **Office of Children and Youth in Placement**

The Department of Children and Families (DCF) recruits, trains, licenses, and supports foster and adoptive families. Medical coverage and a monthly financial reimbursement cover the expenses of caring for a foster child. CDF also provides information to prospective adoptive parents and parents considering releasing a child for adoption. Children awaiting adoption are listed with the Office of Children and Youth in Placement, Permanency Exchange which also offers services to parents and adult adoptees, including search and reunion information. Support groups, post adoption services, and subsidies are available for parents adopting children with special needs. Subsidies and supportive post guardianship services are also

available to relatives obtaining guardianship of a child who was in DCF custody. **Toll-free:** (888) 543-4376 or (888) KID-HERO.

**American Red Cross in Connecticut** helps residents prevent, prepare for, and respond to emergencies. The Red Cross serves every community in Connecticut with a variety of programs and services, including health and life safety programs, disaster response, blood services, international tracing, and services for members of the armed forces and their families. **Toll-free:** (877) 287-3327\* **Website:** [www.redcross.org](http://www.redcross.org).

### **CT Sexual Assault Crisis Services (CONNSACS)**

CONNSACS works to end sexual violence through victim assistance, community education, and public policy advocacy. CONNSACS promotes public awareness, training, and technical assistance to groups that wish to learn more about sexual assault and rape prevention. **Phone:** (860) 282-9881 Emergency Statewide **Hotlines:** (888) 999-5545 (English) (888) 568-8332 (Español) **Website:** [www.connsacs.org](http://www.connsacs.org).

### **Community Solutions Inc. (CSI)**

CSI works with individuals and families involved, or at risk of involvement, in the child welfare, juvenile justice, and criminal justice systems. CSI offers community-based programs statewide that include adult reentry and residential services as well as home-based youth services. **Toll-free:** (800) 425-3896 **Website:** [www.csi-online.org](http://www.csi-online.org).

### **Family ReEntry**

Provides behavior health, mentoring case management, and psycho-educational services for individuals and their families. Family ReEntry's programs assist clients in becoming responsible partners, capable and skilled parents, and productive members of their communities. Services include domestic violence re-education, life skills training, substance abuse treatment, prisoner re-entry, mentoring, and case management. Programs are located in Bridgeport, Stamford, New Haven, and Norwalk. **Address:** 9 Mott Avenue, Suite 104, Norwalk, CT 06850 **Phone:** (203) 838-0496\* **Website:** [www.familyreentry.org](http://www.familyreentry.org).



## **Families in Crisis, Inc.**

Provides counseling and support services to offenders and their family members. Services are designed to assist with life changes, promote independence, and ensure healthy, supportive family relationship. Major areas of service include counseling, family visitation, parenting, domestic violence intervention, and prevention services. **Website:** [www.familiesincrisis.org](http://www.familiesincrisis.org).

**Hartford:** (860) 727-5800\*

**New Haven:** (203) 498-7790

**Waterbury:** (203) 573-8656

## **Community Partners in Action**

CPA, formerly the Connecticut Prison Association provides crucial services that help adults and youth live crime-free lives. Services include alternative incarceration centers, employment services, juvenile programming, art in prison, and other services designed to assist self-development. Programs are listed below. For other services and more information: **Phone:** (860) 566-2030

**Website:** [www.cpa-ct.org](http://www.cpa-ct.org).

### **Hartford**

Administrative Offices **Phone:** (860) 566-2039

Community Court **Phone:** (860) 756-7960 or  
(860) 756-7035

Prison Arts Program **Phone:** (860) 722-9450 or  
(860) 566-2030

Hartford Transitional Housing Program

**Phone:** (860) 525-6691

Hartford Alternative in the Community

119 Washington Street **Phone** (860) 525-6691

716 Windsor Street **Phone** (860) 244-3672

Project Starr, HFPG **Phone** (860) 882-1397

Resettlement Program **Phone:** (860) 522-7400

Work Release **Phone** (860) 543-8929

Hartford Secure Community Residential Program for Girls

**Phone:** (860) 244-0700

### **Hamden**

Community Residential Program for Boys (brave)

**Phone:** (203) 508-1780

Secure Community Residential Program for Boys (Sage)

**Phone:** (203) 848-1234

Community Residential Program for Boys (SOAR)

**Phone:** (203) 508-1781

### **Manchester**

Manchester Alternative in the Community

**Phone:** (860) 649-8338

## **Waterbury**

Waterbury Alternative in the Community

**Phone:** (203) 597-6540

## **Connecticut Coalition against Domestic Violence (CCADV)**

is comprised of 18 member organizations throughout the state. These programs provide comprehensive services to victims of domestic violence and their families. Services are confidential, and available to all individuals regardless of age, race, religion, sexual preference, class, or physical ability. CCADV offers safety planning, advocacy, information, referrals, counseling, support groups, and emergency shelter. Call the toll-free domestic violence hotline to link up to a program **Hotline:** (888) 774-2900 **Espanol:** (844) 831-9200 **Office Phone:** (860) 282-7899 **Website:** [www.ctcadv.org](http://www.ctcadv.org).

## **Family Centered Services of CT**

(formerly Coordinating Council for Children in Crisis) works with families to ensure they are safe and nurturing places where children can succeed. Home-based parenting education, domestic violence counseling, substance abuse treatment, parent-child psychotherapy, and care coordination to children and youth with special health care needs are available. Psychoeducational groups are also offered including parenting education groups and a Saturday morning Kids Group for children who have witnessed domestic violence. Family CT covers the 20 towns of Greater New Have. Services are free. **Address:** 235 Nicoll Street, New Haven **Phone:** (203) 624-2600

**Website:** [www.familyct.org](http://www.familyct.org).

## **Parent Support Centers**

Parent Support Centers typically offer parenting classes, support groups, book and toy lending libraries, drop-in programs, newsletters, and special family events for parents and their children. These services, many free of charge are available to all parents residing in towns served by the Centers. For specific program services, contact a local Center.

**Manchester, Andover, Bolton, Coventry, East Hartford, East Windsor, Ellington, Glastonbury, Hebron, Marlborough, Stafford, and Vernon**

Manchester Family Resource Center

**Phone:** (860) 647-3330 [www.echn.org](http://www.echn.org)

### **Meriden/Wallingford**

Catholic Charities **Phone:** (203) 235-2507\*

**Website:** [www.ccaoh.org](http://www.ccaoh.org)

**Middletown, Cromwell, Portland**

Community Health Center **Phone:** (860) 347-6971\*

**Website:** [www.chc1.org](http://www.chc1.org)

**New Britain**

Human Resources Agency **Phone:** (860) 225-8601\*

**Website:** [www.branct.org](http://www.branct.org)

**New London**

Centro de la comunidad **Phone:** (860) 442-4463

**Norwich**

Madonna Place **Phone:** (860) 886-6600\*

**Website:** [www.madonnaplace.org](http://www.madonnaplace.org)

**Old Saybrook, Chester, Deep River, Essex, Lyme, and Old Lyme**

Youth and Family Services **Phone:** (860) 395-3190

**Torrington, Goshen, Morris, Warren, and Winchester**

McCall Foundation **Phone:** (860) 496-6112

**Website:** [www.mccal-foundation.org](http://www.mccal-foundation.org)

**Waterbury, Beacon Falls, Bethlehem, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Thomaston, Watertown, Wolcott, and Woodbury**

Waterbury Youth Services **Phone:** (203) 573-0264\*

**Website:** [www.waterburyyouthservices.org](http://www.waterburyyouthservices.org)

**Wauregan**

United Services **Phone:** (860) 412-8686

**Website:** [www.unitedservices.org](http://www.unitedservices.org)

**Windsor**

Milo W. Peck Child Development Center

**Phone:** (860) 285-1410

**Supervised Child Visitation**

The following programs offer access to a secure and safe environment, in which parents are allowed to visit with their children. The visitation occurs in the presence of a professional, who acts as a monitor.

