

South Windsor Resources-

- **South Windsor Human Services Department- 860-648-6361**
<https://www.southwindsor-ct.gov/youth-family-services>
 - **Adult & Senior Services**
<https://www.southwindsor-ct.gov/adult-senior-services>
 - Food & Fuel Bank
 - Meals on Wheels- CRT
 - Energy Assistance
 - Counseling Services
 - Support Groups
 - Entertainment for older adults
 - **Youth & Family Services**
<https://www.southwindsor-ct.gov/youth-family-services>
 - Counseling Services and Referrals
 - Family Support and Education Programs
 - Drug and Alcohol Prevention Programs
 - Teen Center

- **South Windsor Library- 860-644-1541**
<https://www.southwindsorlibrary.org/>
 - Proctored testing
 - Computer usage
 - Programs for all ages
 - Rooms and meeting spaces
 - Birth23 sessions and supervised visitation

- **South Windsor Parks & Recreation- 860-648-6355**
<https://southwindsor.recdesk.com/Community/Page?pageId=16488>
 - Healthy activities, sports, and events for all ages

- **South Windsor Police Department- 860-644-2551**
<https://www.southwindsor-ct.gov/police>
 - Car Seat Installations
 - Medication Disposal
 - Teen Driving Information

- **Birth23- 860-291-1240**
<https://www.birth23.org/>
 - Early Childhood Special Education Contacts for this Town
 - Referrals for evaluations for preschool special education

Food & Fuel Bank Resources-

- **The Bridge Outreach Ministry- 860-372-4141**
<https://www.oursaviorct.org/groups/the-bridge>
 - Food, housing, support services
- **Hands On Hartford- 860-728-3202**
<https://handsonhartford.org/>
 - Food, housing, support services
- **Hockanum Valley Community Council (HVCC)- 860-872-9825**
<https://www.hvchelps.org/>
 - Food assistance, case management, transportation, counseling services
- **Mercy Housing and Shelter- 860-808-2048**
<https://mercyhousingct.org/>
 - Housing services
- **My Sister's Place- 860-808-2047**
<https://sistersplacect.org/>
 - Housing services
- **South Windsor Food & Fuel Bank- 860-648-6361**
<https://www.southwindsor-ct.gov/human-services>
 - Food assistance, fuel and utility assistance, and basic needs assistance

Domestic Violence Resources-

- **CT SafeConnect- Connecticut Coalition Against Domestic Violence (CCADV)**
<https://ctsafecconnect.com/>
 - 24-Hour Hotline- Call or Text
 - English- 888-774-2900
 - Spanish- 844-831-9200
 - Email- safecconnect@ctcadv.org
- **Interval House-**
<https://intervalhousect.org/>
 - 24-hour hotline- (860)-838-8467
 - Domestic Violence Services

Behavioral Health Resources-

- **211-**
<https://www.211ct.org/>
 - Free and confidential referral service that connects people to essential health and human services
- **Bridge Family Center- 860-313-1119**
<https://www.bridgefamilycenter.org/>
 - Youth & Family Services, counseling, residential services
- **Community Health Center- 860-347-6791**
<https://www.chc1.com/>
 - Medical, dental, and behavioral health services
 - Hartford, Middletown, Enfield, New Britain
- **Community Health Resources (CHR)- 877-884-3571**
<https://www.chrhealth.org/>
 - Family, adult, and children services, housing, primary care and wellness, first aid, veteran's services, substance use
 - Manchester, East Hartford, Enfield, Hartford, Willimantic
- **Hartford Behavioral Health & Project Save- 860-548-0101**
https://connecticut.networkofcare.org/mh/services/agency.aspx?pid=HARTFORDBEHAVIORALHEALTHProjectSAVE_2_556_1
 - Project Save: Stop Abuse Everyone and Empowerment Program- helps victims of violent crimes in Hartford County by providing crisis intervention for healing, recovery, justice, and hope for the future
- **InterCommunity- 860-569-5900**
<https://www.intercommunityct.org/>
 - Primary Care, Addiction Services, Counseling
 - South Windsor, Hartford, East Hartford
- **Klingberg Family Centers- 860-832-5503**
<https://klingberg.org/>
 - Services for children and families
 - Hartford, New Britain
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- **Manchester Community Child Guidance Clinic- 860-643-2101**
<https://www.ccginc.org/>
 - Mental health and family services, IOP, IICAPS, day school
- **Root Center for Advanced Recovery- 800-862-2181**
<https://rootcenter.org/>
 - Mental health and substance use treatment

- **The Village for Families & Children- 860-236-4511**
<https://thevillage.org/>
 - Mental health and substance use treatment
- **Wheeler Clinic- 888-793-3500**
<https://www.wheelerclinic.org/>
 - Medical & Mental Health Services for all ages
 - Hartford, Manchester

Regional Behavioral Health Action Organizations

- **Amplify- 860-667-6388**
<https://amplifyct.org/>
- **Crisis Text Line- Text CT to 741741**
<https://www.crisistextline.org/>
- **National Suicide Prevention Lifeline- 1-800-273-8255**
<https://988lifeline.org/>

LGBTQ Resources-

- **211**
<https://www.211ct.org/>
- **Family Acceptance Programs**
 - **Gender Program at CCMC- 860-545-9000**
<https://www.connecticutchildrens.org/search-specialties/endocrinology-diabetes/endocrinology-diabetes-gender-program/>
 - **Wheeler Clinic- 888-793-3500**
<https://www.wheelerclinic.org/services/lgbtqia-responsive-services-at-wheeler>
- **The Trevor Project- 1-866-488-7386**
[The Trevor Project | For Young LGBTQ Lives](https://www.thetrevorproject.org/)
- **PFLAG Hartford- 860-785-0909**
[PFLAG Hartford](https://www.pflaghartford.org/)
- **PFLAG Tolland-Mansfield- 860-962-4240**
<https://pflagtolland-mansfield.org/>

Disability Resources-

- For students-
<https://www2.ed.gov/about/offices/list/ocr/docs/504-resource-guide-201612.pdf>

Self-Confidence Help-

- [Martial art studios](#)
- [Youth Welfare Movements \(YMCA and YWCA\)](#)
- [Youth Workout Programs](#)