

Monday		Tuesday		Wednesday		Thursday		Friday	
Weekend Activities Saturday 6/6—ZOOM Mat Yoga @10 Saturday 6/13—ZOOM Mat Yoga @10 Saturday 6/20—ZOOM Mat Yoga @10 Saturday 6/27—ZOOM Mat Yoga @10				Staff is available Monday through Friday from 8 AM-4:30 PM <u>See calendar for:</u> Grab and Go Pick up Times (sign up the Thursday before) Zoom Programs (contact us for meeting ID's) ...And other Virtual programs!				Staff Available 8 AM—4:30 PM ZOOM Diabetes 10:00 AM Support Group Dementia Caregivers 10:00 AM Support Group ZOOM All About Animals! 3:30 PM	
4		5		6		7		8	
Staff Available 8—4:30 PM Dementia Caregivers 10:00 AM Support Group ZOOM Meet N' Greet 11:00 AM		Staff Available 8—4:30 PM ZOOM Chair Yoga (Lorelei) 11:00 AM Grab and Go Lunches 11:00 AM ZOOM w/ Town Manager 1:00 PM Dementia Caregivers Support 3:00 PM ZOOM Cinco de Mayo 4:30 PM ZOOM Women's Cancer 6:00 PM Support Group		Staff Available 8—4:30 PM ZOOM Chair Exercise 10:00 AM Dementia Caregivers 10:00 AM Support Group ZOOM Comm. Service 11:30 AM ZOOM Pet Corner 2:00 PM ZOOM Wellness Wed. 3:00 PM		Staff Available 8—4:30 PM ZOOM in w/ Mayor 10:00 AM Prevent Type II Diabetes 10:00 AM ZOOM Chair Yoga (Diana) 12:00 PM ZOOM Facebook 101 3:00 PM		Staff Available 8 AM—4:30 PM Dementia Caregivers 10:00 AM Support Group Virtual BINGO 5:00 PM	
11		12		13		14		15	
Staff Available 8—4:30 PM Dementia Caregivers 10:00 AM Support Group ZOOM Meet N' Greet 11:00 AM		Staff Available 8—4:30 PM ZOOM Chair Yoga (Lorelei) 11:00 AM Grab and Go Lunches 11:00 AM Dementia Caregivers 3:00 PM Support Group ZOOM Women's Cancer 6:00 PM Support Group		Staff Available 8—4:30 PM ZOOM Chair Exercise 10:00 AM Dementia Caregivers 10:00 AM Support Group ZOOM Pet Corner 2:00 PM ZOOM Fit as Can Be 2:00 PM ZOOM Wellness Wed. 3:00 PM		Staff Available 8—4:30 PM Prevent Type II Diabetes 10:00 AM ZOOM Chair Yoga (Diana) 12:00 PM Online WHIST Party 1:00 PM ZOOM Family Feud Night 6:00 PM		Staff Available 8 AM—4:30 PM Dementia Caregivers 10:00 AM Support Group ZOOM Come To My Kitchen 2:00 PM	
18		19		20		21		22	
Staff Available 8—4:30 PM Dementia Caregivers 10:00 AM Support Group ZOOM Meet N' Greet 11:00 AM		Staff Available 8—4:30 PM ZOOM Chair Yoga (Lorelei) 11:00 AM Grab and Go Lunches 11:00 AM ZOOM Jukebox BINGO 1:00 PM Dementia Caregivers 3:00 PM Support Group ZOOM Women's Cancer 6:00 PM Support Group		Staff Available 8—4:30 PM ZOOM Chair Exercise 10:00 AM Dementia Caregivers 10:00 AM Support Group ZOOM Pet Corner 2:00 PM ZOOM Wellness Wed. 3:00 PM		Staff Available 8—4:30 PM ZOOM Morning Tunes with TBONE 10:00 AM Prevent Type II Diabetes 10:00 AM ZOOM Chair Yoga (Diana) 12:00 PM		Staff Available 8 AM—4:30 PM Dementia Caregivers 10:00 AM Support Group ZOOM Come To My Kitchen 2:00 PM	
25		26		27		28		29	
 Senior Center closed		Staff Available 8—4:30 PM ZOOM Chair Yoga (Lorelei) 11:00 AM Grab and Go Lunches 11:00 AM ZOOM with The Plant Guy 1:00 PM Dementia Caregivers 3:00 PM Support Group ZOOM Women's Cancer 6:00 PM Support Group		Staff Available 8—4:30 PM ZOOM Chair Exercise 10:00 AM Dementia Caregivers 10:00 AM Support Group ZOOM Pet Corner 2:00 PM ZOOM Wellness Wed. 3:00 PM		Staff Available 8—4:30 PM Prevent Type II Diabetes 10:00 AM ZOOM Chair Yoga (Diana) 12:00 PM Netflix & ZOOM 1:00 PM		Staff Available 8 AM—4:30 PM Dementia Caregivers 10:00 AM Support Group	