**Ansonia**

Catholic Charities 205 Wakelee Avenue

**Phone:** (203) 735-7481 **Website:** [www.ccaoh.org](http://www.ccaoh.org)

**Bridgeport**

Child and Family Guidance Center 180 Fairfield Avenue

**Phone:** (203) 394-6520 **Website:** [www.cgcb.org](http://www.cgcb.org)

**Cromwell**

Adelbrook Children's Home (Autism) 60 Hicksville Road

**Phone:** (860) 635-6010x338\*

**Website:** [www.adelbrook.org](http://www.adelbrook.org)

**Danbury and Northwest Region**

Visitation Solutions, LLC 246 Federal Rd. Unit CL-41, Third Floor **Phone:** (203) 740-0091

**Website:** [www.visitationsolutions.com](http://www.visitationsolutions.com)

**Danielson, Willimantic-Eastern Region**

Community Action Agency 231 Broad Street

**Phone:** (860) 412-1600\*

**Website:** [www.accessagency.org](http://www.accessagency.org)

**Hartford/New Britain**

Klingberg Family Centers 370 Linwood Street

**Phone:** (860) 243-4416\*

**Northwest Region**

Thomaston Counseling Associates 258 S Main Street

**Phone:** (860) 283-8224\*

**Website:** [www.thomastoncounselingassociates.com](http://www.thomastoncounselingassociates.com)

**Norwich and Niantic**

Children's Rights Council **Phone:** (860) 625-6570\*

**Website:** [www.crckids.org](http://www.crckids.org)

**Tolland**

AMPS Inc. **Phone:** 860 870-8788\*

**Statewide**

Family Counseling and Mediation Center

**Phone:** (203) 414-6477\* Email: [socialwerk@aol.com](mailto:socialwerk@aol.com)

Kidsafe CT 19 Elm Street **Phone:** (860) 872-1918\*

**Website:** [www.kidsafect.org](http://www.kidsafect.org)

**Youth Services Bureaus**

Youth Services Bureaus YSBs are located throughout the state. These agencies are responsible for planning, coordinating and maintaining a network of community services for children, youth and their families. They provide or contract for direct services in the areas of juvenile justice, mental health services, youth development, community outreach, parent education, and child welfare services. Contact a local town hall, or contact the Connecticut Youth Services Association to find the YSB that services you. **Website:** [www.ctyouthservices.org](http://www.ctyouthservices.org) a summer camp. **Website:** [www.fcaweb.org](http://www.fcaweb.org).

**Family & Children's Aid (FCA)** offers innovative and responsive programs and services to heal and support children and families in crisis, and teach them about respect, compassion, and trust. FCA currently operates neighborhood-style group home programs serving Connecticut's most disadvantaged children. In addition, FCA offers outpatient programs, in-home services, and a summer camp. **Website:** [www.fcaweb.org](http://www.fcaweb.org).

## ***Multi-service Agencies***

### **Community Action Agencies**

Community Action Agencies address the needs of low-income individuals and families by assisting them in obtaining the support, skills and knowledge necessary for economic self-sufficiency and dignity. Agency programs include job training, education, child day care, energy assistance and weatherization, housing, criminal justice and pretrial intervention, community centers, mental health, food pantries, homeless services, senior volunteer programs, senior centers, and nutrition programs such as Meals-on-Wheels.

#### **Action for Bridgeport Community Development, Inc.**

**(ABCD)** 1070 Park Avenue, Bridgeport, CT 06604

**Phone:** (203) 366-8241\* Energy Assistance

**Phone:** (203) 384-6904\* **Website:** [www.abcd.org](http://www.abcd.org)

#### **The Access Community Action Agency (Access)**

1315 Main Street, Willimantic, CT 06226

**Phone** (860) 450-7400\* Energy Assistance

**Phone:** (860) 450-7400 **Website:** [www.accessagency.org](http://www.accessagency.org)

#### **Bristol Community Organization, Inc. (BCO)**

55 South Street, Bristol, CT 06010

**Phone:** (860) 584-2725\* Energy Assistance.

**Phone:** (860) 582-7490

#### **Community Action Agency of New Haven, Inc. (CAANH)**

419 Whalley Avenue, New Haven, CT 06515

**Phone:** (203) 387-7700\* **Website:** [www.caanh.net](http://www.caanh.net)

#### **Community Action Agency of Western Connecticut, Inc.**

**(CAAWC)** 66 North Street, Danbury, CT 06810

**Phone:** (203) 387-7700\* Energy Assistance

**Phone:** (203) 387-7700\* **Website:** [www.caanh.net](http://www.caanh.net)

#### **Community Action Agency of Western Connecticut, Inc.**

**(CAAWC)** 66 North Street, Danbury, CT 06810

**Phone:** (203) 744-4700\* Energy Assistance

**Phone** (203) 748-5422\* **Website:** [www.cacd-caa.org](http://www.cacd-caa.org)

### **Connecticut Association of Human Services**

**(CAHS)** seeks to significantly and measurably reduce poverty in Connecticut and to help all children and families build a secure future. CAHS' Family Economic Success (FES) programs directly and indirectly serve over 24,000 low and moderate income people across all eight of Connecticut's counties through over 100 strategic partnerships with community-based agencies. Its network gives it access to the lowest-income and most vulnerable populations that are both underserved and typically hard to reach, including Spanish speakers, disabled, elderly, at risk

youth and young adults, single parents, and the asset poor. Its programs provide benefits application assistance, free tax preparation, asset building products and services, free financial education, 1:1 financial goal setting and coaching, and referrals to other social service agencies within its network for support with basic needs, employment, healthcare, and self-sufficiency. **Phone:** (860) 951-2212 **Website:** [www.cahs.org](http://www.cahs.org).

### **The Connection Inc.**

Offers an array of service in the areas of behavioral health, child and family welfare, community justice, housing; sexual abuse and trauma, and women's services throughout the state of Connecticut. **Phone:** (860) 343-5500 x2125 **Toll-free:** (888) 824-1972 **Website:** [www.theconnectioninc.org](http://www.theconnectioninc.org).

### **The Hispanic Health Council (HHC)**

HHC provides bi-lingual and bi-cultural (Spanish-English) case management and support services to Latinos and other diverse communities in Hartford, Meriden, and New Haven. Services include: breastfeeding peer counseling, parenting support and child abuse prevention, pre-natal case management and support; nutrition education, cancer support group, substance abuse and mental health services, smoking cessation, after school programming and youth summer camp. Services vary by location. **Main office address:** 175 Main Street, Hartford **Phone:** (860) 527-0856 **Website:** [www.hispanichealth.com](http://www.hispanichealth.com).

### **The Salvation Army**

The Salvation Army's programs and services include: Family Shelters, The Right Place School Readiness Programs, Grandparent Support Groups, Adult Drug & Alcohol Rehabilitation Centers, Camp CONNRI – Youth Camp, CONNRI Lodge Retreat & Conference Center-Senior Summer Retreat, Homeless Prevention Programs, After School Programs, and Men's Shelter. Thrift stores, soup kitchens, feeding and nutrition programs, friendly visitors, food, and clothing banks and other services are available throughout Connecticut. To learn about specific service in a particular part of the state, contact a local Army center listed below, or the Divisional Office.

**Divisional Office:** 855 Asylum Avenue Hartford

**Phone:** (860) 702-0000 **Website:** [www.salvationarmyct.org](http://www.salvationarmyct.org)

**Ansonia** 26 Lester Street **Phone:** (203) 736-0707

**Bridgeport** 30 Elm Street **Phone:** (203) 334-0995

**Bristol** 19 Stearns Street **Phone:** (860) 583-4651

**Danbury** 15 Foster Street **Phone:** (203) 792-7505

**Hamden** 1359 Dixwell Avenue **Phone:** (203) 230-2323  
**Hartford** 225 Washington Street **Phone:** (860) 543-8413  
 855 Asylum Avenue **Phone:** (860) 543-8412  
 100 Nelson Street **Phone:** (860) 543-8419  
**Manchester** 661 Main Street **Phone:** (860) 649-7787  
**Meriden** 23 Saint Casimir Drive **Phone:** (203) 235-6532  
**Middletown** 515 Main Street **Phone:** (860) 347-7493  
**New Britain** 78 Franklin Square **Phone:** (860) 225-8491  
**New Haven** 450 George Street **Phone:** (203) 624-9891  
**New London** 11 Governor Winthrop Boulevard  
**Phone:** (860) 443-6409  
**Norwalk** 14 Byington Place **Phone:** (203) 866-2125  
**Norwich** 262 Main Street **Phone:** (860) 889-2329  
**Stamford** 198 Selleck Street **Phone:** (203) 359-2320  
**Torrington** 234 Oak Avenue **Phone:** (860) 482-3569  
**Waterbury** 74 Central Avenue **Phone:** (203) 754-7056  
**Willimantic** 316 Pleasant Street **Phone:** (860) 423-0977

## Wheeler Clinic

Wheeler Clinic founded in 1968, is an independent, not-for-profit, community-based organization that provides a comprehensive continuum of mental health and substance abuse recovery services, primary care, child welfare, special education, early childhood, community justice, foster care, employee assistance, and prevention and wellness programs. **Toll-free** (888) 793-3500  
**Website:** [www.wheelerclinic.org](http://www.wheelerclinic.org)

## CT Council of Family Service Agencies (CCFSA)

A statewide network of nonprofit family service agencies that deliver services from over 90 offices located throughout the state of Connecticut. Professional services are provided to low income, the middle class, and the affluent in a variety of settings across all social service disciplines. Member agencies are community-based, licensed by the State of Connecticut, and nationally accredited. All sites are equipped to provide the following: Empowering People for Success, for families transitioning from welfare to self-sufficiency; Parenting Education, a structured curriculum to help divorcing couples continue to be effective parents; and Focus on K.I.D.S., a solution-focused program that helps high-conflict divorcing or divorced parents improve their communication and nurture their children more effectively. For locations and

information on these and other programs call or visit the CCFSA on the web. **Phone:** (860) 571-0093

**Website:** [www.ctfsa.org](http://www.ctfsa.org)

## Columbia

United Services **Phone:** (860) 228-4480

**Website:** [www.unitedservicect.org](http://www.unitedservicect.org)

## Darien

Family Centers Darien/ Center for HOPE

**Phone:** (203) 655-4693 **Website:** [www.familycenters.org](http://www.familycenters.org)

## Dayville

United Services **Phone:** (860) 774-2020

**Website:** [www.unitedservicect.org](http://www.unitedservicect.org)

## Hartford

Catholic Charities **Phone:** (860) 493-1841

**Website:** [www.ccaoh.org](http://www.ccaoh.org)

Jewish Family Services **Phone:** (860) 236-1927

**Website:** [www.ifshartford.org](http://www.ifshartford.org)

Village for children & Families **Phone:** (860) 236-4511

**Website:** [www.villageforchildren.org](http://www.villageforchildren.org)

Oak Hill 120 Holcomb Street **Phone:** (860) 242-2274

**Website:** [www.ciboakhill.org](http://www.ciboakhill.org)

NEAT Center at Oak Hill 33 Coventry Street

**Phone:** (860) 243-2869 **Website:** [www.ciboakhill.org](http://www.ciboakhill.org)

## Greenwich

Family Centers **Phone:** (203) 869-4848

**Website:** [www.familycenters.org](http://www.familycenters.org)

## Norwalk

Family & Children Agency's **Phone:** (203) 855-8765

**Website:** [www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)

## Norwich

Catholic Charities **Phone:** (860) 889-8346

**Website:** [www.ccfns.org](http://www.ccfns.org)

## New London

Catholic Charities **Phone:** (860) 443-5328

**Website:** [www.ccfns.org](http://www.ccfns.org)

## Newtown

Newtown Youth and Family Services

**Phone:** (203) 270-4335

**Website:** [www.newtownyouthandfamilyservices.org](http://www.newtownyouthandfamilyservices.org)

## Portland

Catholic Charities **Phone:** (860) 342-0760

## Stamford

Family Centers Stamford **Phone:** (203) 324-3167

**Website:** [www.familycenters.org](http://www.familycenters.org)

Jewish Family Services **Phone** (203) 921-4161

**Website:** [www.ctjfs.org](http://www.ctjfs.org)

### **Westport**

Jewish Family Services **Phone** (203) 454-4992

**Website:** [www.ctjfs.org](http://www.ctjfs.org)

### **Stratford**

NEAT Center at Oak Hill (Stratford)

**Phone:** (203) 378-6977

### **Willimantic**

NEAT Center at Oak Hill (Willimantic)

**Phone:** (860) 423-4534 **Website:** [ww.ciboakhill.org](http://ww.ciboakhill.org)

United Services **Phone:** (860) 456-2261

**Website:** [www.unitedservicesct.org](http://www.unitedservicesct.org)

### **Waugrean**

United Services **Phone:** (860) 564-6100

**Website:** [www.unitedservicesct.org](http://www.unitedservicesct.org)

Catholic Charities **Phone:** (860) 423-7065

**Website:** [www.ccfns.org](http://www.ccfns.org)

## **Connecticut Department on Aging (CDA)**

The State Department on Aging administers approximately \$37 million from the federal Older Americans Act and other federal and state funds to provide a wide range of services to older adults in Connecticut. These services include congregate and home-delivered meals, in-home services, senior community service employment, health insurance counseling, and respite for caregivers. Under the Older Americans Act, services are provided to adults age 60 and older. The goal of the programs under the Older Americans Act is to enable older adults to remain in their home and the community of their choosing for as long as possible through the provision of home and community-based services including supports for family caregivers. The department works closely with the aging network partners to provide these services.

**Phone:** (860) 424-5274 **Toll free:** (866) 218-6631 (in state) **Website:** [www.ct.gov/aging](http://www.ct.gov/aging)

## **AARP**

AARP is a nonprofit organization that strengthens communities and fights for the issues that matter most to families, such as healthcare, employment and income security, retirement planning, affordable utilities, and protection from financial abuse. It helps members obtain discounts on a wide range of products, travel, and services. The AARP foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need. **Toll-free:** 1-866-295-7279. **Website:** [www.aarp.org/ct](http://www.aarp.org/ct)

AARP Driver Safety Program **Phone:** 1-888-AARPNOW (1-888-227-7669) **Website:** [www.aarp.org/drive](http://www.aarp.org/drive)

Tax-Aide is a free volunteer-run tax assistance and preparation program, with sites from February 1 to April 15. AARP Foundation Tax-Aide volunteers are trained and IRS-certified each year. Locations **Website:** [www.aarp.org/findtaxhelp](http://www.aarp.org/findtaxhelp) Volunteer **Website:** [www.aarp.org/taxvolunteer](http://www.aarp.org/taxvolunteer) or [www.aarp.org/taxaide](http://www.aarp.org/taxaide) **Toll-free:** 1-888-AARP-NOW (1-888-227-7669).

AARP Fraud Watch **Phone:** (860) 548-3163 **Website:** [www.aarp.org/fraudwatchnetwork](http://www.aarp.org/fraudwatchnetwork)

Create The Good – Online resource where people and organizations can find meaningful volunteer activities. Organizations and individuals can post and share their own ideas and opportunities, and connect with others on a wide variety of areas of interest.

**Website:** [www.CreateTheGood.org](http://www.CreateTheGood.org)

Decide. Create. Share: Volunteers provide facilitated discussions to organizations and groups to promote awareness and education on future needs facing women as they age. **Toll-free:** (866) 296-7279.

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# **Special Populations**

## ***Elderly***

### **Protective Services for the Elderly (PSE)**

This program is designed to safeguard people 60 years and older from physical, mental and emotional abuse, neglect and abandonment, and/or financial abuse and exploitation. DSS social workers devise a plan of care aimed at assuring an elder's safety while preserving the person's right of self-determination. The Social Work service plan may include crisis intervention, arranging for and coordinating any of the following services: adult day-care, companionship, counseling, homemaker, home health care, home-delivered meals, long-term care or, if necessary, emergency convalescent placement. To report cases of suspected abuse, neglect or exploitation, call the Toll-free in-state referral line at 1-888-385-4225 or the Out of State call Infoline at 1-800-203-1234.

## Area Agencies on Aging

Area Agencies on Aging are five regional organizations federally designated by the Older Americans Act and the Connecticut State Department on Aging to: assess the needs and gaps in service affecting older adults, promote solutions and allocate resources to meet the needs of older adults, and monitor, evaluate and consistently improve on the delivery of services to support the independence and dignity of older adults. They provide information and referral assistance on health insurance, community-based services, and administer programs that help caregivers keep their loved ones at home. Statewide **Toll-free:** (800) 994-9422

**Website:** [www.ctagenciesonaging.org](http://www.ctagenciesonaging.org).

**New Haven:** (203) 785-8533

**Norwich:** (860) 887-3561

**Hartford:** (860) 724-6463

**Bridgeport:** (203) 333-9288

**Waterbury:** (203) 757-5449

## Compassion and Choices

Counselors and volunteers work one-one-one with terminally ill adult patients and their families to ensure that the patient's wishes for end-of-life care are documented and honored. Services include assistance in preparing advanced health care directives (living wills), advocating on the patient's behalf for better pain and symptom management, and exploring end-of-life options, including hospice, relief from chronic pain, withholding and withdrawal of treatment, stopping eating and drinking, and other legal alternatives. There is no fee for services. **Toll-free:** (800) 247-7421.

## Connecticut Association of Adult Day Centers

Adult Day Health Centers offer programs in a group setting for older adults during the day. Services can include nursing care, personal care, nutrition, social services, rehabilitation services and recreation certified by the Department of Social Services and CAADC.

**Phone:** (203) 678-4649\* **Website:** [www.leadingagect.org](http://www.leadingagect.org).

## Connecticut Home Care Program for Elders (CHCPE)

To be eligible, applicants must be 65 years of age or older, be a CT resident, be at risk of nursing home placement, and meet the program's financial eligibility criteria. To be at

risk of nursing home placement means that the applicant needs assistance with critical needs such as bathing, dressing, eating, taking medications, or toileting. The CHCPE helps eligible clients continue living at home instead of going to a nursing home. Each applicant's needs are reviewed to determine if the applicant may remain at home with the help of home care services. For more information on eligibility criteria, please see the link below. Services may include case management services, companion services, homemaker services, and home delivered meals. For more information, or to start the application process, please call **Toll-free:** 1-800-445-5394 or 860-424-4904 locally in the Hartford area.

## Connecticut Partnership for Long Term Care

Enables residents to pay for future long-term care without impoverishing themselves. People can buy a pre-approved private long-term care insurance policy from a company that is participating in the partnership and protect a specified amount of assets from Medicaid spend-down. **Toll-free:** (800) 547-3443 **Website:** [www.ctpartnership.org](http://www.ctpartnership.org).

## The Connecticut Statewide Respite Care Program

Provides respite services, information and support for families caring for a person with Alzheimer's disease or related dementias. The person must have an income of \$44,591 or less, liquid assets of \$118,549 or less, and is required to pay 20 percent of the cost services. This co-pay may be waived based upon demonstrated financial hardship. **Toll-free:** (800) 994-9422 (Area Agencies on Aging) **Phone:** (860) 424-5279.

## Elderly Nutrition Program

Serves nutritionally balanced meals and provides nutrition education and nutrition counseling, as appropriate. Meals are served at congregate meal sites which are known as Senior Community Cafés. There are approximately 171 Senior Community Cafes in Connecticut. Home-delivered meals may be available to adults who are homebound or otherwise isolated and unable to go to a Community Café. The program serves adults age 60 and older and their spouses: individuals with disabilities, under the age of 60, who live with an older person; or individuals with disabilities, under the age of 60, living in elderly housing facilities that have Senior Community Cafes. **Phone:** 1-866-218-6631 **Website:** [www.ct.gov/aging](http://www.ct.gov/aging).

## **Employment: The Senior Community Service Employment Program (SCEP)**

Low income, unemployed adults aged 55+ can participate in part-time, paid community service, providing training and job search assistance leading to unsubsidized employment. **Phone:** (203) 502-7303

## **Grandparents as Parents Support (GAPS)**

This statewide network promotes the creation of services and support groups for grandparents and relatives raising children. **Toll-free:** (866) 218 6631, or **out-of-state:** (860) 424-5274. Information is also listed under “programs and services” on the State Department on Aging **Website:** [www.ct.gov/aging](http://www.ct.gov/aging).

## **National Family Caregiver Support Program**

Provides information, assistance, support groups, counseling, training, respites, and supplemental services to families caring for someone aged 60 and over and grandparents 55 and over raising children. **Toll-free:** (800) 994-9422 **Phone:** (860) 424-5790

## **EyeCare America**

EyeCare America Seniors Program helps ensure that every senior has access to medical eye care. The program is designed for individuals age 65 and older who have not seen an ophthalmologist (eye doctor) in three years or more, do not belong to an HMO, or receive eye care benefits through the VA. Eligible seniors receive a comprehensive medical eye exam and treatment for any disease diagnosed at the time of the initial visit for up to one year at no out-of-pocket cost for the physician’s services. Medicare and other insurance will be billed and accepted as payment in full. Uninsured patients will be seen at no cost. Eyeglasses, prescriptions, hospital services, and fees of other medical professionals are not covered. **Toll-free:** (877) 887-6327, Mon-Fri, 8 am to noon, PT. **Website:** [www.eyecareamerica.org](http://www.eyecareamerica.org) to take online referral questionnaire.

## **Senior Medicare Patrol (SMP)**

Senior Medicare Patrol project empowers beneficiaries to become better health care consumers by increasing their awareness of Medicare and Medicaid fraud and abuse, errors, scams, and other potential incidences of health care fraud. Utilizing the skills and expertise of retired professionals and other senior citizens, these volunteers assist consumers with identifying and reporting fraudulent

practices in order to detect and reduce improper payments and prevent victimization of themselves and others. In State **Toll-free:** (800-994-9422\* **Phone:** (860) 424-5293.

## ***Disabled***

### **Board of Educational Services for the Blind**

The Bureau of Education and Services for the Blind (BESB), within the Department of Rehabilitation Services, provides educational, vocational, and independent living services to adults who are legally blind and children who are blind or visually impaired to help them achieve and maintain independence and self-sufficiency as fully contributing members of an integrated society. BESB provides certification of legal blindness; social work and referrals; low-vision evaluations and equipment; employment training and job placement; worker retention support and adaptive equipment; school-to-career transition services to adolescents; financial and technical support to clients who own or want to own their own business; independent travel instruction; and training in activities of daily living. **Toll-free:** (800)-842-4510\* **Voice/TDD:** (860) 602-4221 **Website:** [www.ct.gov/besb](http://www.ct.gov/besb).

## **Connecticut Bureau of Rehabilitation Services (BRS)**

Workers’ Rehabilitation Services, Department of Rehabilitation Services is designed to return to work those who have been injured on the job or who have contracted an occupational disease and qualify under the Connecticut Workers’ Compensation Act. The program offers vocational rehabilitation services including interest and aptitude testing, evaluations, on-the-job or formal training, job seeking skills, and placement assistance.

**Administrative Office:** 21 Oak Street, 4th Floor, Hartford, CT 06106 **Phone:** (860) 493-1500 for an application or further information

**Bridgeport** 350 Fairfield Avenue **Phone:** (203) 382-5600

**Hartford** 999 Asylum Avenue **Phone:** (860) 566-4154

**Middletown** 90 court Street **Phone:** (860) 344-7453

**New Britain** 233 Main Street **Phone:** (860) 827-7180

**New Haven** 700 State Street **Phone:** (203) 789-7512

**Norwich** 55 Main Street **Phone:** (860) 823-3900

**Stamford** 111 High Ridge Road **Phone:** (203) 325-3881

**Waterbury** 55 West Main Street **Phone:** (203) 596-4207

## Connecticut Department of Rehabilitation Services Deaf and Hard of Hearing Services

DORS provides sign language interpreting and counseling services for deaf and deaf and hard of hearing people, as well as for the hearing community who live and work with individuals with hearing loss. The counseling services include personal and family support. **Toll-free in CT:** (800) 708-6796 **Phone:** (860) 231-8756

**TTY:** (860) 231-8169 **Interpreting Unit Main Line:** (860) 697-3570 **VP:** (860) 899-1647

DORS Counseling Unit provides adjustment counseling for individuals who are deaf or hard of hearing and their families, consultations, information, and resources, if available. **Counseling Unit Main Line:** (860) 697-3560, **VP** (860) 899-1648. **Website:** [www.ct.gov/dorse/](http://www.ct.gov/dorse/) **TTY:** (860) 231-1690 **VP:** (860) 899-1647 **After-hours Emergency Interpreting:** (860) 231-7623

## Connecticut Department of Developmental Services (DDS)

DDS is responsible for the planning, development, and administration of complete, comprehensive, and integrated statewide services for persons with an intellectual disability and persons medically diagnosed as having Prader-Willi Syndrome. DDS provides services through a decentralized system that relies on private provider agencies under contract or enrolled with the department, in addition to state-operated services. These services include residential placement and in-home supports, day and employment programs, early intervention, family support, respite, case management, and other periodic services such as transportation, interpreter services, and clinical services. The Autism Division operates a program for individuals with autism spectrum disorder who do not have intellectual disability. The Birth to Three System assists and strengthens the capacity of families to meet the developmental and health-related needs of infants and toddlers who have delays or disabilities. For information on DDS eligibility, see **Website:** [www.ct.gov/dds](http://www.ct.gov/dds).

Central office **Phone:** (860) 418-6000\*

**Toll-free:** (866) 737-0330

**TDD:** (860) 418-6079

### North Region

East Hartford (860) 263-2500\* **Toll-free:** (800) 558-9527

**TTY Phone:** (860) 263-2510 **After Hours Emergency:** (860) 614 9136

Newington (860) 331-2100

Putnam (860) 630-4000

Willimantic (860) 456-6300

### South Region

Wallingford (203) 294-5049\* **Toll-free:** (888) 263-4445

**After Hours Emergency Toll-free:** (866) 392-8233

**TTD:** (203) 294-4475

New Haven (203) 974-4200\*

Norwich (860) 859-5400\*

**Toll-free:** (866) 584-3376

Meriden (203) 514-3200

### West Region

Waterbury: (203) 805-7400 **Toll-free:** (866) 274-3888

**After Hours Emergency** (203) 725-5297

Cheshire (203) 806-8700

Danbury (203) 448-3500

Stratford (203) 455-3100

Northwest Center (860) 496-3000

Southbury Training School (203) 586-2000

**Toll Free:** (800) 811-0173

## Connecticut Library for the Blind and Physically Handicapped

The Connecticut State Library for the Blind and Physically Handicapped lends books and magazines in Braille and recorded formats, along with the necessary playback equipment. The service is free to any Connecticut adult or child who is unable to use regular printed materials due to a visual or physical disability. All materials are available by postage-free mail. Call or write to request application and certification procedures, or visit the website for program information and a printable application.

**Address:** 198 West Street, Rocky Hill, CT 06067-3545

**Toll-free:** (800) 842-4516 **Phone:** (860) 721-2020\*

**Website:** <http://ctstatelibrary.org/lbph/>.

## Ability Beyond

A resource for people with developmental disabilities, autism spectrum disorder, brain injury, mental illness, and physical disabilities that often accompany these ailments. The majority of individuals are adults or young adults and the services provided can address a single life episode or span a lifetime. The organization provides community living supports, individual home supports, employment resources, social and community integration supports, clinical supports, transportation services, aging specialties, behavioral and transitional living supports, school to community supports, and service coordination. **Toll-free:** (888) 832-8247 **Website:** [www.abilitybeyond.org](http://www.abilitybeyond.org).



## American School for the Deaf

The American School for the Deaf is a comprehensive learning community that welcomes all deaf and hard of hearing children and their families. We develop the whole child – intellectually, emotionally, physically, and socially. Here, students and their families are surrounded by supportive peers, guided by dedicated educators and specialists, and empowered by the latest technology. Utilizing the proven American Sign Language/English Bilingual approach, we foster a language-rich environment that maximizes each student's unique potential.

ASD provides a full range of comprehensive educational services for preschool to 12th grade students, including those with additional disabilities. An alternative education program, the PACES program, is available for students with emotional-behavioral disorders. ASD also provides outreach and community programs, including: outreach education for school districts throughout the state; a statewide Birth-to-Three program; counseling; occupational therapy; physical therapy; parent support groups; and community sign language classes. A wide variety of educational audiological services are available as well, including cochlear implant (CI) services and support. **Address:** 139 North Main Street, West Hartford, CT 06107. **Phone:** (860) 570-2300. **TTY:** (860) 570-2222. **Website:** [www.asd-1817.org](http://www.asd-1817.org).

## Converse Communications

Converse Communications supports people who are deaf, hearing impaired, or speech disabled. Services include text-telephone loan distribution, capital distribution, and closed captioning services. These services may be available at no cost as part of the Americans with Disabilities Act. **Address:** 34 Jerome Avenue, Suite 202, Bloomfield CT 06002. **Phone:** (860) 242-4974 **Website:** [www.conversecommunications.com](http://www.conversecommunications.com).

## Easter Seals Capitol Region & Eastern Connecticut

Provides comprehensive medical and vocational services to people with disabilities throughout Hartford, Tolland, Windham, New London, and Eastern Middlesex Counties. Services include: medical rehabilitation, including physical, occupational, and speech therapies as well as neuropsychological service; Autism Initiative, Pathways Breast Cancer Rehabilitation Program, comprehensive traumatic brain injury rehabilitation; comprehensive stroke rehabilitation; Lymphedema treatment and management; vocational rehabilitation including job coaching, job seeking, and employment skills training programs; individual and group supported employment programs;

school to work transition service; adult day programs and Senior Community Service Employment Program (SCSEP). Varying programs are available at three sites located in Windsor, East Hartford, and Norwich.

**Medical Services & Administration:** 100 Deerfield Road, Windsor, CT 06095

**Vocational Services:** 22 Prestige Park Circle, East Hartford, CT 06108

**Day Services:** 24 Stott Avenue, Norwich, CT 06360

**Phone:** (860) 552-2002

**Website:** [www.hartford.easterseals.com](http://www.hartford.easterseals.com)

## Goodwill of Western and Northern Connecticut

Goodwill of Western and Northern Connecticut, Inc. offers a wide range of services designed for people with intellectual disabilities, mental illness, or other barriers to employment. These services include: case management, individual and group-supported employment, work competitive job placement and follow-up. Free one-on-one employment services are provided through the network of Goodwill Career Centers for the unemployed, underemployed, and those making the transition as a student from a school to work environment. Residential support and day programs are also available: Bridgeport **Phone:** (203) 368-6511 Hartford **Phone:** (860) 278-5890

## Kuhn Employment Opportunities

Kuhn is committed to the development of quality, person-centered services, delivered through meaningful employment opportunities that provide individuals with disabilities the skills and support necessary to become independent, gain self-esteem, and to be productive and valued members of the community. Kuhn services include, but are not limited to, community experience, prevocational services, social skills training, community-based group supported employment, job development, career planning, independent/competitive job placement, follow along job support, vocational assessment and transportation services, as well as, opportunities for older adults (retirement program). Program services vary by location and funding sources. Call for additional information. Meriden **Phone:** (203) 235-2583/ Middletown **Phone:** (860) 347-8923. **Website:** [www.kuhngroup.org](http://www.kuhngroup.org).

**Oak Hill** is the largest nonprofit private provider of services for people with disabilities in Connecticut, offering community-based education, housing,

employment, assistive technology, early intervention, and therapeutic education on healthy relationships, recreation, and arts. Hundreds of people from birth to over 90 years of age are served directly by Oak Hill, and tens of thousands of connections are made annually through their assistive technology program. **Address:** 120 Holcomb Street, Hartford, CT 06112 **Phone:** (860) 242-2274\* **TTY:** (860) 286-3113 **Website:** [www.ciboakhill.org](http://www.ciboakhill.org).

## **Planned Lifetime Assistance Network (PLAN) of Connecticut**

PLAN assists families of all incomes in planning for the future of a family member with a disability and arranges continuity of care after the principal advocates/care-givers have died or are unable to continue their services. PLAN assists in setting set up and managing special needs trusts that help loved ones with a disability to maintain self-sufficiency, prevent unnecessary hospitalizations, and enhance quality of life. PLAN trusts require no minimum funding and serves people with any disability. **Phone:** (860) 523-4951\* **Website:** [www.planofct.org](http://www.planofct.org).

## ***Veterans***

### **Connecticut Department of Veterans Affairs**

The Department of Veterans Affairs was established to provide expanded, integrated, and coordinated services to Connecticut veterans and their families. Counsel is provided to veterans concerning educational training and retraining, health, medical and rehabilitation services, housing assistance, and benefits for veterans in nursing homes. The agency assists in the establishment, preparation, and presentation of claims to rights, benefits or privileges accrued to veterans. The Department of Veterans Affairs maintains a staffed office in the towns listed below. **Commissioner Address:** 287 West Street, Rocky Hill, CT 06067 **Phone:** (860) 616-3600 **VET INFO:** (866) 928-8387

**Newington** 555 Willard Avenue, 3rd floor  
**Phone:** (860) 594-6604

**Norwich** 100 Broadway – City Hall Room 305  
**Phone:** (860) 887-9162

**Milford** 70 West River Street **Phone:** (203) 874-6711

**Bridgeport** 752 East Main Street, Bridgeport, CT 06608  
**Phone:** (203) 336-2570\*

**Waterbury** 55 West Main Street # 140  
**Phone:** (203) 805-6340

## **Veterans' Employment Training Service (VETS)**

This agency assists Veterans, Reservists, and National Guard members in securing employment and benefits, including resolution of claims under the Uniformed Services Employment and Reemployment Rights Act (USERRA) and fact-finding assistance to veterans who believe their veterans' preference rights in federal employment have been violated. The agency also provides employment and training assistance through local governments and nonprofit agencies. **Address:** 200 Folly Brook Blvd., Wethersfield, CT 06109

**Phone:** (860) 263-6490\* **Website:** [www.dol.gov/vets](http://www.dol.gov/vets).

## **The Veteran's Directed Home and Community Based Services Program (VD-HCBS)**

This program serves veterans of any age who are at risk of nursing home placement and able to self-direct their own care in the community. VC-HCBS provides Veterans the opportunity to develop an individualized budget and service plan that reflects their personal goals and needs in order to avoid institutionalization and continue to live in their homes and communities. Slots are limited. For more information, contact the Area Agencies on Aging **Toll-free:** (800) 994-9422.

## **Soldiers', Sailors', and Marines' Fund**

The Soldiers', Sailors', and Marines' Fund provides temporary assistance to needy wartime veterans or their dependents who are legal residents of Connecticut. Available assistance includes food, clothing, medical expenses, mortgage interest or rent, assistance in paying utility bills, or other temporary financial needs. The veteran must have served in the Armed Forces of the United States for at least 90 days during a wartime period and have been honorably discharged. Applications may be filed through the American Legion Service Officer in the town in which the veteran resides, or at the offices listed below. To learn about additional non-wartime combat and combat support service, contact your local assistance office.

**Phone:** (860) 296-0719 **Website:** [www.alctssmf.org](http://www.alctssmf.org).

**Bridgeport** 752 East Main Street **Phone:** (203) 332-5648

**Hartford** 999 Asylum Avenue **Phone:** (860) 566-2677

**New Haven** 746 Chapel Street **Phone:** (203) 789-7841

**Norwich** 100 Broadway, Room 307 **Phone:** (860) 886-8557

**Waterbury** 55 West Main Street **Phone:** (203) 805-6350

# ***LGBTQ***

## **True Colors**

True Colors works to create a world where youth, adults and families of all sexual orientations and gender identities are valued and affirmed. We challenge all forms of oppression through education, advocacy, and direct services to youth and those responsible for their well-being. Our programs include: one-on-one and group mentoring for lesbian, gay, bisexual, transgender (LGBT) youth in out-of-home care; professional development training for providers, community organizations, and educators; youth leadership development and training; foster parent training and recruitment; and the production of the largest LGBT and ally youth issues conference in the nation. **Phone:** (860) 232-0050

**Website:** [www.ourtruecolors.org](http://www.ourtruecolors.org).

## ***Foreign Born***

Documented and undocumented immigrants can be helped through most of the agencies listed in this directory. The agencies below have a mission-related interest in serving immigrants:

### **Bridgeport**

Catholic Charities – see listings in Nonprofit Counseling section of this book.

### **Hartford:**

Alianca Brasileira, 2074 Park Street, Second Floor

**Phone:** (860) 236-0788

Asian Family Services, 1921 Park Street

**Phone:** (860) 951-8770

The Conference of Churches, 224 Farmington Avenue

**Phone:** (860) 247-0017

Catholic Charities – See listings in Nonprofit Counseling section of this book.

Connecticut Coalition of Mutual Assistance Associations, Inc., 143 Madison Avenue **Phone:** (860) 236-6452

Franciscan Center for Urban Ministry, 285 Church Street

**Phone:** (860) 756-4034

Hartford Public Library (educational programs pertaining to citizenship, immigrant rights, etc.), 500 Main Street

**Phone:** (860) 695-6300

Jewish Federation Association of CT, 40 Woodland Street

**Phone:** (860) 727-5770

### **Middletown:**

Community Health Center (provides health services in over 10 languages), 675 Main Street

**Phone:** (860) 347-6971

### **New Haven:**

Catholic Charities – see listings in Nonprofit Counseling section of this book.

Centro San Jose (food pantry, community center, 290 Grand Avenue **Phone:** (203) 777-6771

IRIS (Integrated Refugee and Immigrant Services), 235 Nicoll Street, 2<sup>nd</sup> Floor **Phone:** (203) 562-2095

Junta (multi service agency) 169 Grand Avenue

**Phone:** (203) 787-0191

## **International Institute of Connecticut (IIC)**

IIC is a social service agency serving foreign-born and limited-English speaking people. It provides immigration and naturalization counseling, refugee resettlement services, interpreter/translator assistance, English language classes, vocational training, job assistance, and referrals. IIC is a recognized by the U.S. Board of Immigration Appeals and is able to represent immigrants before the US Customs and Immigration Service. Charges for services are based on a person's ability to pay. The IIC can also assist victims of human trafficking. **Website:** [www.iiconn.org](http://www.iiconn.org).

**Bridgeport:** 670 Clinton Avenue (203) 336-0141

**Hartford:** (860) 692-3085\*

**Stamford:** (203) 965-7190\*

**Derby:** (203) 751-8696

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# **Know Your Rights**

## ***Workers' Rights***

### **Family Leave State Law**

The Connecticut Department of Labor monitors the state family and medical leave statute, which entitles eligible employees to a total of 16 work weeks of leave during any 24-month period. **Address:** 200 Folly Brook Boulevard, Wethersfield, CT 06109 **Phone:** (860) 263-6755 **Website** [www.ct.gov/dol](http://www.ct.gov/dol).

## **Workers' Rehabilitation Services, Department of Rehabilitation Services**

Workers' Rehabilitation Services, Department of Rehabilitation Services is designed to return to work those who have been injured on the job or who have contracted an occupational disease and qualify under the Connecticut Workers' Compensation Act. The program offers vocational rehabilitation services, including interest and aptitude testing, evaluations, on-the-job or formal training, job seeking skills, and placement assistance.

**Administrative Address:** 21 Oak Street, Hartford, CT 06106, 4th Floor, Hartford, CT 06106 **Phone:** (860) 493-1500 for an application or further information

**Bridgeport** 350 Fairfield Avenue **Phone:** (203) 382-5600

**Hartford** 999 Asylum Avenue **Phone:** (860) 566-4154

**Middletown** 90 Court Street **Phone:** (860) 344-7453

**New Britain** 233 Main Street **Phone:** (860) 827-7180

**New Haven** 700 State Street **Phone:** (203) 789-7512

**Norwich** 55 Main Street **Phone:** (860) 823-3900

**Stamford** 111 High Ridge Road **Phone:** (203) 325-3881

**Waterbury** 55 West Main Street **Phone:** (203) 596-4207

**Unemployment Insurance (UI)** is a joint federal-state program providing temporary income for eligible workers who are either partially or fully unemployed due to no fault of their own and qualify under Connecticut's law. Administered by the Connecticut Department of Labor (CTDOL), Unemployment Insurance benefits are paid when certain legal conditions are met. A new or weekly continued claim for unemployment benefits can be filed on the Labor Department's website at [www.filectui.com](http://www.filectui.com) or filed by phone through the Tele Benefits system. For a local Tele Benefits Phone number visit the DOLL website at [www.ct.gov/dol](http://www.ct.gov/dol), refer to the blue pages of your phone directory, or call **Toll-free:** 2-1-1.

**Kent, North Thompson, Salisbury, Sharon, Stafford Springs, Westport and Wilton** **Phone:** (800) 354-3305

**Danielson, Willimantic** **Phone:** (860) 423-2521\*

**Greater Hartford, Bristol, Enfield, Manchester, New Britain** **Phone:** (860) 566-5790\*

**Meriden, Middletown** **Phone:** (860) 344-2993\*

**Bridgeport** **Phone:** (203) 579-6291\*

**Danbury** **Phone:** (203) 797-4150\*

**New Haven, Hamden, Ansonia** **Phone:** (203) 230-4939\*

**New London, Norwich** **Phone:** (860) 443-2041\*

**Stamford, Greenwich, Norwalk** **Phone:** (203) 348-2696\*

**Torrington** **Phone:** (860) 482-5581\*

**Waterbury** **Phone:** (203) 596-4140\*

## ***Denial of Benefits or Services***

### **CT Department of Public Health (DPH)**

Complaints about health care services are handled by DPH Healthcare Quality & Safety Branch. **Address:** Facility Licensing and Investigations Section, 410 Capitol Avenue, MS #12FLIS, P.O. Box 340308, Hartford, CT 06134-0308. For specific complaints about Health Care Institutions such as a hospital, nursing home or out-patient clinic **Phone:** (860) 509-7400. For Specific complaints about Health Care Professionals licensed by DPH **Phone:** (860) 509-7552. For specific complaints about Home Health Care Agencies write to DPH or call **Toll-free:** (800) 828-9769

### **Office of the Healthcare Advocate**

If you need healthcare or healthcare coverage or have problems with your coverage and don't know where to turn, please call us. The OHA is an independent agency here to help you understand what options you have, how to get and fight for your healthcare coverage, including coverage for mental health or substance use treatment, and to make sure you get covered for your healthcare needs. OHA is YOUR advocate. Our only interest is consumers. Our services are free and confidential and provided in real time. **Toll-free:** (866) 466-4446 **Website:** [www.ct.gov/oha](http://www.ct.gov/oha).

### **Social Security Administration**

If the Social Security Administration denies benefits or issues a decision deemed unsatisfactory, an appeal can be made at the SSA office within 60 days from the receipt of written notice. To obtain information regarding rights or assistance in preparing for an appeal, contact Statewide Legal Services listed separately in this guide, or a private attorney. Attorneys generally do not become involved in such cases until the Administrative Law Judge Hearing. They usually handle the case on a contingency fee basis—charging for their services only if they win. Attorney fees must be approved by SSA or a court. Statewide Legal Services **Toll-free:** (800) 453-3320\* Supplemental Security Income (SSI): The same procedures for Social Security denial apply to SSI.

## Center for Medicare Advocacy

CMA provides education, advocacy, and legal assistance to help older people and people with disabilities obtain necessary health care. CMA focuses on the needs of Medicare beneficiaries, people with chronic conditions, and those in need of long-term care. Advice, written materials, and legal services are free to residents of Connecticut. **Address:** P.O. Box 350, Willimantic, CT 06226 **Toll-free:** (800) 262-4414 **Phone:** (860) 456-7790\* TDD available **Website:** [www.medicareadvocacy.org](http://www.medicareadvocacy.org).

## Qualidigm

Qualidigm is a national consulting and research company dedicated to advancing the quality, safety, and cost-effectiveness of healthcare in various settings, including Transformational Services, Aging Services, and Home Health Care. **Address:** 1290 Silas Deane Highway, Suite #4A, Wethersfield, CT **Website:** [www.qualidigm.org](http://www.qualidigm.org).

## *Victim Services*

### Office of Victim Services

The Connecticut Judicial Branch, Office of Victim Services (OVS) is the state's lead agency that provides services to victims of violent crime and their families. OVS Victim Services Advocates (VSA) are available at certain courthouses throughout the state and at the Board of Pardons and Paroles to provide support during hearings, information on crime victims' rights and the criminal justice system, and referrals to state and community agencies. For more information, call the OVS Helpline **Toll-free** at 1-800-822-8428. The Victim Compensation Program offers financial help for certain crime-related expenses not covered by insurance or other financial resources. For more information, call **Toll-free:** 1-888-286-7347.

### Connecticut Statewide Automated Victim Information and Notification (CT SAVIN)

Provides confidential notification in English, Polish, Portuguese, and Spanish on criminal court cases for an offender, changes to an offender's custody status with the Department of Correction, and when a criminal court order of protection is issued, changed, or ends. For more information on CT SAVIN, call **Toll-free:** (877) 864-3428. For more information on CT SAVIN and other OVS victim notification programs, call **Toll-free:** (800) 822-8428.

## Office of Victim Advocate

OVA is an independent state agency responsible for the protection and promotion of state constitutional and statutory rights of crime victims throughout the state. OVA seeks to ensure that the victims of crime become an integral part of the criminal justice system. OVA provides public education of the rights and service available to crime victims, collaboration with law enforcement and service providers, as well as court and legislative advocacy. **Phone:** (860) 550-6632

## Office of the Child Advocate (OCA)

OCA is an independent state agency established to protect the civil, legal, and special rights of all children in Connecticut and to advance policies that promote children's best interests. OCA's mission is to oversee the protection and care of children and to advocate for their well-being. **Address:** 999 Asylum Avenue, Hartford, CT 06105 **Toll-free:** (800) 994-0939

## *Legal Advice and Representation*

### Office of Protection and Advocacy for persons with Disabilities (P&A)

P&A is an independent state agency providing information, referrals, advocacy assistance, and limited legal services to people with disabilities whose civil rights have been violated or who are experiencing difficulty securing relevant support services. P&A supports the development of community advocacy groups by providing training and technical assistance. P&A is responsible for investigating abuse and neglect of individuals with Intellectual Disabilities ages 18-59 and deaths of all individuals with Intellectual Disabilities over the age of 18 where abuse and/or neglect may have been the cause. **Address:** 60 B Weston Street, Hartford, CT 06120 **Phone:** 860-297-4300(V) **Toll-free:** 1-800-842-7303 (V/TTY): 860-297-4380 **Website:** [www.ct.gov/opapd](http://www.ct.gov/opapd).

### Consumer Law Project for Elders (CLPE)

The Consumer Law Project for Elders (CLPE) provides free legal assistance to Connecticut residents 60 or over who have consumer questions or problems such as credit card or medical debt, abusive or harassing debt collection, debt collection lawsuits, bank executions, wage executions, credit report and repair problems, contract problems, identity theft, and scams. Spanish speaking staff is available. **Phone:** 1-800-296-1467.

## Statewide Legal Services (SLS)

Statewide Legal Services operates a general legal hotline that provides free legal advice on a variety of civil law issues, such as housing, including landlord-tenant and foreclosure matters; family problems; consumer issues, including bankruptcy and matters related to public benefits such as, Supplemental Nutrition Assistance Program (SNAP), energy assistance, State Supplement and Supplemental Security Income (SSI). Persons needing legal representation are referred to the appropriate Legal Services office. Statewide Legal Services also provides a wide variety of educational pamphlets on common legal problems relating to housing, family matters, public benefits, and consumer issues. Older adults are encouraged to call the local Legal Services office in their region before accessing Statewide Legal Services offices, listed below. **Toll-free:** (800) 453-3320 **Website:** [www.slsct.org](http://www.slsct.org).

Bridgeport\* **Phone:** (203) 336-3851

Hartford\* **Phone:** (860) 541-5000

New Britain\* **Phone:** (860) 225-8678

New Haven\* **Phone:** (203) 946- 4811

New London\* **Phone:** (860) 447-0323

Stamford\* **Phone:** (203) 348-9216

Waterbury\* **Phone:** (203) 756-8074

Willimantic\* **Phone:** (860) 456-1761

## CT Parent Advocacy Center (CPAC)

CPAC offers information and support to families of children and young adults – from birth to age 26 – with any disability or chronic illness. CPAC believes that parents can be the most effective advocates for their children, given the knowledge and understanding of special education laws and their procedures. CPAC is staffed primarily by parents of children with disabilities who have training in, and personal experience with, the law and disability issues. CPAC conducts in-service presentations for schools, teachers-in-training, and service providers; communicates with parents on a daily basis; and serves on numerous statewide committees. **V/TTY:** (860) 739-3089 **Toll-free:** (800) 445-2722 **Website:** [www.cpacinc.org](http://www.cpacinc.org)\* **Email:** [cpac@cpacinc.org](mailto:cpac@cpacinc.org).

**Connecticut Fair Housing Center** is a statewide non-profit fair housing organization dedicated to ensuring that all people have equal access to housing opportunities in Connecticut. The Center provides legal assistance and investigative services to Connecticut residents who believe they may have been the victim of housing discrimination;

education and outreach on the fair housing law; strategic planning and advice for cities and towns on fair housing compliance; and foreclosure prevention legal assistance. **Phone:** (860) 524-0601 **Website:** [www.ctfairhousing.org](http://www.ctfairhousing.org).

## Connecticut Women's Education and Legal Fund (CWEALF)

CWEALF provides legal information, referrals and advocacy on family, employment, education, and civil rights law. These include discrimination, harassment, and family matters such as divorce, child support and custody. A bilingual community advocate is available to meet in person in Hartford and New Haven.

**Phone:** (860) 524-0601 **Toll-free:** (800) 479-2949

**Website:** [www.cwealf.org](http://www.cwealf.org).

## Lawyer Referral Services

For civil and criminal cases or just to get some advice or a will, contact the local Bar Association for the name of an attorney who offers the type of legal service that you need.

**Hartford** County Bar Association **Phone:** (860) 525-6052

**Fairfield** County Bar Association **Phone:** (203) 335- 4116

**New Haven** County Association **Phone:** (203) 562-5750

**New London** County Bar Association **Phone:** (860) 889-9384

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